

UK REIKI FEDERATION

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ANNUAL REPORT 2009

Presented by the current Management Committee

UK Reiki Federation

As at 1 January 2009 the Management Committee was made up of the following individuals:

Officers: Robert Jefford (Chair), Michael Randell (Vice Chair), Veronica Fenn (Treasurer), Doreen Sawyer (Secretary)

Committee Members: Sylvia Clegg, Sandra Garratt, Joe Potter, John Spillman, Wendy Liles

Our Aims and Objectives as always remain

- to federate individuals who are attuned to Reiki and who practise Reiki;
- to provide advice, support and an information network to the Reiki community, professionals who work with/alongside Reiki and the general public;
- to promote best practice in the delivery of Reiki to the public, and provide a form of recourse, and be part of the world-wide Reiki community;
- to create, maintain and evaluate professional standards of training for practitioners of Reiki;
- to provide information on research and provide education and training to support this;
- to represent a collective voice within the field of Reiki through which to instigate and maintain a dialogue with relevant external agencies;
- to provide details of and promote mutual understanding, communication and good relations between different styles, systems, schools and lineages of Reiki within the UK and internationally.

Chair's & Vice Chair's Report

The UK Reiki Federation continues to play a prominent role within the regulatory process. The Reiki Regulatory Working Group, whose work having come to a natural conclusion, has now changed its role and has become the Reiki Council. The Reiki Council is now the lead body for Reiki and as such provides expertise, knowledge and services to regulatory bodies. The UK Reiki Federation will continue to exercise a prominent role within the Reiki Council.

Due to the excellent teams and volunteers, both our membership and finances continue to enjoy a healthy balance. We would like to express once again our gratitude and appreciation of the enormous amount of work carried out by our colleagues in the office who maintain the professional reputation of the UK Reiki Federation.

During 2008 we have been able to secure premises as a permanent base of operations in Ludgershall. This was only possible due to the unstinting efforts of Doreen Sawyer who through persistence and a bulldog tenacity was able to bring this about in a very short period of time. We would like to thank Doreen and her office team as well as volunteers who maintained the smooth running of the Federation whilst refurbishing the new premises and moving the office to its new location. We would also like to thank Doreen for the use of her home as our office for the last 6 years.

The Federation continues to expand its profile with the general public as well as with professional organisations through our attendance at various events. The UK Reiki Federation receive a steady stream of enquiries for information, advice and comment from a number of media publications who perceive us as the leading professional body for Reiki.

We continue to provide a series of one day events at various locations throughout the UK. The success of these events depends upon the goodwill and support of our members. These events provide an opportunity for members to meet one another, members of the management committee and participate in

interesting presentations. Past presenters at these events have included Penny Quest, Frans and Bronwen Steine as well as composer John Levine.

We would encourage and appreciate your valued suggestions and comments to enable us to tailor our events to membership requirements.

Once again we look forward to the continued success and professionalism that have become associated with the UKRF.

Robert Jefford

Mike Randell

Secretary's Report

The most significant piece of news is that the UK Reiki Federation Administrative office has now moved into its own premises, which is a former bank, with a lot of character. The August bank holiday 2008 and following week saw the transition from a former run down retail establishment, to a newly decorated and refurbished office; particular thanks to Anthony Sawyer and Robert Jefford for their painstaking work with the decorating, and to Angie Bootyman and Sylvia Clegg who helped with other tasks; all work being done on a voluntary basis. With an ever increasing membership it is wonderful to have room to accommodate all the expanding resources of the UK Reiki Federation.

New premises, however, bring additional responsibilities. One of these has been a major Health & Safety review in September, and we are now implementing a large number of procedures to ensure that we comply with relevant legislation. These have obviously attracted additional financial and logistical burdens, but gradual implementation of procedures has made the transition a lot easier. We now have the space for additional administrative volunteers, and anyone local to Andover who would like to volunteer to help for a few hours a week should contact the office.

The office receives a wide range of enquiries by phone and email, which are mainly dealt with within the office, with referral to subject specialists when required. Members of the Management Committee provide support to the office and both the Chair and Vice Chair are frequent visitors. We would yet again like to particularly thank Sandra Garrett, Robert Jefford and Mike Randell, for the back-up given to us, mainly with enquiries of a non-routine nature. Thanks also to Sylvia Clegg who continues to work one day a week as a volunteer in the office.

Staff and volunteers this year had opportunity to undertake training in first aid, and the following have received their Emergency First Aid certificates: Louise Akehurst, Sylvia Clegg, Robert Jefford, Mike Randell, Anthony Sawyer, Doreen Sawyer. Also we were delighted when Sylvia Clegg was presented with her NVQ in Customer Service, which she had gained through her work within the UKRF office.

During the year there have been six mailings for Resonance and the Newsletter, plus mailings to cover special events and the Annual Review.

As at 1 January 2009 the membership is made up as follows:

Practitioner Members	1554
Associate Members	168
Friends	<u>6</u>
	1728

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It is noticeable that many members this year have ceased practising and have suspended their membership, others have decided to take a short break during the current economic climate.

Members are, for the most part, remembering to send in their copy insurance certificates, and also copy of their lineage. Where there are questions within a lineage these are referred to the Chair and Vice Chair who have the task of clarifying any queries. The lineage requirement for membership was brought in after the 2007 Annual Review, in order that UK Reiki Federation members comply with regulatory criteria that practitioners are able to provide a Reiki lineage traceable back to Mikao Usui.

