



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION AUGUST 2009 - Issue 38

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2010 DATES FOR YOUR DIARY . . .

ANNUAL REVIEW 2010

The 2010 Annual Review will again be held at the University of Leicester 10-11 April 2010, information will be sent out in October/November 2009.

REIKI AWARENESS WEEK 2010

The dates for 2010 are 6-12 June 2010 so start planning now!

ACCREDITATION

We have been asked to clarify the situation regarding accreditation and hope that the following will help to explain the processes.

In England qualifications are formally accredited via the Qualifications and Curriculum Development Agency (QCDA). Their role is to develop the curriculum, improve and deliver assessments and to review and reform qualifications. In addition to schools and colleges, they will also work with businesses to develop qualifications that ensure that people get the right skills for the job, and that qualifications can be linked to the Qualifications and Credit Framework (QCF) which is a new system that lets people build up their qualifications in small steps so that the learning can be recognized.

Qualifications need to be submitted by an Awarding Body and cannot be submitted by individuals. Once approved, the qualification is linked to the QCF and may also attract funding for colleges who offer these qualifications. The QCF has three sizes of qualifications ie Awards, Certificates and Diplomas, attracting a certain number of credits at each level. This will also give the learner more information about what commitment is needed when they undertake their training.

In Scotland qualifications are accredited by the Scottish Qualifications Authority (SQA) who work with slightly different criteria regarding accreditation.

When undertaking a qualification which has been accredited by QCA, through an Awarding Body, you can be more confident that your qualification meets a certain standard as there will be procedures in place within the training establishment, and via the Awarding Body, to monitor quality.

At this point in time there are Reiki courses which have been accredited and are offered through Awarding Bodies such as ITEC, VTCT etc. These qualifications have received accreditation and are, therefore, on the Qualifications Credit Framework. However there are currently no qualifications accredited which incorporate the new National Occupational Standards for Reiki and recommendations in the Core Curriculum. We would anticipate that awarding bodies will be making applications for accreditation of Reiki courses based on these standards in the near future.

You may also see statements about courses being accredited by various other organisations, often professional associations. These accreditations are not national accreditation by the QCA, but will be courses which an organisation has accepted for CPD purposes or for practitioner level of training, often where insurance companies with whom they are linked, will cover the individual to practise that particular therapy. There is usually a charge by the professional association when they give such accreditation.

If you want to learn more about the QCDA their website is www.qcda.gov.uk

INSURANCE

We are delighted to advise that we have been able to negotiate extremely competitive rates for our members with Balens insurance and examples of the rates available are given below, confirmation for options given on application form.

£3,000,000 cover

£29.00 Reiki only
£48.00 Multiple therapy

£5,000,000 cover

£42.00 Reiki only
£59.00 Multiple therapy

We believe that compared to rates that some companies are charging, these are very competitive.

If any member wishes to transfer to the UKRF scheme the forms are available for download on our website. Any queries about insuring should be sent direct to Balens and not to the UKRF office. Their email info@balens.co.uk Tel 01684 893006

WEBSITE MONITOR

We would be interested in hearing from anyone who has a lot of time on their hands, who enjoys “playing” on the internet and would be interested in volunteering to be our Website monitor.

We have a large number of pages on our website which give information to both members and to the public. It would be helpful to have someone who could gradually work through all the pages and advise us where, for instance, an article is now out of date or where the content could probably do with an update.

No writing or editing would be required simply an email sent to the office noting items which may need attention. A methodical organised mind would be helpful.

If you are interested please send a CV and covering letter to Doreen Sawyer at the admin office.

NEWSLETTERS

We are continually being asked for information on topics which have already been included in recent newsletters, therefore a list of some of the topics, together with the newsletter number are given below.

Accreditation

July 2008 no 34

Core Curriculum

October 2008 no 35
May 2009 no 37

CPD

October 2008 no 35
February 2008 no 33
September 2007 no 32

CRB Checks

May 2007 no 31
May 2009 no 37

Lineages

February 2009 no 36
July 2008 no 34
February 2008 no 33

National Occupational Standards

May 2009 no 37
February 2009 no 36
October 2008 no 35

Performing rights

October 2008 no 35

Practitioner Pack

February 2009 no 36

Regulation

May 2009 no 37
February 2009 no 36

October 2008 no 35
July 2008 no 34
February 2008 no 33
September 2007 no 32

Reiki on animals

February 2009 no 36

Unfair commercial practices directive

July 2008 no 34

For those who may have missed a newsletter, copies of almost all newsletters are available for free download from our website. If you are unable to download the relevant newsletter you may request a copy from the office by sending a cheque for £1 per newsletter and a stamped addressed envelope, together with details of the newsletter number and date that you require.

