



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION JULY 2008 - Issue 34

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ANNUAL REVIEW & FESTIVAL 2008

The Annual Review was held on 29 March 2008. The new Management Committee from 1 April 2008 is confirmed as Sylvia Clegg, Sandra Garratt, Robert Jefford, Wendy Liles, Edith Maskell, Joseph Potter, Michael Randell, Doreen Sawyer, John Spillman and Anne Tottingham. No treasurer was elected but Veronica Fenn had previously agreed to continue in the role on a co-opted basis. Christine Johnston has now left the Management Committee and thanks were extended to her for her contribution over the past six years.

Following the Annual Review came the Festival. This year there was a slight change in format. On the Saturday afternoon guest speakers were Barry Tanner of the GRCCT, who spoke about regulation and Penelope Quest, who as always gave an inspiring talk entitled "Living the Reiki Way".

Sunday morning was a change to previous formats, and delegates were able to hear Prof James Oschman speak on the subject of "What Reiki has to offer to modern medicine", followed by a series of workshops in the afternoon.

Our thanks to Dr Robert Jefford, Joe Potter, Atosha Shapland, John Spillman, and Viv Whitehead for offering workshops (both planned and impromptu) over the weekend.

On Saturday evening delegates were able to join in an evening of entertainment, with many members sharing their talent. Thanks to Anne Tottingham for organising this.

Consensus from those who attended was that the current system of offering a two day residential event, with delegates having the option of one day or non residential, was by far the best way forward. The current venue was also considered to be most suitable.

DATES FOR YOUR DIARY!!

One Day Event – Western*
Saturday 6 September 2008 Slimbridge, Gloucestershire

One Day Event – Eastern*
Saturday 4 October 2008 Maldon, Essex

Annual Review & Festival
17-19 April 2009 University of Leicester

* Booking form for one day events included with this mailing, deadline 11 July 2008.

REIKI AWARENESS WEEK 2008

The UK Reiki Federation's Reiki Awareness Week was held 8-14 June 2008. Reports on this will be in the next Resonance magazine.

NATIONAL OCCUPATIONAL STANDARDS

Skills for Health have been commissioned to review the National Occupational Standards for all existing Complementary Therapies, which includes Reiki.

This review is scheduled to take place between March 2008 and end of 2009.

The UK Reiki Federation have been invited to send a representative to the Reference group which will be looking at NOS across a range of therapies. Doreen Sawyer will represent the UKRF on this group.

UNFAIR COMMERCIAL PRACTICES DIRECTIVE

We mentioned in the last newsletter about a new directive which is aimed at protecting consumers.

The Unfair Commercial Practices Directive (UCPD) came in to force on 26 May 2008

The Directive:

- harmonises unfair trading laws in all EU Member States;
- introduces a general prohibition on traders not to treat consumers unfairly. This prohibition is intended to act as safety-net consumer protection legislation.

In particular, the Directive will oblige businesses not to mislead consumers through acts or omissions; or subject them to aggressive commercial practices such as high pressure selling techniques. The Directive also provides additional protections for vulnerable consumers who are often the target of unscrupulous traders.

View the full text of [The Consumer Protection from Unfair Trading Regulations 2008](#) on the Office of Public Sector Information (OPSI) website. www.opsi.gov.uk

We are receiving a lot of calls and emails to the office on this, but our advice remains the same. If you are practising in a professional manner, and not making any false claims, then it is unlikely that this will affect your reiki practice.

If you have any specific concerns about how this affects any aspect of your practice then we would suggest that you contact your own solicitor, or insurance company, for legal advice. The UKRF regrets that it is unable to give legal advice on an individual basis.

A link which members may find useful is www.businesslink.gov.uk/unfairtrading

REIKI REGULATORY WORKING GROUP (RRWG) UPDATE

As previously reported, in late 2007, the RRWG withdrew from discussions with the Federal Working Group (FWG) as it did not consider that the decisions being made would be in the best interests of Reiki practitioners.

Attempts had been made to resolve the issues but this was unsuccessful and at its meeting in January the RRWG formally agreed to withdraw from the group.

A special meeting was held in February to discuss the next step. It was confirmed that the RRWG did not support the recommendations of the Federal Working Group and would not be one of the therapies to be included in the new regulatory group when it is set up. The final name decided for this regulator is the CHNC, which we believe will now be launched in the summer.

At the same meeting the RRWG decided that it would not be following the route for single regulation.

It was decided that the RRWG would evolve into an advisory or lead body for Reiki and would be available to offer advice and guidance on Reiki to any regulatory group.

Although no firm decision was made one way or another, the RRWG had not discounted the other two regulatory options:

a) BCMA VSR Programme

British Complementary Therapies Regulatory Council (BCTRC). This programme has been developed by the BCMA, and initially was for therapies which were not to be covered by the FWG. The administration for the register would be done in the admin office of the BCMA. To be on the BCTRC Register, prospective registrants would first have to join the BCMA at a cost of £20 pa, then an additional £20 for the VSR registration, making total registration fee of £40. We believe this register has yet to be launched.

b) GRCCT (General Regulatory Council for Complementary Therapies)

The GRCCT register became live in October 2007, and had its official launch on 6 June 2008. With the GRCCT each profession has its own Voluntary Self Regulatory (VSR) group (ie lead body such as the RRWG) which feeds into the GRCCT. Each VSR would send a member to sit on its Federal Regulatory Council. The Federal Council is composed of equal numbers of lay and professions, and is chaired by an elected lay chair.

The registration fee is £30 for practitioners who are members of the professional associations such as the UKRF, with £5 for each additional therapy to be registered. The fee for practitioners who were not members of one of the professional associations is £130 as they would need to be vetted in a different way. The GRCCT Website is www.grcct.org

The UK Reiki Federation feels that the GRCCT model would be the most suitable for its members. However, each practitioner should make their own decision as to which is most appropriate for their particular circumstance.

During the year the RRWG has been working on both a Core Curriculum and on Grandparenting options for regulation. Although these documents are still in their developmental stages and may be subject to change, it is hoped that both of these will be finalised and completed at the next meeting in July.

In addition the RRWG is in the process of reviewing its business plan, constitution, CPD guidelines and code of ethics.

Despite misleading press reporting, there is no new legislation that requires any Reiki practitioner to register with a regulator, however the potential regulators for Reiki practitioners who are working with the public have been mentioned above. For those who practise Reiki as a tool for self development only, regulation is not applicable

WHO HAS WHAT ROLE?

Regulator

Regulates the practice of Reiki (and other therapies/disciplines). Currently in the UK we have voluntary self regulation for complementary therapies ie it is not compulsory. It is the person doing the Reiki who is regulated, not the Reiki itself ie it is how they work and their interaction with the public.

The role of the regulatory body is primarily to protect the public in that it gives the public and employers quality assurance that the practitioner's qualifications and/or experience is such that it meets the minimum standard required for professional practice. It also gives the same quality assurance to doctors and all other health care professionals who may use a national register. Registrants will have to be insured and sign up to a CPD Policy (continuing professional development), disciplinary procedures and code of professional conduct and ethics.

Professional Associations

The UK Reiki Federation is one of many professional associations. A professional association's role is to represent its membership, looking after the needs of the professional therapist. A professional body will offer insurance, CPD opportunities, journals or newsletters, support groups, advertising leaflets, conferences etc.

In addition the UKRF receives innumerable enquiries from the public about Reiki, and for requests for names of practitioners and teachers. It helps to promote these through advertising and attendance at exhibitions and conferences.

Regulator or Professional Association? An example of this is the RCN (Royal College of Nursing) which is the professional body and the NMC (Nursing & Midwifery Council) is the regulatory body.

Awarding Body

Sets up and gets approval to run accredited courses. See the following article for further information

IN ANSWER TO YOUR QUESTIONS:

Accrediting Courses

The UK Reiki Federation has at no time indicated that it would become an awarding body, nor that it would be accrediting qualifications. We often have to explain to callers the way in which qualifications are accredited within the UK.

For the benefit of those unfamiliar with the educational system, we would advise that qualifications are normally accredited through the QCA (Qualifications Curriculum Authority), through a specific group called Ofqual ie "Ofqual is the regulator of qualifications, tests and examinations in England".

We have tried over the years to keep our members up to date with how qualifications are developed, but can understand how they may become confused when they see or receive documentation which gives misleading information.

Core Curriculum for Reiki

As mentioned in the RRWG report, the Core Curriculum for Reiki has not yet been finalized. The Core Curriculum is being developed by a sub group of the RRWG, who are making reference to the agreed National Occupational Standards, by reference through the members of the RRWG and by referral to the report on the Consultation with Practitioners. All Reiki practitioners were given the opportunity to send in their comments during the consultation in 2006, either direct via the consultation, or through their own professional body, which many of our members did.

MEMBERSHIP OF OTHER ORGANISATIONS

The UK Reiki Federation has recently agreed membership and support of the following bodies, which we think are beneficial to our membership. Our members are also able to join these organisations in their own right:

Integrated Health Trust

The Apthorp Centre, Weston Road, Bath, BA1 2XT
Tel 0845 890 9131 www.integratedhealthtrust.org

Membership is free. The IHT's main aim is to provide a centre of excellence for integrated medicine in the UK.

