



# DEVELOPMENT NEWSLETTER

## UK REIKI FEDERATION FEBRUARY 2009 - Issue 36

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### ANNUAL REVIEW & FESTIVAL 2009

There are still some vacancies for the Annual Review & Festival to be held 17-19 April 2009. Please make immediate application if you wish to attend.

### DISCIPLINARY COMMITTEE

There are currently vacancies for two practitioner members to join the Disciplinary Committee which forms part of the Complaints & Disciplinary Procedures Panel. Further information can be obtained from the Secretary, Doreen Sawyer. If you are interested in volunteering for one of these roles then please send CV with covering letter to the Secretary at "Disciplinary Applications, UK Reiki Federation, PO Box 71, Andover SP11 9WQ", stating why you feel you would be suitable. Deadline for applications Friday 6 March 2009.

### REIKI AWARENESS WEEK

This has been confirmed as 7-13 June 2009. If you would like your event to be included on our promotional notices then please forward written information to the office, to be received no later than Friday 29 May 2009. If you would like to receive notices which you can use to promote your event locally then please send stamped addressed C4 (A4) size envelope to "RAW Promotion, UK Reiki Federation, PO Box 71, Andover SP11 9WQ" – please remember that this would be classed as a large letter and postage would be 42p (second class), 52p (first class).

### INSURANCE COVER

Would all practitioner members please remember to send in copy of their insurance certificates when they renew their insurance each year, which is one of the requirements for practitioner membership. It is the practitioner's responsibility to provide this information. Failure to send in copy of your current insurance will result in your status as a practitioner being amended temporarily to that of an associate member and subsequent removal from both the practitioner listings and the website until such time as the copy certificate is received. Amendments to the listings on the website are done approximately every 4-6 weeks. If you have your insurance through the **UKRF Block Scheme with Balens** you DO NOT need to send in the certificate as Balens will confirm your renewal.

### RENEWAL NOTICES

These are sent out to members by 2<sup>nd</sup> class post approximately 4-6 weeks before renewal is due. The date for renewal is given at the bottom of your membership certificate, so if you have not received your renewal notice approximately 3 weeks before renewal is due please contact the office for a copy. Please remember that we ask you to allow 28 days for processing of renewals, although usually they are done much earlier. We allow 28 days from the renewal date for processing of renewals, after which time any members who have not renewed will have their membership lapsed.

### LINEAGES

We would like to thank those members who have now forwarded in their lineages to the office and for their records. Please note that if lineages are not received on subsequent renewals then we may not be able to renew your membership as this was made a requirement of membership in April 2007. We have been told of teachers who are suggesting to students that they "make up" their lineage and we would strongly argue against this; the lineage is a requirement for anyone who wishes to become registered with a regulatory body in the future, and lineages are all subject to spot checks for authenticity. Lineages should be provided to you by your reiki teacher, and lists all the teachers back to Mikao Usui. If you do not have your lineage and would like some advice on how to trace this please email [lineage@reikifed.co.uk](mailto:lineage@reikifed.co.uk)

### REGULATORY BODIES

Following the recent launch of the CHNC, the office has been asked whether this affects registration as a practitioner. The situation has not changed from that reported in previous newsletters. The CHNC is a regulatory body which evolved from the work of the Federal Working Group. The CHNC was considered, along with the GRCCT and others, when the UK Reiki Federation was looking at the regulatory options for practitioners as part of the Reiki Regulatory Working Group (now the Reiki Council). The UK Reiki Federation is of the opinion that the GRCCT would be the most beneficial regulator for practitioners, having considered all information from both groups regarding their formation and operation. Although both were originally scheduled to come into operation in late 2007, the CHNC had to postpone its start date and has now only recently come into operation. The GRCCT has now been running successfully for over a year.

### NATIONAL CO-ORDINATION & NETWORKING

There have been some changes to the list of area representatives, some stepping down and new ones on board. Our thanks to those who have given of their time in undertaking these roles.

Contact details for all area representatives are listed on our website. News from some of the areas:

#### Bedfordshire

Jacqui Gayle hopes to organise a local meeting in 2009 and would like to hear from local members.

#### Birmingham

Reiki Shares are held regularly in the area and UKRF members are invited to attend. Glenda Houston is hoping to organise a "Festival of Wellbeing" in 2009.

Essex & Greater London East

John Spillman would be pleased to hear from local members about Reiki Shares being held in the area, and to discuss other possible activities.