WHO HAS WHAT ROLE?

We have been asked to explain again the roles of different organizations:

Regulator

Regulates the practice of Reiki (and other therapies/disciplines). Currently in the UK we have voluntary self regulation for complementary therapies ie it is not compulsory. It is the person doing the Reiki who is regulated, not the Reiki itself ie it is how they work and their interaction with the public.

The role of the regulatory body is primarily to protect the public in that it gives the public and employers quality assurance that the practitioner's qualifications and/or experience is such that it meets the minimum standard required for professional practice. It also gives the same quality assurance to doctors and all other health care professionals who may use a national register. Registrants will have to be insured and sign up to a CPD Policy (continuing professional development), disciplinary procedures and code of professional conduct and ethics.

The GRCCT is the current Regulator for Reiki in the UK, www.grcct.org.uk, and practitioner members of the UKRF are encouraged to apply to go on the GRCCT register.

Professional Associations

The UK Reiki Federation is one of many professional associations. A professional association's role is to represent its membership, looking after the needs of the professional therapist. A professional body will offer insurance, CPD opportunities, journals or newsletters, support groups, advertising leaflets, conferences etc. A professional association has individual practitioners as members.

In addition the UKRF receives innumerable enquiries from the public about Reiki, and for requests for names of practitioners and teachers. It helps to promote these through advertising and attendance at exhibitions and conferences.

Regulator or Professional Association? An example of this is the RCN (Royal College of Nursing) which is the professional body and the NMC (Nursing & Midwifery Council) is the regulatory body.

Awarding Body

Sets up and gets approval to run accredited courses. See separate article on accreditation.

Reiki Council

Is the lead advisory body for the profession of Reiki in the UK. It provides advice, guidance on training and all aspects of the professional practice of Reiki. It has no allegiance to any one regulator, although at the present time the GRCCT is the only regulator for Reiki in the UK.

Members of the Reiki Council are professional associations, who are able to input on all aspects of Reiki. It does not have individuals as members

TRAINING & QUALIFICATIONS

Please remember that you should not use other therapies on your Reiki clients unless

- a) You are qualified in that therapy
- b) You are insured to give that therapy

And most importantly:

- c) You have the client's permission to do so

CPD

From July 2009 members will receive with their new membership certificates a CPD record sheet, and with effect from 1 July 2010 members will not be able to renew their membership without the return of this sheet. It is important therefore that members start to record now any activity which could be considered for CPD. Guidance notes about CPD will be included on the sheet.

It is, however, important to explain that although attendance at a Reiki share can be classed as CPD, actually running a Reiki share cannot. There are many ways that attendance at a Reiki share can be recorded, the simplest is just for the individual to produce a sheet of paper or a book, which they can then ask the organiser to sign when they attend.

There is also the belief that it is necessary to attend formal courses for CPD, paying a lot of money in the process, this is not true as CPD can be obtained in many different ways; simple things such as reading the UKRF newsletter and resonance magazines, reading a book about Reiki, reading an article about Reiki, visiting the library and carrying out research about Reiki, plus activities which are non-Reiki specific but which would enhance your professionalism. When you record your activities you should enter the total hours spent on any repetitive activity, such as a Reiki Share or reading the newsletter, not listed individually.

CPD is not just about doing an activity, the most important part is the evaluation afterwards, ie asking the question "what did I get from the activity?" and also "what do I need to do now?", and these reflections should be recorded. The UKRF were asked to put on some courses for CPD and we have tried to organise affordable

courses within the UKRF office. Sadly the uptake on these to date has been very poor and it is unlikely that we will offer these in other areas where the costs are likely to be higher. To date we have the following courses available in Ludgershall, near Andover:

- Basic Anatomy & Physiology
- First Aid
- Reiki in Hospitals

If you are interested in information on these courses please send a stamped addressed envelope to the office indicating which of the courses you are interested in.

ONE DAY EVENT – SCOTLAND

Advance notification that a one day event is being planned for Saturday 19 September 2009 to be held at the Hilton Hotel, Edinburgh Airport, Scotland. It is hoped to include details with this mailing, if not it will be forwarded at a later date and will be put on the UKRF website.

USE OF LOGO BY MEMBERS

At a recent meeting of the Management Committee it was agreed that current Practitioner Members could use the UKRF logo on their stationery and/or websites, subject to the following criteria:

- Must be a current practitioner member of the UKRF
- Wording should state "UK Reiki Federation Member" adjacent to the logo
- When used on website should include a link to the UKRF website www.reikifed.co.uk
- The logo is not to be used on certificates or training manuals.

