



ANNUAL REVIEW & FESTIVAL

At the time all the writing preparations are well under way for the Annual Review and Festival which is to be held in Leicester in April.

We are pleased that Professor David Peters from the University of Westminster has agreed to speak at the Annual Review. David trained as a doctor and GP, but also as a homoeopathic and later an osteopathic practitioner and musculoskeletal physician. He has been heavily involved with complementary therapies within the NHS for many years, is both Clinical Director and Professor of Integrated Healthcare at the University of Westminster's School of Integrated Health, as well as being Chair of the British Holistic Medical Association.

We are in the process of planning the workshops for the festival, already having offers of workshops on reversing subconscious negative beliefs and sound healing.

Although the deadline for booking is 11th of February 2010, there may be possibility of additional spaces but please call the office to check, and reservations are made on a first come first served basis on receipt of form and full payment.

NEW DIMENSIONS FOR REIKI PRACTITIONERS ... NFSH HEALING TRUST MEMBERSHIP

We have received a large number of complaints and enquiries from members about an email sent around with the above subject heading. We would advise that the email was sent round without our knowledge, and the email addresses were not supplied to the NFSH Healing Trust by the UK Reiki Federation. We confirm that we have no connection with the NFSH Healing Trust and the email was not sent with our support. Please remember that once your e-mail address is in the public domain, ie on a website, we are unable to stop people from using it.

CHECKING OUT IF AN EMAIL WARNING IS VALID OR TRUE

If you receive an e-mail warning you about e-mails, viruses, telephone calls etc an easy way to check out if it is real is to just put the first line into a search engine like Google and the "scam" sites come up with all the details. You can then see if this is valid or a scam.

LINEAGES

We would like to thank those members who have sent in their Reiki lineages for their files. This has not been a recent request but was originally approved by the UK Reiki Federation membership, and agreed at the April 2007 Annual Review. This requirement is in accordance with the recommendations of the Reiki Council and will be a requirement of regulatory bodies.

Unfortunately any practitioner member who is unable to provide a copy of their Reiki lineage by the date of their renewal will have their membership renewed at associate level until such time as the lineage is available.

We have been making great efforts on behalf of those who, for one reason or another, have been unable to provide their lineage. One of the ways of doing this has been by teacher members who have volunteered to review and re-attune individuals thereby providing a new certificate and lineage for the individual. These teachers have offered their services free of charge and will only have their costs covered. We would like to say a very big thank you to these teachers.

If you are a teacher member and are on the teacher referral list, then the lineage you provide should be that of your teacher.

The Reiki Council states that the lineage should be a clear unbroken line back to Mikao Usui, referred to as the "founder" of the system, therefore any style of Reiki which has its founder as Mikao Usui is acceptable.

CHANGE OF ADDRESS

Please remember that any change of contact details should be given in writing. Due to our responsibilities under the Data Protection Act, telephone calls with change of address cannot be accepted. Practitioner members should also mention if their practice location and contact numbers there have also changed.

Those who have Reiki shares on the Reiki sharing list and change address, should remember to advise us separately with details for that list.

CONTACTING THE UKRF OFFICE

When you contact the office by letter, telephone or by e-mail (including via the website) please remember to quote your membership number. Your membership number is made up of four numbers followed by a letter, and can be found on your UK Reiki Federation membership certificate. This will help us to provide you with an early response.

Please do not use Recorded or Special Delivery when writing to the office – mail goes to a PO Box and there is not always someone available to sign for it, resulting in long delays as we have to re-arrange delivery.

WEBSITE

Historically all information on our website has been freely available to anyone. However we are currently in the process of securing the members' section so that only current members have access. This will enable us to provide information specifically for our membership, which we feel is important. It is hoped that by the time this newsletter has been distributed, this new section will be operable. Full instructions will be given for members so that they are able to access these secure pages.

MEDIA

We are very pleased that Lise Finlay-Simpson has joined the PR team and has volunteered to help with media issues. If you have any specific questions about the media or need help or assistance then please contact Lise at ukrfmedia@yahoo.co.uk.

As detailed in previous newsletters this year's Reiki Awareness Week is 6 - 12 June 2010. If you would like us to include details of your event on the website, then please ensure that we receive written details in the office no later than Friday 21st May 2010. The information will then be made available on the website, and to the public, during the first week of June. Please note that we only include events which are for information or fundraising for charity, we do not include events which are to promote individuals or businesses.

We have produced both press releases and notices which members can use to help them with their events. If you wish to receive copies then either send a large stamped addressed envelope (large letter rate stamp) to the admin office clearly marked "Reiki Awareness Week", or e-mail ukrfmedia@yahoo.co.uk to request that they be e-mailed to you.

MERCHANDISE

Wendy Liles has recently taken over responsibility for merchandising from Mike Randell. Our thanks to Mike for all his work over recent years with the merchandise.

A small catalogue/leaflet, showing some of the clothing, is now available. If you would like a copy please send a stamped addressed envelope (medium size) to the admin office, clearly marked "Catalogue". This can also be e-mailed to you but it is in publisher software so may not be accessible to all.

Remember to check out the Merchandising section on the UK Reiki Federation website, where you can download order forms. The products are of very good quality and easy to wash.

Enamel lapel badges will shortly be available, cost £5. Please email for details.

Any questions email sales@reikifed.co.uk or call Wendy on 07787 659189 or 01526 861385

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk

Anne Tottingham has recently stepped down from the role as coordinator for distance healing and we would like to thank her for the tremendous amount of work and success achieved within the team over the past few years. Anne-Marie Carratu has taken over as coordinator and would very much like to hear from as many members as possible who would like to join the team of practitioners who send healing to those on the list. Anne-Marie can be contacted via distance@reikifed.co.uk

CPD WORKSHOPS

We are continuing to organise one day workshops in our Ludgershall office, near Andover, and are currently taking bookings for:

Introduction to Anatomy & Physiology 20 February 2010 and 24 April 2010.

Emergency First Aid 13 March 2010

Further dates for "Taking Reiki into Hospitals" will be available shortly.

For details and a booking form, please either send a stamped addressed envelope to the office clearly stating which course you are interested in, or request information to be sent by e-mail.

EDUCATION

Although we have regularly included information about the various developments within education in these newsletters we also provide information on our website. In addition to the education section, which is on the general part of the website, there is more information in the new secure members' section.

Please remember that copies of the National Occupational Standards can only be obtained via Skills for Health at www.skillsforhealth.org. The Core Curriculum will be available from the Reiki Council but we are still awaiting details on exact dates. Please feel free to check out the Reiki Council website at www.reikicouncil.org.uk. A summary of what is included in the core curriculum has been given in previous newsletters but information is also given on the website.

Guidance on CPD, together with various forms which members may wish to use, are also included in the education section.

Much of our time these days is spent answering questions about various aspects of education and we are currently working on a list of FAQs (frequently asked questions) which will then be placed on the website.

RENEWAL DATES

We often receive calls in the office asking when someone's renewal is due. If you look at the lower part of your membership certificate you will see a statement, for example, "*Valid until end (year/month): 2006/07*" and your membership is due at the end of the month stated at this point, which in this example would have been end of July 2006.

RESONANCE

The next Resonance will be out at the end of March, so please send your articles, photos, poems and letters to resonance@reikifed.co.uk in Word if possible.

ADVERTISING RATES for Resonance Magazine

1/8 page	£40.	B/W
1/4 page	£80	
1/2 page	£120.	
Full page	£220	

Courses and Retreats for members only – max. 4 lines £15.00

Colour on Back page	
1/4 page	£160.
1/2 page	£250.
Full page	£450.

Flyers of one sheet A4 size, 1700 copies to be supplied by advertiser, £150.
Weight should not exceed 80 gm.

Members may now place adverts for HALF PRICE, excluding the Courses and Retreats Section.

NATIONAL CO-ORDINATION AND NETWORKING

Our current list of Area Representatives is:

Name & Contact Info	Area Rep for
Jacqueline Gayle relax@time2heal.co.uk	Bedfordshire
Janice Tidy janicetidy@fsmail.net	Berks, Surrey, Gtr London SW
Louise Page holisticlouise@tiscali.co.uk	Buckinghamshire
Sue Blackmore sue.blackmore@sky.com	Cheshire
Julie Rennie reikiriver@aol.com	Co Durham
Annie Harrington rapunsel@talk21.com	Cornwall
Laura Barbour reikilaura16@hotmail.com	Devon
John Spillman spillman.john@googlemail.com	Essex, Gtr London E
Linda Cowan linda@linda4reiki.co.uk	Fife, Falkirk
Elaine Hobson elainehobson@fsmail.net	Lancs & Gtr Manchester
Ruth Chambers ruthchambers@gmail.com	Leics, Notts, Derbyshire
Wendy Liles wendyliles@btinternet.com	Lincolnshire
Michelle Kurth reiki.turquoise@hotmail.co.uk	London SW, E, W, Central
Lorraine Murray info@ilovefgt.com	Mid & East Lothian, Edinburgh, Borders
William Caldwell-Hardie willie@hardieservices.com	Moray
Sandra Fuller sandara.fuller@mypostoffice.co.uk	N Ireland
Lyn Haworth lynhaworth@btinternet.com	Perth & Kinross
Janine Wilbraham janinewilbraham@googlemail.com	Powys
Susan Bonar susan.bonar@btopenworld.com	Renfrewshire (East)/Glasgow City
Clarissa Woodcock clarissa1@btinternet.com	Shropshire
Michael Durant mike@somersetskies.co.uk	Somerset
Lesley Harold lesleyharold@reiki-ipswich.co.uk	Suffolk
Anne Tottingham annetott@homeopath-reiki.co.uk	Wiltshire
Fiona Heath fiona@wellbeingholistics.com	Worcestershire

If you are unable to contact your representative for any reason then please feel free to send your communications to the office and they will be forwarded on. If there is no representative in your area and you wish to volunteer then please contact the office for the appropriate application forms. Please note that all area Representatives work on a voluntary basis and we would like to acknowledge the help and support they give to local members.

We would like to send best wishes to Sue Blackmore, Representative for Cheshire, currently recuperating after illness. Please send lots of Reiki to Sue, wishing her a speedy and full recovery.

LEAFLETS

Copies of the UK Reiki Federation Leaflets are available for purchase by members.

25 leaflets £4.50
50 leaflets £8.50
100 leaflets £14.00
200 leaflets £26.00

To order leaflets please send your cheque made payable to the 'UK Reiki Federation with 'your membership number on the back, to 'Leaflets, UK Reiki Federation, PO Box 71, Andover, SP11 9WQ.

Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The UKRF Information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/Client leaflets are an ideal way to explain about Reiki to both clients, and for those who would benefit from receiving information about it.

Editor: Christine Johnston

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