



# DEVELOPMENT NEWSLETTER

## UK REIKI FEDERATION NOVEMBER 2010 - Issue 43

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### ANNUAL REVIEW & FESTIVAL

As previously advised, the 2011 Annual Review and Festival is to be held at the University of Leicester 9-10 April 2011.

Confirmed speakers include Dr David Hamilton, Jean-Louis Fargier and David Balen. Full details on the weekend and booking form are available separately, and are included in the November 2010 mailing with this newsletter.

Members should now start thinking about nominations for Committee Members to the Management Committee and requests for nominations will be sent out to practitioner members in the New Year.

### REIKI AWARENESS WEEK 2011

The scheduled week for Reiki Awareness 2011 is 5-12 June 2011 - with plenty of time now for planning.

### GUIDELINES FOR THE USE OF COMPLEMENTARY THERAPIES IN CANCER CARE

The Acting National Coordinator for Cancer Peer Review met recently with representatives from the General Regulatory Council for Complementary Therapies (GRCCT) and the main Profession Councils to review the measures and the current Network Guidelines for the use of Complementary Therapies in Cancer Care.

GRCCT and NCPR have agreed to work together to review the measures and generate sample criteria to fulfil the revised measures. The criteria will be available to Cancer Networks for adoption.

'We are happy to be working with, and guided by, the lead bodies in CAM for the benefit of patient care and safety.' - Acting National Coordinator, Cancer Peer Review, Ruth Bridgeman.

CAM practitioners who hold current registration with either the General Regulatory Council for Complementary Therapies or the Complementary and Natural Healthcare Council will be seen to meet criteria in relation to Patient Safety.

'The requirements of this criterion serve to ensure that cancer patients who chose to use Complementary Therapies receive high level care both inside and outside of the National Health Service'. - Barry Tanner, Senior Project Manager, GRCCT.



The GRCCT is the larger of the two voluntary regulatory bodies for practitioners of Complementary Medicine in the UK. The Complementary Therapies regulated by GRCCT are practised by in excess of 50,000 practitioners in the UK. [www.GRCCT.org](http://www.GRCCT.org)



National Cancer Peer Review (NCPR) is a national quality assurance programme for NHS cancer services. NCPR is managed by the National Cancer Action Team (NCAT) and is an integral part of the NHS Cancer Reform Strategy and the overall NHS Cancer Programme, led by the National Cancer Director. <http://www.cquins.nhs.uk/index.php?menu=about-us>

### The General Regulatory Council for Complementary Therapies

Box 437, Office 6, Slington House, Rankine Road, Basingstoke.RG24 8PH  
Tel: 0870 3144031 Fax: 0870 8794045 Email: [admin@GRCCT.org](mailto:admin@GRCCT.org)

### BOOKS NOW AVAILABLE

The following books are now available through the UKRF Admin Office:

Reiki Resource Handbook – Reiki Council £12.61 incl p&p.

Reiki for Christians – Fr Pdraig Leonard £9.99 incl p&p.

You can order your copy by sending a cheque for the relevant amount, quoting what you require, your full name and address, and your membership number – which should also be written on back of the cheque, to UK Reiki Federation Books, PO Box 71, Andover, SP11 9WQ.

## MERCHANDISING

If you wish to purchase a UK Reiki Federation lapel badge, with a pale blue enamelled logo on a neat metal back with safety catch attached at just £5 including p&p, then just add it onto the bottom of the order form that you will find on the UK Reiki Federation website.

A website for the merchandising and sales section is currently being prepared (a timely task for a technophobe); watch out for information on the news page of the regular site... [www.reikifed.co.uk](http://www.reikifed.co.uk) and from your area representative. There will be several new items and some existing ones will eventually be deleted. However, the ever-favourite Polo Shirts, Ladies V-Neck T-Shirts and Sweatshirts will still be around.

If you have anything that you would particularly like, please let me know at [sales@reikifed.co.uk](mailto:sales@reikifed.co.uk) and I will do my best to source items. Several suppliers have changed colours and styles and now is the time to take advantage and look for new ideas. All clothing items can have the UK Reiki Federation logo on the breast area.

## RENEWALS

When you send us documents for renewals, upgrades etc will you please note that we do ask for 28 working days to process, and very often it is much quicker. However when members continually ring up only a few days after posting to check that it has been received, or to check when it will be done, it severely delays the process and we would respectfully ask you to allow at least 21 days if you really must ring up to check. Please also do not send in documents by Registered or Special Mail as the mail goes to a PO Box and it is not always possible to have someone there to sign for special deliveries. With grateful thanks, Admin Staff.

## UNSOLICITED EMAILS & COLD CALLERS

Members are reminded to be very careful when receiving calls or emails for advertisements or other requests for funding, for such things as the emergency services etc.

Although some organisations may be genuine and very worthwhile, the practitioner should always take care to check the authenticity of any organisation before parting with money. Similarly they should not give out any personal or financial information to such callers.

The UKRF does not give out contact details for marketing purposes and does not endorse such cold calling,

## AREA REPRESENTATIVES

We are happy to report that our list of area representatives continues to grow. Details of the representatives and the areas they cover are given below. If you have not heard from your representative recently and would like to do so, please send an e-mail to the admin office and we will happily forward it on for you.

If there is not a representative for your area and you would like to volunteer please contact us and we will send you appropriate information.

Representative	Area covered
Jacqueline Gayle	Bedfordshire
Louise Page	Buckinghamshire
Anne Addison	Cheshire
Julie Rennie	Co Durham
Annie Harrington	Cornwall
Laura Barbour	Devon
Victoria Robertson	Essex
Linda Cowan	Fife, Falkirk
Fiona James	Glamorgan M & W
Jo Fellows	Gloucestershire
Sarah Collins	Hants, Surrey, Sussex
Heather Mackenzie	Lanarkshire N & S
Elaine Hobson	Lancashire & Gtr Manchester
Ruth Chambers	Leicester, Nottinghamshire, Derbyshire
Wendy Liles	Lincolnshire
Victoria Dagleish	London N
Michelle Kurth	London SW, E, W, C
Lorraine Murray	Lothian M & E, Edinburgh, Borders
William Caldwell-Hardie	Moray
Sandra Fuller	N Ireland
Lyn Haworth	Perth & Kinross
Janine Wilbraham	Powys
Susan Bonar	Renfrewshire E, Glasgow City
Michael Durant	Somerset
Lisa Walmsley-P:its	Staffordshire
Lesley Harold	Suffolk
Paula McBride	Warwickshire
Fiona Heath	Worcestershire

## CPD FORMS

As a member of the Reiki Council, the UK Reiki Federation has agreed that it will abide by the requirements of both the Reiki Council and the Reiki regulator in respect of CPD. As a professional organisation, with a professional membership, it is important that our members meet the requirements for regulation. For those who do not wish to practise on a professional basis there is the option of associate membership, where CPD is not mandatory.

Some members have been experiencing problems when completing the CPD record sheets which practitioners should be sending in as part of their renewal. Therefore, we give below some further examples of CPD – and some which are not!!! You will also need to include the number of hours per item in the relevant column.

Activity Title	Description	Our Comment	
		Type	?
Reiki Share	Attended	Reiki*	√
Reiki Share	Ran a share	Not CPD #	
Gave Reiki	To client or colleague	Not CPD #	
Reading	UKRF Newsletter	Reiki*	√
Reading	UKRF Resonance	Reiki*	√
Reading	Book on Reiki –title	Reiki*	√
Reading	Book on other therapies	Therapy**	√
Course	Master Teacher training	Reiki*	√
Workshop/Course	Other therapies	Therapy**	√
Self treatment	Reiki	Reiki*	√
Talk	Prepared talk on Reiki – researched info	Reiki*	√
Course	Introduction to Computing	General***	√
Course	Book-keeping	General***	√
Course	Writing & communication	General***	√
Meditation	Reiki meditations	Reiki*	√
Meditation	Various (not Reiki)	Therapy**	√
Research	Read up on condition which client has to help with treatment	Reiki*	√

### Notes:

Reiki \* – min 6 hours if only practise Reiki

Reiki \* – min 2 hours if multi-therapist

Therapy \*\* – may use additional hours to “top up” Reiki CPD hours

General \*\*\* – may use up to 6 hours for CPD

# - not counted as CPD as this is part of everyday practice as a Practitioner.

## EMERGENCY PRESS SERVICES

Please note that the UK Reiki Federation has no links or affiliation with a company called Emergency Press Services.

We would like thank those members who have contacted us, drawing attention to this organisation, unfortunately we are unable to assist with any queries regarding them.

## SECOND ENTRY ON LISTINGS

Some members have asked if they can have a second entry on the practitioner and website listings for any additional location where they practise. This is now possible and the cost is £25 per entry. If you wish to include a second listing please ask for a second listing application form from the admen office.

## INTERPRETERS FOR BSL

We have been asked if we are able to provide interpreters for British Sign language at our events. Although this may only be for one or two people we would like to put together a list of suitably qualified volunteers who would be willing to attend events and act as interpreters. If you would like to be included on this list please send your details to the admin office and they will be put on record.

## DISTANCE REIKI SHARE

The Distance Reiki Share which was started recently has proved to be very popular. If you are unable to attend Reiki shares in person and would like to join this group please contact [distance@reikifed.co.uk](mailto:distance@reikifed.co.uk)

## CHRISTMAS CLOSURE

The UK Reiki Federation office will be closed to callers from Friday 24 December 2010 to Monday 3 January 2011 inclusive.

The staff wish all members a peaceful and joyful holiday period.

## REIKI COUNCIL VIDEO

The Reiki Council has had a video about Reiki produced by ITN, with voice over by Martin Lewis. It has been put on You Tube and will be played at many NHS events. Unfortunately the link given to us does not appear to work when keyed in, but is available via the UKRF website.

## VOUCHERS

Have you thought about buying vouchers for your students or Reiki friends to be used at the UK Reiki Federation in exchange for memberships, merchandise, literature or attendance at events organised by the UK Reiki Federation.

Vouchers are available in multiples of £5, simply send your cheque made payable to the UK Reiki Federation, together with your name, address and membership number to the admin office. Vouchers will be valid for one year from date of issue.

### ADVERTISING RATES for Resonance Magazine

1/8 page £40. B/W  
 1/4 page £80  
 1/2 page £120.  
 Full page £220

Courses and Retreats for members only –  
 max. 4 lines £15.00

Colour on Back page  
 1/4 page £160.  
 1/2 page £250.  
 Full page £450.

**Flyers** of one sheet A4 size, 1700 copies to be supplied by advertiser, £150.  
 Weight should not exceed 80 gm.

**Members may now place adverts for HALF PRICE, excluding the Courses and Retreats section**

## LEAFLETS

Copies of the UK Reiki Federation Leaflets are available for purchase by members.

25 leaflets £5.00  
 50 leaflets £9.00  
 100 leaflets £15.00  
 200 leaflets £27.00

To order leaflets please send your cheque made payable to the 'UK Reiki Federation with your membership number on the back, to 'Leaflets, UK Reiki Federation, PO Box 71, Andover, SP11 9WQ.

Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The UKRF Information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/Client leaflets are an ideal way to explain about Reiki to both clients, and for those who would benefit from receiving information about it.