Editor: Christine Johnston

All articles which are included in this newsletter are produced without prejudice.

NATIONAL CO-ORDINATION & NETWORKING

We are pleased to report on some of the events held during Reiki Awareness Week, with which our area representatives have been involved, and we would like to thank them for their efforts on behalf of both Reiki and the UKRF.

ABERDEEN (Elizabeth Harley)

Three events were held for RAW, in Turriff, Inverurie and Aberdeen. They had a good week with a photo and write up in the Inverurie paper.

ESSEX (John Spillman)

During RAW Reiki Tasters were held by members around the county.

FIFE, FALKIRK (Linda Cowan)

The sensory garden for children at the High Valleyfield child Development Centre, which Linda and colleagues raised money for, opened in April. Soldiers from 71 Engineers based at Leuchars built the garden, and then the majority of them went on tour of duty in Afghanistan. Linda and team are sending Reiki to them in Afghanistan.

Another great event by Linda Cowan and her team. Linda and 30 other practitioners gave Reiki tasters and were able to raise **£1,921.18** for Dunfermline's Lynebank Hospital to be shared by wards 1, 2 and 12. Look for further details in the next Resonance Magazine.

LINCOLNSHIRE (Wendy Liles)

A Reiki Awareness Week Garden Party was held raising £342 for St Barnabas Hospices.

Another event was held at the home of a local member.

LONDON SW, E, W and C (Michelle Kurth)

The main event for RAW was held at Guy's and St Thomas' hospital raising £230 for the hospital charity. Michelle is already talking and meeting with the charity to make the event bigger next year! Again photographs were taken and were to be placed on the charity website together with write ups.

A smaller event was held in Balham raising £35 for Great Ormand Street Hospital.

LOTHIAN (MID & EAST), EDINBURGH, BORDERS (Lorraine Murray)

Lorraine raised £290 in just over 2 hours for RAW for the Scottish Women's Aid (helping to stop domestic abuse).

PERTH (Lyn Haworth)

A successful Reiki Awareness Week raising £302.50 for the Wormit Hedgehog Care Centre.

WILTSHIRE (Anne Tottingham)

During Reiki Awareness Week there was a tent at the village Fete – this was well received. Anne was helped by other Reiki Practitioners. Other successful events were held in Marlborough.

Date for you diary – September 19th a meeting is to take place in Avebury at 9.30 am. Do contact Anne if you wish to attend – Tel: 01380 831055.

Local contacts as at 1 August 2009:

<u>Name</u>		<u>Area Rep for</u>
Elizabeth	Harley	Aberdeenshire
Jacqueline	Gayle	Bedfordshire
Louise	Page	Buckinghamshire
Sue	Blackmore	Cheshire
Annie	Harrington	Cornwall
Donna	McCheyne	Devon
John	Spillman	Essex, Gtr London E
Linda	Cowan	Fife, Falkirk
Mary	Barka Namurtha	Hampshire, IOW
Elaine	Hobson	Lancs & Gtr Manchester
Ruth	Chambers	Leics, Notts, Derbyshire
Wendy	Liles	Lincolnshire
Michelle	Kurth	London SW, E, W, Central
Lorraine	Murray	Mid & East Lothian, Edinburgh, Borders
Sandra	Fuller	N Ireland
Jan	Kirsop Taylor	N London
Lyn	Haworth	Perth & Kinross

Janine	Wilbraham	Powys
Susan	Bonar	Renfrewshire (East)/Glasgow City
Clarissa	Woodcock	Shropshire
Sandra	Garratt	Surrey, Gtr London SW
Anne	Tottingham	Wiltshire
Fiona	Heath	Worcestershire

Area representatives should be making contact with local members who are on e-mail on a regular basis. If you have not had contact with the representative and would like to do so please forward your e-mail to the admin office asking for it to be forwarded to your representative (please give their name).

If no representative is shown for your particular area and you would be interested in taking on this role then please contact the office or e-mail ncn@reikifed.co.uk

LEAFLETS

Copies of the UK Reiki Federation Patient/Client leaflet (pale blue) are available for purchase by members.

25 leaflets	£4.50
50 leaflets	£8.50
100 leaflets	£14.00
200 leaflets	£26.00

The glossy UKRF information leaflet is also available for 20 pence each.

To order leaflets please send your cheque made payable to the UK Reiki Federation with your membership number on the back, to 'Leaflets, UKRF, P.O.Box 71 Andover, SP11 9WQ. Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/client leaflets are an ideal way to explain about Reiki to both clients, and those who would benefit from receiving information about it.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk