



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION, SEPTEMBER 2011 - Issue 46

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FROM THE CHAIR

The last few months have been busy ones and from the reports that we have received it has also been the same for many of our members. During those months there have been events organised by members for Reiki Awareness Week which have raised an awful lot of money for various charities.

It would appear that Reiki Awareness is an ongoing story with events being held at all times of the year with some events yet to be held. The Management Committee wish to thank all those who have organised and/or helped at these events for bringing Reiki to those who had not previously experienced the joy of receiving it and also to the people who needed healing.

*Mike Randell
Acting Chair*

ADVERTISING STANDARDS/CAP CODES

We have previously given you information regarding advertising, and the new "CAP" Codes are exactly the same, except that the standards now apply to websites. There has been some confusion over the ASA, with claims that they have no authority and that they are unnecessarily targeting complementary therapists.

The Advertising Standards Agency is a self-regulatory, non statutory organisation in the advertising industry, and has no authority to interpret or enforce legislation. It has a code of advertising practice which in many instances reflects legislation. It is not funded by the Government, but by the advertising industry.

It regulates the content in advertisements, sales promotions and direct marketing, and investigates complaints made about any of these. Any claims being made must be supported by documentary evidence to prove the claims, whether direct or implied. Advertisements should not mislead, by inaccuracy, ambiguity, exaggeration, omission or otherwise.

We would advise all members to bear in mind when advertising, that they should make no claims about "curing, treating or healing" any conditions unless they have accepted scientific evidence to support

their claim. This would apply to any claims being made by any therapist regarding Reiki. If you need guidance or further information then contact the Advertising Standards Authority direct.
www.asa.org.uk

DS

ANNUAL REVIEW & FESTIVAL

The 2012 Annual Review & Festival will be held at Leicester University on the weekend 14 & 15 April 2012, make a date in your diaries now. Further information will be given in the next newsletter.

DS

DISTANCE HEALING GROUP

Do you have a few minutes each week to send healing to those in need? If so, then this is the group for you. This distance healing group is such a pleasure to co-ordinate as each member volunteers their time to send Reiki to those requesting healing and I would like to thank everyone who is currently a member.

Each week, every group member is sent a list of those people/animals/events that have requested healing and we all collectively send Reiki energy to everyone on the list. This collective positive and powerful intention is amazing and would be ever more enhanced if other UKRF members joined the group. All you would need to do each week is to put your hands on the list and send Reiki to everyone on it. It's so quick and easy!!

In these times of every increasing world change, wouldn't it be fantastic to be part of a group that sends only good out into the world. If this resonates with you, then do please contact me, quoting your membership number and confirming that you have current practitioner insurance.

I really look forward to hearing from you, by email to distance@reikifed.co.uk

*Anne-Marie Carratu,
Distance Healing Co-Ordinator*

DISTANCE REIKI SHARES

This group is now fully established, with UKRF members giving and receiving Reiki from the comfort of our own homes. This group receives a list of other UKRF members' names and allocated time slots in the week when we can send and receive Reiki energy to each other. The intention is to send Reiki for all the different time slots and then sit down and receive the energy whenever it is convenient for us to do so. The feedback received from this group has been very positive and it really is wonderful to be part of such a giving group. There is a website for members to join and exchange views and information too.

All UKRF members are invited to join this group so do please contact me, quoting your membership number and confirming that you have current practitioner insurance.

I really look forward to hearing from you, by email to distance@reikifed.co.uk

*Anne-Marie Carratu,
Distance Healing Co-Ordinator*

EDUCATION

The Education Team of the UK Reiki Federation have been very busy developing a range of services for the UK Reiki Federation members.

We offer practitioners the opportunity to have their existing training checked against the Reiki National Occupational Standards and to receive confirmation that they meet those standards, or recommendations as to what else they need to include.

We offer teachers the opportunity to have the courses they offer reviewed by the UK Reiki Federation for possible inclusion in the UK Reiki Federation Directory of Approved Courses. This is both for Practitioner Training or for CPD Courses. We offer all members a range of CPD Courses at low cost.

AND NOW!!! The UK Reiki Federation is now offering a FREE CPD Course entitled "Understanding your Reiki CPD". This is a half day course which is offered at no cost to members, in a number of different venues. For further information please send self addressed envelope to the UKRF Admin Office, PO Box 71, Andover SP11 9WQ

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NATIONAL CO-ORDINATION & NETWORKING

Our Area Representatives contribute a great deal to the UK Reiki Federation for the benefit of members. Representatives make contact with their local members by email at least once every three months, if not more. They are there to give advice and support to local members and to encourage dialogue between members.

Our current list of area representatives is given below. If there is no-one listed for your area and you would be interested in being considered for the role then please email ncn@reikifed.co.uk for further information. You may contact your local representative either through the UKRF website, or via the admin office.

Name	Area Rep for
Jacqueline Gayle	Bedfordshire
Anne Addison	Cheshire
Julie Rennie	Co Durham
Annie Harrington	Cornwall
Victoria Robertson	Essex
Linda Cowan	Fife, Falkirk
Fiona James	Glam M & W
Jo Fellows	Glos
Sarah Collins	Hants, Sussex
Heather MacKenzie	Lanarkshire N&S
Elaine Hobson	Lancs & Gtr Manchester
Wendy Liles	Lincolnshire
Suzanne Sedgeman	London NW
Michelle Kurth	London SW, E, W, Central
Sandra Fuller	N Ireland
Sue Leet	Norfolk

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk

Name	Area Rep for
Lyn Haworth	Perth & Kinross
Janine Wilbraham	Powys
Susan Bonar	Renfrewshire (East)/Glasgow City
Lynn Walker	Scottish Borders & Lothian
Michael Durant	Somerset
Lisa Walmsley-Pitts	Staffordshire
Anne-Marie Carratu	Surrey
Paula McBride	Warwickshire
Fiona Heath	Worcestershire

We send our best wishes to Mike Durant, area representative for Somerset, for a speedy recovery following his recent operation.

I am delighted to announce that Fiona Heath has now taken over as the NCN Co-Ordinator. She will work alongside Mike Randell and the Area Representatives in the National Co-ordination & Networking Team.

Doreen Sawyer

INSURANCE FOR STUDENTS

Teachers are you aware that students may join the UK Reiki Federation as Associates and take out student insurance through our Block Scheme with Balens? They simply need to send in confirmation from their teacher that they are under training when they apply, and provide copy of their level 1 certificate and lineage within the first year of membership.

DS

MEETING OF THE PARLIAMENTARY GROUP FOR INTEGRATED HEALTHCARE, JULY 2011

Geoff Johnson, homeopathic vet from Somerset was the guest speaker. He outlined the principles and effectiveness of homeopathy not only for animals but humans too. He was originally a traditional vet trained at Cambridge who had no time for natural medicine until he had a particularly vicious attack of hayfever. At the time he was visiting friends and the wife was a homeopath. She offered to treat him - he was expecting to be on the tablets for some considerable time and was surprised when she said only one remedy would do it.

His hayfever was resolved and never suffered again. As a result he was so blown away he decided to train in homeopathy and initially included it as a supplementary service to his allopathic veterinarian practice but soon discovered that cases he treated purely homeopathically improved considerably quicker than the allopathic approach so about ten years ago he changed completely and now only works as a homeopath. He trains farmers through the south west to treat their sheep and cows with homeopathy and also now treats humans.

One of the key pieces of information he shared was a success from Cuba in 2008/9. Where leptospyrosis is rife, the island was used as an experiment to see the effectiveness of homeopathy in this treatment. A quarter of the island (2.2 million people) were treated homeopathically at a cost of \$200,000 and the rest of the island was vaccinated at a cost of \$3 million. In the area of the island that was treated homeopathically there was over an 80% improvement in health with no reinfection. Whereas on the rest of Cuba there was no change or improvement. Geoff then went on to highlight a variety of other cases and their successful treatment with homeopathy.

Geoff's main argument was the validity of homeopathy as a means of reducing NHS costs as well as preventative care.

David Tredinnick MP, the Chair of the meeting, stated that he wanted to raise a debate in the House of Commons on all complementary therapies and asked us all to email Matthew his PA, successful cases so that a paper can be presented to provide a potential opportunity to enable all successful forms

of vibrational medicine to be incorporated in to the new NHS bill.

David also stated that he had had words with the head of the BBC Chris Patten and his deputy about their anti complementary medicine stance.

CJ

VOLUNTEERS REQUIRED

Do you have ample free time and appropriate expertise to volunteer for one of the following voluntary roles:

Media Co-ordinator – to look after advertising and editorials on behalf of the UK Reiki Federation

Research Archivist – to maintain a library of research articles, to be able to update the library by researching articles, to provide information to enquirers on research.

If you would be interested in either of these roles please contact Doreen Sawyer in the admin office for Volunteer Application Form.

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RESONANCE

The next Resonance is due out end November, so the deadline for copy will be November 15th. Please send articles, (no more than 1,000 words), poems, letters and advertisements by the end of October.

Everything should be as attachments in Word if possible. Any artwork for the cover would be very welcome too. resonance@reikifed.co.uk

Editor: Christine Johnston

ADVERTISING RATES for Resonance Magazine

1/8 page	£40. B/W
1/4 page	£80
1/2 page	£120.
Full page	£220

Courses and Retreats (lineage ads) for members only – max. 4 lines £15.00

Colour on Back page	
1/4 page	£160.
1/2 page	£250.
Full page	£450.

Flyers of one sheet A4 size, copies to be supplied by advertiser, £150. Weight should not exceed 80 gm.

Members may now advertise for HALF PRICE excluding lineage adverts for Courses and Retreats. Display adverts attract discount but not lineage ones

NOTE: We will now accept a limited number of displayed advertisements for Courses and Retreats in colour on the back page, on a first come first serve basis.

LEAFLETS

Copies of the UK Reiki Federation Leaflets are available for purchase by members.

25 leaflets	£5.00
50 leaflets	£9.00
100 leaflets	£15.00
200 leaflets	£27.00

To order leaflets please send your cheque made payable to the 'UK Reiki Federation with your membership number on the back, to 'Leaflets, UK Reiki Federation, PO Box 71, Andover, SP11 9WQ.

Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The UKRF Information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/Client leaflets are an ideal way to explain about Reiki to both clients, and for those who would benefit from receiving information about it.