Fife & Falkirk

Linda Cowan's Reiki Share continues to grow, and at a special share in December members gave "Christmas Promises" instead of the usual exchange of gifts. It was a wonderful evening, which also included staff from the Community Centre where it was held. It also included an art exhibition by one of the members. The group will nominate a charity for them to support with their Reiki Awareness event this year and will try to raise even more money than last year.

Hampshire & Isle of Wight

A Reiki Share and Meditation was held in January 2009. There are a number of Reiki Shares in the area. Mary Barka is organizing a workshop for local members who are interested in building a website.

Highland

Natalie Simmons would be pleased to receive information from local members about reiki activities, shares etc.

Lancashire & Greater Manchester

Elaine Hobson helped at the one-day regional event held locally in Blackburn in February, with local members being invited. There are a number of Reiki Shares in the area.

Lincolnshire

Reiki Shares are held regularly in the area. Wendy Liles organises other events which are as a result of discussion with local members, and feedback is positive.

London SW, E, W, C

Reiki Shares are held regularly in the area. Michelle Kurth hopes to organise additional Reiki Shares and events in 2009.

Lothian Mid & East, Edinburgh

Lorraine Murray is organising a local meeting in March, members should contact her for information if they have not received her email or letter.

Northamptonshire

Susan Davis has organised Reiki Shares and UKRF members are invited to attend. She would be pleased to hear from local members.

Perth & Kinross

Lyn Haworth would like to hear from members in the area who run Reiki Shares and would like to invite UKRF members along. Please also remember to send in information on your Reiki Shares to the admin office if you would like these included in the UKRF Reiki Share listing.

Shropshire

Clarissa Woodcock would like to hear from local members about possible activities within the area.

Wiltshire

In September there was a meeting at Avebury where members joined together for lots of energy work including healing being sent to each other in the centre of a circle. And the sun shone warmly for them! They will be doing a similar event this September, so do come and join them if you wish.

Anne Tottingham organises Reiki Shares and a new Reiki Share group is taking off in Chippenham as a result of the meeting in Avebury. Their next BIG Reiki meet will be Saturday 9<sup>th</sup> May 2009 at the West Woods, known as the "Bluebell Woods" between Avebury and Marlborough. The bluebells are spectacular and they thought they could tap into their healing energy. Again all are welcome.

At the end of the Reiki Awareness Week Anne's group will be giving Reiki to the public at her village fair. She is encouraging others to get in touch, as there are a number of Reiki practitioners willing to travel to fairs and open events through the summer months. Contact Anne if you want to know more.

Worcestershire

New area representative, Fiona Heath, will be contacting local members and is looking forward to hearing from them about possible future activities.

Contact details for representatives are as follows:

<b>Area: Contact &amp; Email</b>
Aberdeenshire: Elizabeth Harley <a href="mailto:elizabeth@reikitraining.org.uk">elizabeth@reikitraining.org.uk</a>
Bedfordshire: Jacqueline Gayle <a href="mailto:relax@time2heal.co.uk">relax@time2heal.co.uk</a>
Cornwall: Annie Harrington <a href="mailto:rapunsel@talk21.com">rapunsel@talk21.com</a>
Cheshire: Sue Blackmore <a href="mailto:sue.blackmore@sky.com">sue.blackmore@sky.com</a>
Devon: Donna McCheyne <a href="mailto:info@donnamccheyne.com">info@donnamccheyne.com</a>
Essex, Gtr London E: John Spillman <a href="mailto:spillman.john@googlemail.com">spillman.john@googlemail.com</a>
Fife, Falkirk: Linda Cowan <a href="mailto:linda@linda4reiki.co.uk">linda@linda4reiki.co.uk</a>
Hampshire, IOW: Mary Barka Namurtha <a href="mailto:maryreiki@btinternet.com">maryreiki@btinternet.com</a>
Hertfordshire, Gtr London N: Milton-Stuart Hawkins <a href="mailto:milton.stuart@googlemail.com">milton.stuart@googlemail.com</a>
Lancs & Gtr Manchester: Elaine Hobson <a href="mailto:elainehobson@fsmail.net">elainehobson@fsmail.net</a>

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or [enquiry@reikifed.co.uk](mailto:enquiry@reikifed.co.uk)

Area: Contact & Email
Leics, Notts, Derbyshire: Ruth Chambers <a href="mailto:ruthchambers@gmail.com">ruthchambers@gmail.com</a>
Lincolnshire: Wendy Liles <a href="mailto:wendyliles@btinternet.com">wendyliles@btinternet.com</a>
London N: Jan Kirsop Taylor <a href="mailto:jankirsoptaylor@hotmail.com">jankirsoptaylor@hotmail.com</a>
London SW, E, W, Central: Michelle Kurth <a href="mailto:reiki.turquoise@hotmail.co.uk">reiki.turquoise@hotmail.co.uk</a>
Lothian Mid & East, Edinburgh: Lorraine Murray <a href="mailto:info@ilovefgt.com">info@ilovefgt.com</a>
Perth & Kinross: Lyn Haworth <a href="mailto:lynhaworth@btinternet.com">lynhaworth@btinternet.com</a>
Powys: Janine Wilbraham <a href="mailto:janinewilbraham@googlemail.com">janinewilbraham@googlemail.com</a>
Renfrewshire (East)/Glasgow City: Susan Bonar <a href="mailto:susan.bonar@btopenworld.com">susan.bonar@btopenworld.com</a>
Shropshire: Clarissa Woodcock <a href="mailto:clarissa1@btinternet.com">clarissa1@btinternet.com</a>
Surrey, Gtr London SW: Sandra Garratt <a href="mailto:bsandra545@aol.com">bsandra545@aol.com</a>
Wiltshire: Anne Tottingham <a href="mailto:annetott@homeopath-reiki.co.uk">annetott@homeopath-reiki.co.uk</a>
Worcestershire: Fiona Heath <a href="mailto:fiona@wellbeingholistics.com">fiona@wellbeingholistics.com</a>

#### DISTANCE HEALING GROUP

You may have seen the article in Resonance featuring this group. There are 42 of us at the moment. I find that quite awe inspiring that there are these people all over the UK sending healing in their own very unique ways. The recipients number over 100 ranging in age from newborn to over 90 and including some animals. I get some lovely feedback from either the recipient or a family member. The information can be quite heart rending and rewarding.

If you wish to receive healing or would like to join the group, please email: [distance@reikifed.co.uk](mailto:distance@reikifed.co.uk)

Thanks, Anne Tottingham Co-ordinator (1573H)

#### PUBLICATION DATES FOR RESONANCE

Please send your articles, letters and poems to [resonance@reikifed.co.uk](mailto:resonance@reikifed.co.uk) with your membership number. Please ensure articles are no more than 1,000 words and are in Word as an attachment.

Date of issue	Issue	Deadline
June 2009	Resonance 18	End April 2009
December 2009	Resonance 19	End October 2009

#### USING REIKI ON ANIMALS

We receive a lot of enquiries through the office about the use of Reiki with animals. Although we have always given the same response to all queries, we thought we would double check with the Royal College of Veterinary Surgeons and this is what we were advised:

The RCVS Guide to Professional Conduct 2008 contains advice on the treatment of animals by non-veterinary surgeons. This information is in part 2F; which states;

*'1. The Veterinary Surgeons Act 1966 (Section 19) provides, subject to a number of exceptions, that only registered members of the Royal College of Veterinary Surgeons may practise veterinary surgery. 'Veterinary surgery' is defined within the Act as encompassing the 'art and science of veterinary surgery and medicine' which includes the diagnosis of diseases and injuries in animals, tests performed on animals for diagnostic purposes, advice based upon a diagnosis and surgical operations which may not necessarily form part of a treatment. These restrictions are in the interests of ensuring that animals are treated only by people qualified to do so.'*

This part of the guidance goes on to say that;

#### **'Physiotherapists, osteopaths and chiropractors**

*15. The Veterinary Surgery (Exemptions) Order 1962 allows for the treatment of animals by physiotherapy, provided that the animal has first been seen by a veterinary surgeon who has diagnosed the condition and decided that it should be treated by physiotherapy under his/her direction.*

*16. 'Physiotherapy' is interpreted as including all kinds of manipulative therapy. It therefore includes osteopathy and chiropractic but would not, for example, include acupuncture or aromatherapy (see Part 11, paragraph 2, Your responsibilities in relation to the treatment of animals by non-veterinary surgeons).*

#### **Other complementary therapists**

*17. All other forms of complementary therapy in the treatment of animals, including homoeopathy, must be administered by veterinary surgeons. It is illegal, in terms of the Veterinary Surgeons Act 1966, for lay practitioners however qualified in the human field, to treat animals. At the same time it is incumbent on veterinary surgeons offering any complementary therapy to ensure that they are adequately trained in its application.*

