



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION DECEMBER 2009 - Issue 39

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2010 DATES FOR YOUR DIARY . . .

ANNUAL REVIEW 2010

Another reminder that the Annual Review of the UK Reiki Federation will take place in Leicester 9-11 April 2010. Full details are enclosed with this mailing, together with booking forms.

REIKI AWARENESS WEEK 2010

The dates for 2010 are 6-12 June 2010 so start planning now! If you have an Area Representative in your area you may find it helpful to liaise with them.

GUIDELINES FOR TRAINING

We hope to be in a position to shortly update our guidelines on training in accordance with the Revised National Occupational Standards and the Core Curriculum developed by the Reiki Council. It is hoped to have these available on the website by the end of December.

CPD COURSES

We are currently considering our provision of practical CPD workshops and would like to build up a list of possible workshop facilitators throughout the UK. We would be pleased to include individuals with relevant qualifications and/or experience in the following subject areas:

- Anatomy and physiology
- Marketing
- Communication Skills ie oral and written communication skills
- Teaching to the new NOS for Reiki
- Setting up a professional therapy practice
- Assessing occupational standards (individuals should have A1, D32, D33 or VTCT Assessor Award).

There will be a set fee for offering UKRF workshops and trainers will be required to submit details of course content, such as the course schedule and/or manual if they are selected to run a course.

Courses will only be run if there is sufficient demand in any particular area and courses must be fully cost recoverable and therefore must be viable.

To receive further information about the terms and conditions please send a small stamped self addressed envelope to "Doreen Sawyer, Education Coordinator, UK Reiki Federation, P.O. Box 71, Andover SP11 9WQ

At this stage please do not send in your personal details as a questionnaire will be sent to you with the terms and conditions. Please note that there will be no guarantee that individuals will be offered courses but their details would be held on file for reference purposes.

It is also important to note that this is not about members advertising their own courses, as we already have that facility through the Resonance magazine and the CPD courses and retreats advertising sheets.

LINEAGES

We would like to thank members who have sent in their lineages. Although there may occasionally be queries about a lineage, we will do everything possible to help resolve those queries.

CERTIFICATES AND LINEAGES

We would like to ask teachers that when giving a lineage on a certificate, the full lineage is put down and not just the first three or four names on it. The last name on a lineage should be that of the teacher thereby linking with the certificates issued to the student.

It would also be helpful if the certificates clearly state the style of Reiki, the level of training and possibly one or two lines indicating what this is ie practitioner training teacher training etc.

Thank you.

NATIONAL CO-ORDINATION & NETWORKING

We were delighted to be able to hold two separate events for our area representatives over the past few months.

The first was held in Edinburgh following the regional conference, and we were able to meet up with many local representatives. As this was the first event of its kind to be held in Scotland the representatives took full advantage of networking with one another. They hope to be able to work together as a group and look forward to sharing ideas and possibly events with each other.

The next event was held in Ludgershall where representatives, mainly from southern England, were able to attend. We were delighted that Mike Randell was able to join us following his illness and look forward to seeing him back to full strength in the not too distant future.

For both meetings representatives were given a background to the Reiki Federation, an update on CPD and other topics which they found of help in their respective roles.

We would like to thank all representatives for all the work that they do on a voluntary basis on behalf of the UK Reiki Federation, which at times can be quite daunting. An up to date list of representative is in the newsletter

If no representative is shown for your particular area and you would be interested in taking on this role then please contact the office or e-mail ncn@reikifed.co.uk

Name & E-Mail Address	Area Rep for
Jacqueline Gayle relax@time2heal.co.uk	Bedfordshire
Louise Page holisticlouise@tiscali.co.uk	Buckinghamshire
Sue Blackmore sue.blackmore@sky.com	Cheshire
Julie Rennie reikiriver@aol.com	Co Durham
Annie Harrington rapunsel@talk21.com	Cornwall
Laura Barbour reikilaura16@hotmail.com	Devon
John Spillman spillman.john@googlemail.com	Essex, Gtr London E
Linda Cowan linda@linda4reiki.co.uk	Fife, Falkirk
Elaine Hobson elainehobson@fsmail.net	Lancs & Gtr Manchester
Ruth Chambers ruthchambers@gmail.com	Leics, Notts, Derbyshire
Wendy Liles wendyliles@btinternet.com	Lincolnshire
Michelle Kurth reiki.turquoise@hotmail.co.uk	London SW, E, W, Central
Lorraine Murray info@ilovefgt.com	Mid & East Lothian, Edinb, Borders
William Caldwell-Hardie willie@hardieservices.com	Moray
Sandra Fuller sandara.fuller@mypostoffice.co.uk	N Ireland
Lyn Haworth lynhaworth@btinternet.com	Perth & Kinross
Janine Wilbraham janinewilbraham@googlemail.com	Powys
Susan Bonar susan.bonar@btopenworld.com	Renfrewshire (East)/Glasgow City
Clarissa Woodcock clarissa1@btinternet.com	Shropshire

Michael Durant mike@somersetskies.co.uk	Somerset
Sandra Garratt bsandra545@aol.com	Surrey, Gtr London SW
Anne Tottingham annetott@homeopath-reiki.co.uk	Wiltshire
Fiona Heath fiona@wellbeingholistics.com	Worcestershire

Some of the things which have been happening around the areas:

Essex/Greater London E

Reiki shares are held in the area. Reiki is given in St Margaret's Hospital in Epping and at Whipp's Cross Hospital in Leytonstone.

Fife

Local members took part in a Health and Wellness Day to raise funds for the breast care units in Dunfermline's Queen Margaret Hospital and Dundee's Ninewells Hospital which had both given support to a number of colleagues recently. With a range of therapists helping, a sum of £6,000 was raised to share between the two hospitals. Well done everyone. A Reiki share Christmas night is being organised by the area Representative for the 11th of December. Local members are invited and should contact Linda Cowan if interested.

Lancashire & Greater Manchester

An open day was organized by Elaine Hobson to coincide with MacMillan coffee morning in September. A total of £1700 in total was raised. This was covered by the local press and attended by MacMillan fundraisers.

London SW/E/W/Central

Share meetings are held regularly - Clapham North meets on a Tuesday, Wimbledon has now moved and is on a Wednesday.

Perth

A Health & Wellbeing day was held and raised £6250 – divided between Breast Care at Queen Margaret Hospital Dunfermline and the Breast Care Unit at Ninewells Hospital in Dundee. Thanks to all helpers.

Powys

Reiki Shares have been held in Rhyayader and Builth Wales.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk

Renfrewshire

Reiki Taster sessions were organized to raise funds for the Cardonald Dog's Home. Thanks to all helpers.

Wiltshire

Reiki Shares held in the area include one at Avebury and one at Worton. The Reiki Share on the second Saturday in May – West Woods and the nearest Saturday to the Autumn Equinox in September will now be annual events. If members from other areas would like to join in they would be more than welcome. Please contact Anne Tottingham for information.

Worcestershire

Reiki Shares have gone from strength to strength, including those in Worcester and in Bromsgrove. Chocolates given to the area representative as a thank you were sold and raised £100 for the NSPCC.

To all members: Our representatives work on a voluntary basis and give freely of their time. We would ask members if they could please acknowledge communications from representatives and if you do not wish them to contact you then please let them know.

ACCREDITATION

In the last newsletter we included some information about accreditation. We wish to clarify one or two points.

At the present time in the UK there are no accredited qualifications which match the National occupational standards and incorporate the guidelines from the core curriculum; it is likely that awarding bodies may submit qualifications for accreditation in the future.

At present, from the point of view of training, it does not matter whether you train with an individual, at a college or whether the course is accredited or not. For those who wish to learn Reiki just for themselves this will not change.

However if individuals wish to be permitted to join a national register, and they are not a member of a professional organisation, their training will need to match the National occupational standards and the core curriculum guidelines, whether provided by an individual or an organisation. If it does not they will need to provide evidence that they have "updated" their training to this level, and may refer to the "Grandparenting Provision" of the Reiki Council for further advice on this. Professional organisations may also wish to insist on these standards for their membership.

We would strongly recommend that all teachers of Reiki look at the NOS and the Core Curriculum and adjust their teaching accordingly, unless of course they are already doing so. Please remember that the NOS are minimum standards and teachers can still teach to a higher level if they wish, although assessment should be to the standards.

We hope this helps to explain things more simply.

CONGRATULATIONS

We would like to offer congratulations to our Treasurer, Veronica Fenn, on her recent marriage. The now Mrs Veronica Fenn-Strasters was taken to the Grand Canyon in America and the ceremony was held at the base of the Grand Canyon after flying down by helicopter. We would like to send them both our very best wishes.

REGULATION

The national regulator for Reiki, the GRCT has well over 6000 registrants, which is an excellent result in such a short time. We would recommend that if you have not yet signed up with them, that you consider doing so at www.grct.org.uk

REIKI COUNCIL

The Reiki Council meeting was held on 15 September 2009. They are still waiting for the publication date of the Reiki Council book which will include copies of all the documents relating to regulation, but will also include National occupational standards and the core curriculum. It is hoped that the book will also be available for download from their website. The UK Reiki Federation will purchase a number of copies for purchase by its members.

The Reiki Council had previously stipulated that the Reiki lineage should be provided with a clear line tracing back to its founder Mikao Usui. Unfortunately this was confusing for those with Tera Mai training and we were experiencing a number of problems with lineages. We raised this matter with the Reiki Council and following discussions with the Tera Mai Association we are pleased to say this has now been resolved and we are now able to accept certificates and lineages for Tera Mai training provided that the certificate clearly shows in its title "Usui Reiki" and "Tera Mai" separately on the certificate.

LEAFLETS

Copies of the UK Reiki Federation Patient/Client Leaflet (pale blue) are available for purchase by members.

25 leaflets £4.50
 50 leaflets £8.50
 100 leaflets £14.00
 200 leaflets £26.00

The former blue glossy promotional leaflets are now in matt format and cost the same as the client/patient leaflet (see above)

To order leaflets please send your cheque made payable to the 'UK Reiki Federation with 'your membership number on the back, to 'Leaflets, UK Reiki Federation, PO Box 71, Andover, SP11 9WQ. Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The Information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/Client leaflets are an ideal way to explain about Reiki to both clients, and for those who would benefit from receiving information about it.

RESONANCE MAGAZINE

The next issue will now be in March 2010 and the deadline for articles, adverts, poems and letters will be mid February . Remember no more than 1,000 words per article.

Please send us some news. I know lots of you are doing interesting projects. We would love to share these with our members. Just send us a few paragraphs or a poem or a letter.

In anticipation ---- resonance@reikifed.co.uk

Editor Christine Johnston

PR One Day Conference - Edinburgh

We were delighted to be able to host a one-day conference in Edinburgh in September. Just over 40 delegates were in attendance, who from feedback received found the day very interesting and stimulating.

Topics and speakers were:

“Update on Regulation” Barry Tanner,
 GRCCT (General Regulatory Council for
 Complementary Therapies)

“Reiki National Occupational Standards”
 Doreen Sawyer

“Building a therapy business” ___Lorraine
 Murray

“The New Science of Mind and Conscious
 Creation” Gerry Stewart

It was a pleasure to meet so many members and we hope to be in a position to host future events at some stage.

Butlins

At the time of preparing this newsletter, we are also getting ready for a trip to Butlins in Bognor Regis. We were invited by the publisher of “Yours” magazine to present some workshops about Reiki at an event they are organising in conjunction with the Back Show.

We are delighted to be able to promote Reiki to a wide variety of individuals from all over the country, which will increase awareness and hopefully result in more enquiries for our members throughout the UK.

MERCHANDISING

**Remember to check out the UK Reiki
 Federation Merchandising
 which you can see on the website and
 can download extra order forms from
 there.**

**The products are of very good
 quality and easy to wash.**

Any questions email

sales@reikifed.co.uk or call

07787 659189 / 01526 861385

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