British Holistic Medical Association

PO Box 371, Bridgwater TA6 9BG
Tel: 01278 722000 www.bhma.org

The BHMA is an open association of mainstream healthcare professionals, CAM practitioners, and members of the public who want to adopt a more holistic approach in their own life and work.

ADVERTISING OPPORTUNITY FOR MEMBERS

STOP PRESS!!!

THE TIMES

Body and Soul classified

THE TIMES is running a classified advertising Reiki on Saturday 26, July 2008, and we have negotiated some special rate advertising for UKRF members.

The feature will run in The Times' flagship market leading and innovative health supplement – Body & Soul. Body & Soul is published with The Times every Saturday as a 24 page pull out.

The advertising feature will predominantly be on the UK Reiki Federation and The Times are extending an invitation to members of the UKRF to take up the offer of highly discounted rates for advertising in the section.

Your advert will be placed under a UK Reiki Federation banner, where you can showcase the services and products you have to offer to The Times' 1.62 million readers. The banner will include a short write up on the federation before the readers are invited to choose a practitioner in their area – you.

The advertising options are a 3x3cm box for £105+vat (this advert would normally cost £150+vat) OR a 5x6cm box for £295+vat (normal cost £500+vat).

The smaller box can carry around 25 words the bigger box, around three times as much.

3x3cm adverts will be mono (black & white) and can be set by their designers to a specific style if needed. The bigger option can be colour if wanted and can be set by their team of in-house designers or supplied by yourself via pdf.

The deadline for insertion is Friday 21 July, 2008. All bookings must be received by that date and prepaid via Visa, MasterCard or American Express.

Please contact Richard West of The Times directly on richard.west@newsint.co.uk or call 020 7680 6190 if you would like to confirm your interest or have any further questions.

NATIONAL CO-ORDINATION & NETWORKING

We were pleased to host our second annual meeting and were pleased to welcome six of our area representatives to the Kegworth Whitehouse Hotel in Derbyshire. It was a pleasure to meet up with representatives who we had not met before, and there was opportunity to share ideas and experiences.

The team continues to grow and current areas covered are listed below. If no-one is listed for your area and you feel you would like to take on this role, then please contact us at ncn@reikifed.co.uk.

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Representatives will endeavour to contact you by email approximately once a month. If you are not on email then they are able to send their communications in to the office for posting out to you. If you wish to contact your representative but are not on email then you can forward your letters to the office and these will be sent on to the representative. Please let us know if you have not heard from your representative and we will follow this up for you.

LINEAGES

With the advent of Voluntary Self Regulation (VSR) and the requirements thereof, the UKRF have been looking into styles and lineages of Reiki. There are many styles of energy healing which are directed through the practitioner's hands or sent as distant healing which have attached the word Reiki to their name, this does not necessarily make them Reiki.

As we are the UK REIKI Federation we are looking at the styles and lineages that are sent into the office with membership requests/renewals to see if they meet the requirements for VSR.

A Reiki system should be traceable back to Mikao Usui in an unbroken line. This means that even though an originator of a system may be an Usui Reiki Master if s/he originates a new system it is not a Reiki system going back to Mikao Usui and therefore should not be called Reiki. For example Seichim and various derivatives have become known as Reiki, this system was originated by Patrick Zeigler who has stated that this system is not Reiki but is derived from Egyptian healing energy.

In contrast to this there are systems which have Usui Reiki as their basis but have either had further teachings added or are an add on which requires Usui Reiki training in order to be taught the new system, as in Karuna Reiki®.

A legitimate Reiki lineage which follows the western teaching will have at the beginning of the lineage tree:

1. Mikao Usui
2. Chujiro Hyashi
3. Hayawo Takata

All lineages from Mrs. Takata will include one or other of the following 22 masters who were taught by her, George Araki, Dorothy Baba, Ursula Baylow, Rick Bockner, Patrick Bowling, Barbara Brown, Frank Brown, Phyllis Furumoto, Beth Gray, John Gray, Iris Ishikuro, Harry Kuboi, Ethel Lombardi, Barbara McCullough, Mary McFayden, Paul Mitchel, Bethel Phaigh, Shinobu Saito, Virginia Samdahl, Wanja Twan, Barbara Weber Ray and Ka Yamashita.

There are also Japanese lineages which include either Hiroshi Doi or Chiyoko Yamaguchi.

The process of checking and verifying is sometimes protracted in order to be accurate, but it will be done as quickly as possible to cause the least disruption. However we shall be applying the new criteria to all new applications for membership.

Editor: Christine Johnston

Christine will continue her role as Publications Co-Ordinator.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk