

REIKI REGULATORY WORKING GROUP

REIKI REGULATORY WORKING GROUP MEETING, 17 Oct 2005 (Meeting No 12)

John Adams Hall, 21 Endsleigh Street, London WC1H 0DH

PRESENT

Mari Stevenson	RRWG Chair
Carol Block	UK Reiki Federation
John Cass	Reiki Association
Leonie Clark	Open Reiki Group
Terry Cullen	BCMA
Tripuri Dunne	Reiki Alliance International
Keith Harmon	BCMA
Lillian Hulf	Reiki Alliance International
Dr. Robert Jefford	UK Reiki Federation
Pauline Kelly	UK Reiki Alliance
Edith Maskell	Complementary Therapists Association (CThA)
Rosemary Pharo	Reiki Healers & Teachers Society
Adrienne Pollock	Reiki Healers & Teachers Society
Doreen Sawyer	RRWG Treasurer, UK Reiki Federation
Mo Usher	Open Reiki Group
Christianne Wyke	UK Reiki Federation
Suzanne Zacharia	The Tera-Mai (TM) Reiki & Seichem Association (TM)
Mamta Nanda	Minutes Holder, Reiki Association

1. ITEC

There was a presentation by Jane Foulston of ITEC about their proposal of how Reiki practitioners can acquire an ITEC qualification that will enable them to be registered practitioners.

The presentation was followed by a discussion of how suitable this proposal was for Reiki practitioners and Reiki masters.

Jane Foulston said that the presentation was only a proposal and that they would welcome feedback from the RRWG about it. They were also open to the idea of liaising with the educational committee. It was agreed that they could be invited to meet a representative of the education sub group.

2. Apologies & Introductions

Apologies were received from

Liz Lyden	The Reiki Association
Kate Jones	The Reiki Association
Sheila Dane	Foundation for Integrated Health
Christine Giles	UK Reiki Alliance
Lorraine Davis	Federation of Holistic Therapists (FHT)/PACT
Jennifer Dean-Hill	Reiki Healers & Teachers Society

3. Date of Next meeting

A new date was fixed for a meeting in March, Friday the 31st. The next meeting is scheduled for 20 January 2006, at the same venue from 11 am till 5 pm.

4. Minutes of last meeting

Minutes of the last meeting that was held on 11th July 2005 were read and discussed. After changes to the minutes were made, it was agreed that they would be signed and circulated as a true record. The Chair will send these out. Action: Mari Stevenson.

5. Matters arising from minutes

There was some discussion about how the minutes should be done.

- a) It was suggested that the bullet points and paragraphs should be numbered so that people can refer to them more precisely.
- b) Also that when names are mentioned they should be in full rather than just the initials.
- c) It was also agreed that in order to reduce the time spent discussing minutes at the meeting, the draft minutes of the previous meeting would be circulated to the RRWG members prior to the next meeting and they will be given two weeks to respond with comments.

Action: Mari Stevenson.

6. FIH seminar report

Mari Stevenson presented the report from the FIH seminar. One major outcome from the seminar was the suggestion that a federal regulatory body seemed to be the most useful model to look at and not individual regulatory bodies for various disciplines.

Mari Stevenson said that it was suggested that a core set of standards could apply to all therapies. If more people belong to the federal regulatory body, the costs go down for the practitioners to register. Also costs are likely to be less for multidisciplinary therapists, as they would only need to pay one registration cost.

It was suggested that RRWG should format the draft discussion documents in a similar manner across the various subgroups.

Mari Stevenson suggested that members could look at the FIH website (http://www.fihealth.org.uk/fs_what_we_do.html) to follow the discussions about the federal regulatory body.

When a question was raised about the time left for the self regulation process, it was mentioned that while the government has not set a specific time limit, the money from the Department of Health, awarded to the Prince of Wales's Foundation for Integrated Health (POWFIH) to help complementary therapies through the next step of Voluntary Self -Regulation runs out in 3 years.

It was also mentioned that the regulatory process now needs to include aspects relating to the protection of those 'at risk' groups like children, vulnerable adults etc.

7. Description of Reiki

There was a minor change agreed to the Description of Reiki circulated by John Cass. He was applauded for having done a brilliant job. John agreed to make the change and forward the updated description to Mari Stevenson so that it can be put on the website.

It was also agreed that we should not use any kanji for Reiki as different kanjis are used for different forms of Reiki.

Action: John Cass, Mari Stevenson.

8. Roadshows

8.1. Fundraising

Adrienne Pollock presented her ideas about organizing the roadshows and fundraising. She proposed that:

- a) RRWG should give itself at least 1 year to implement it.
- b) Funding was the most important aspect of planning these roadshows and RRWG should aim to raise minimum £10,000.
- c) Venues for the roadshows should be decided as soon as possible
- d) Funds could be raised through businesses. Individual efforts would not be equally effective. She suggested that a team of at least two people be setup that can approach organizations with a social conscience.
- e) She is willing to help and guide the team but does not have the time to do the task herself.
- f) She also suggested that the organisations belonging to the RRWG could ask their members if they would wish to make an individual one off contribution towards the costs of the roadshows.

Mari Stevenson asked member organizations to forward names of people who could volunteer for fund raising – someone who is confident and assertive, and to get back within 4 weeks.

Action: All.

It was also proposed that members from each region, could be approached to provide knowledge of the local area, businesses, and help with accommodation to keep the costs down for the roadshows.

Adrienne Pollock agreed to provide guidelines for the letter to be written to businesses to approach them for fund raising. Mari Stevenson agreed to get feedback from the members on how to proceed with this.

Action: Adrienne Pollock, Mari Stevenson.

Terry Cullen agreed to draft a letter for fundraising through the member organisations and send it to Mari Stevenson. Mari agreed to circulate it for approval from the members. Member organizations could circulate it to their members to approach them for fund raising.

Action: Terry Cullen, Mari Stevenson.

The following venues were decided for the road shows:

- a) **September '06:**
 - I. Stirling
 - II. Manchester
 - III. Newcastle
 - IV. Belfast
- b) **October '06:**
 - I. Birmingham
 - II. Kings Lynn
 - III. Plymouth
 - IV. London

It was decided to put the venues and the months in which the road shows were scheduled, on the RRWG website. It was also agreed to put Barbara Burden's email address on the website to get an idea of the interest generated about the roadshows.

Action: Mari Stevenson

Mari Stevenson suggested that the chair and at least one member from each sub group should attend each road show, with a possible back up available if necessary.

8.2. PR

It was agreed that the RRWG needs to make itself known to the members of public. There were some suggestions made to contact various bodies like the PCTs, conferences and career management events organised for nurses and midwives, GPs, Hospitals, Integrated Health Care Centres; libraries, community organisations, regional charities, hospices, newspapers and magazines.

Carol Block agreed to prepare an email with suggestions for PR and forward it to Mari Stevenson to be circulated to all other members.

Action: Carol Block, Mari Stevenson.

It was also agreed that if anyone sees anything about Reiki in the media, that they should forward it to Mari Stevenson and that she would respond on behalf of the RRWG.

Action: All.

8.3. Leaflet

It was agreed that the RRWG leaflet needs to be updated to incorporate the information about the roadshows from the discussions of this meeting. Rosemary Pharo accepted to do the leaflet and forward it to Mari Stevenson.

Action: Rosemary Pharo

9. Updates

9.1. Codes of Ethics & Practice

Christianne Wyke circulated the first draft. Comments were invited from the other members and she accepted to circulate the complete first draft by mid December.

Feedback was invited through email as there was too much material to go through at the meeting.

Vote was taken to proceed with Codes of Ethics & Practice as a generic document and not lose Reiki specific parts. Nobody voted against the motion.

9.2. Constitution

Rosemary Pharo accepted to circulate copies of the draft constitution to the members and the members agreed to send feedback to Mari Stevenson and Rosemary.

Action: All.

It was agreed that the subscription to a regulatory body should be kept low. There was a discussion about the voting rights and it was decided that 1 person should have 1 vote. There was also a discussion about the percentage of lay representatives, the voting rights of non reiki people for Reiki specific issues and general ones.

It was agreed to put the constitution on hold for the next 6 months till we find out what is happening regarding a possible federal regulatory body.

Action: Mari Stevenson.

9.3. CPD

It was mentioned that RRWG would not be devising CPD courses but recommending what constitutes good CPD.

Mari Stevenson offered to scan and circulate the document from the University of Greenwich on CPD for Complementary and Alternative Medicine for information.

Action: Mari Stevenson.

Mari Stevenson suggested that the members take CPD on as a group till Jennifer Dean Hill could take over again.

Action: All.

Edith Maskell offered to send Mari Stevenson a copy of CPD for Complementary Therapists Association to circulate to the members.

Action: Edith Maskell, Mari Stevenson.

There was a discussion on should CPD be linked to re-registering, how often should a practitioner re-register, should new practitioners have to do CPD right away.

9.4. Education

Leonie Clark presented on behalf of the education sub group. She circulated 2 documents (draft core curriculum, draft Knowledge and Understanding) and a report from the subgroup. She asked for feedback to be forwarded to the subgroup.

There was a discussion on

1. linking the length of teaching time to the class size.
2. whether to include distant healing in this document or not, as some people do charge for it.

The sub group has worked on a first draft for a core curriculum and comments were invited on the format. It was also mentioned that the only other comparable document that is available is for aromatherapy.

Feedback on the Knowledge and Understanding document was solicited by 10th of November. It was suggested that the feedback should be sent by email to Leonie Clark and copied to all the other members so that the rest of the group is kept informed of the discussion.

It was also mentioned that RRWG needs to agree on the definition of professional practice vs folk art by 28th October. A question was raised about the level of qualification required for professional practice.

10.AOB

10.1. ITEC

When a question was raised about how RRWG should respond to the ITEC presentation, Mari Stevenson accepted to send a letter of thanks to them.

Action: Mari Stevenson

10.2. ITEC

A question was raised after the ITEC presentation. It was suggested to Jane Foulston that the reiki teacher who developed the ITEC reiki course meet a representative from the education sub group sometime.

10.3. Expenses

There was a discussion about the mileage rate paid towards expenses incurred for subgroup meetings. A vote was taken for payment of 25p per mile with £50 as upper limit, and any more was agreed to be decided at the discretion of the treasurer.

10.4. Accounts Audit Report

Mari Stevenson circulated the accounts audit report prepared by Grainne Warner. Doreen Sawyer was praised for doing a good job with the accounts.

10.5. The meeting closed at about 5 pm.