The Management Committee met on four occasions during the year. Topics which have been discussed include the Unfair Commercial Practices Directive, Lineages, Merchandising, One day events, Regulation, Research Development & Pioneers, Office Premises. During the year the UK Reiki Federation agreed to have links with the Integrated Health Trust and the British Holistic Medical Association. The Practitioner Pack has been revised.

Doreen Sawyer

Online Distance Reiki Network

We now have 41 healers who are part of the healing team. It is wonderful to know that Reiki practitioners are happy to find the time to send healing out to names on a list, investing them the same love and attention they give to those they know personally.

At this point in time we are sending healing to over 100 people including a few animals. I receive heart-warming emails from the people who thank us for the healing sent to them or their beloved ones, including updates on progress. Our list included people in 2007, but these were revised at the end of 2008.

Anne Tottingham Distance Healing Co-ordinator

National Co-ordination & Networking

We would like to thank all the members of the NCN team for the hard work that they have put in to helping to expand and raise the profile of the UK Reiki Federation in the past year. We would also like to thank those representatives who have had to relinquish their role during the last 12 months, for the support that they have given us, and wish them good fortune in the future.

During the year we organised two one-day seminars, Essex and Gloucestershire. Due to lack of support we had to abandon the Essex seminar. The Gloucestershire seminar was held at the Wetlands Wildfowl Trust, Slimbridge, Gloucestershire in September and feedback was positive. Talks were given by John Levine, Penelope Quest and Doreen Sawyer.

A number of representatives attended a National Co-ordination & Networking Training Day in the Midlands at the end of May. This gave opportunity to update on UK Reiki Federation activities, Regulation and for representatives to share good practice with colleagues.

There is still a need for volunteers in other areas, and interested persons should contact the office if they would like more information about the voluntary role of Area Representative.

Doreen Sawyer & Mike Randell

Education & Training

There is a constant stream of enquiries to the UK Reiki Federation about training, standards, CPD etc. Professionals in most industries are required to take part in continuing professional development (CPD) and we as Reiki practitioners should be no exception to this. The UK Reiki Federation made a positive decision a few years ago, that it would not insist on proven CPD until the regulatory process was confirmed. The General Regulatory Council for Complementary Therapists (GRCCT) is the regulatory body which the UK Reiki Federation feels is most suitable for its members, and their recommendations re CPD are:

“In order to maintain registration on the GRCCT National Register the practitioner will undertake a minimum of 12 hours of continuing professional development per year. A minimum of 2 hours must be therapy specific to each therapy group in which the practitioner is listed on the National Register. A maximum of 50% can be generic including reflection or research.”

Members have the opportunity to promote their CPD courses via the Courses & Retreats CPD sheet which is circulated to membership.

The National Occupational Standards for Reiki and other therapies are currently under review, with public consultation during January and February 2009. The UK Reiki Federation is represented on the Reference Group working with Skills for Health.

A Core Curriculum for Reiki has been approved by the Reiki Council and we are awaiting information about when this will be available to the public.

Doreen Sawyer

Voluntary Self Regulation (RRWG/Reiki Council)

The Reiki Regulatory Working Group (RRWG) completed its work in the autumn of 2008 and at that stage changed its name to the Reiki Council.

The UK Reiki Federation still has representation on the Reiki Council. During the year Doreen Sawyer stepped down as Reiki Council Treasurer and as Reiki Council Secretary, but remains as one of the UK Reiki Federation's representatives. Two members of the UK Reiki Federation are able to attend Reiki Council meetings, and along with Doreen Sawyer, either Robert Jefford, Mike Randell or Sylvia Clegg also attend.

During the course of the year the Reiki Council approved and finalised a number of documents including Code of Ethics, Constitution, CPD, Core Curriculum and Grandparenting. These are copyright to the Reiki Council, who are discussing their availability for practitioners and teachers.

The GRCCT (General Regulatory Council for Complementary Therapists) is the regulator which the UK Reiki Federation recommends to its membership.

Doreen Sawyer

PR/Media

The UK Reiki Federation attended the BHMA (British Holistic Medical Association) conference in April 2008, and the Holistic Health exhibition at Castle Donington in September 2008. Taster sessions were offered at Donington and money was raised towards the organiser's charity. Website links were agreed for the Integrated Health Trust and the British Holistic Medical Association. Members were able to take advantage of a special advertising feature in "The Times" in July 2008.

Reiki Awareness Week was held in June and provided opportunity for many members to help raise awareness of Reiki. In addition large sums of money were raised by members for various charities. Doreen Sawyer was interviewed by two local radio stations in connection with Reiki Awareness Week and the work of the UK Reiki Federation.

Doreen Sawyer

Publications

Resonance is generally very well received. Although we have a few members who submit articles regularly, we would appreciate contributions from other members.

We would also like to use members' photos, paintings and artwork on the cover, but no one sends us their work.?

The Courses and Retreats section is popular and we do not allow Courses and Retreats to be advertised in any other section of Resonance.

The Newsletter is generally accepted as being very informative and keeps members up to date with the Reiki World, especially regulation and what's going on in the office.

The Practitioner Pack for new members has been revised.

Christine Johnston

Treasurer's Report & Statement of Accounts

The accounts for the year 2007-8 have been finalised and a summary of income and expenditure is detailed in this report.

Veronica Fenn