#### **Faith healing**

*18. Faith healers are required in terms of the Code of Practice of the Confederation of Healing Organisations, to ensure that animals have been seen by a veterinary surgeon who is content for healing to be given by the laying on of hands.'*

This information is available on the RCVS website at <http://www.rcvs.org.uk/Templates/Internal.asp?NodeID=92572&int2ndParentNodeID=89737&int1stParentNodeID=89642>

If any manipulative therapy is included in the treatment you provide, the Veterinary Surgeon (Exemptions) Order 1962 would apply. The 1962 Order allows for the treatment of animals by physiotherapy, provided that the animal has first been seen by a veterinary surgeon who has diagnosed the condition and decided that it should be treated by physiotherapy under his/her direction. Physiotherapy is defined as including all kinds of manipulative therapy.

Therefore, faith healing, spiritual healing (including Reiki) are procedures that would not normally be regarded as the practise of veterinary surgery under the Veterinary Surgeons Act 1966; though it would be prudent for an animal to have been seen by a veterinary surgeon when this is being performed for reasons other than well-being.

If you require further information please contact the RCVS direct: Royal College of Veterinary Surgeons, Belgravia House, 62-64 Horseferry Road, London SW1P 2AF

*The information is given Without Prejudice.*

We are very pleased, therefore, that advice from the office is exactly as given by the RCVS.

### **VICTORIAN BUSHFIRE REIKI APPEAL**

“You will have noticed from the media that during the week-end 07 - 08 February 2009, wild and dangerous firestorms ravaged several suburbs of the City of Melbourne, Australia and townships in the state of Victoria. The loss of humans has been estimated to get to 300 dead; property losses are currently over 1000 and hundreds of thousands of acres of forest and farmland are left in ruins. At this point, a number of fires are still raging out of control.

This is considered to be a national disaster for Australia and offers of help have been received from New Zealand and the US.

Many of us have begun to send distant Reiki and prayers to the areas in support of those affected, those who are tireless fighting the fires and those who are providing support for the victims.

May we pass this message to you and seek co-operation and help from Reiki friends in the UK and other parts of the world to join with us in praying for the recovery from this chaos and in sending distant Reiki healing to the victims, animals, trees, forests etc. that is all living and non-living things in the landmass of Victoria that received direct hits from the firestorms and all affected.

Our heartfelt thanks to you for considering this request.”

### **PARKINSON'S DISEASE**

We were delighted to be able to attend a one day conference for sufferers of Parkinson's Disease in Birmingham in December. Tasters and information were given to delegates, with several enquiries for details on both practitioners and teachers. Those who received Reiki were delighted and felt that it was of great benefit to them.

### **PRACTITIONER PACK**

The UK Reiki Federation's Practitioner Pack was revised and updated in the autumn 2008. Practitioner members may, if they wish, purchase a copy of the revised pack for £10. Please send orders, quoting your full name, address and membership number to “Practitioner Packs, UK Reiki Federation, PO Box 71, Andover SP11 9WQ”. Cheques for £10 should be made payable to the “UK Reiki Federation” with your membership number on the back. We regret the pack, which is copyright to the UKRF, is not available to Friends, Associates or non members.

### **NATIONAL OCCUPATIONAL STANDARDS**

As detailed in the last newsletter, Skills for Health have recently been working with practitioners to revise the national occupational standards for a range of therapies, including Reiki. The consultation which has been taking place on the new standards, ended on 20 February 2009, and full information was available on both the UK Reiki Federation and Skills for Health websites.

### **NOTICE OF MEETING**

The Annual Review of the UK Reiki Federation is to be held at 10 am on Saturday 18 April 2009 at the University of Leicester. If you are not attending the Annual Review & Festival but wish to attend the meeting then please contact the Secretary no later than Friday 27 March 2009 to advise and book a place. There will be a nominal fee for attendance.

### **LEAFLETS**

Copies of the UK Reiki Federation Patient/Client leaflet (pale blue) are available for purchase by members.

25 leaflets	£4.50
50 leaflets	£8.50
100 leaflets	£14.00
200 leaflets	£26.00

The glossy UKRF information leaflet is also available for 20 pence each.

To order leaflets please send your cheque made payable to the UK Reiki Federation with your membership number on the back, to ‘Leaflets, UKRF, P.O.Box 71 Andover, SP11 9WQ. Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/client leaflets are an ideal way to explain about Reiki to both clients, and those who would benefit from receiving information about it.

**Editor: Christine Johnston**