

UK REIKI FEDERATION

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ANNUAL REPORT 2008

Presented by the current Management Committee

UK Reiki Federation

As at 1 January 2008 the Management Committee was made up of the following individuals:

Officers: Robert Jefford (Chair), Michael Randell (Vice Chair), Veronica Fenn (Treasurer), Doreen Sawyer (Secretary),

Committee Members: Sylvia Clegg, Sandra Garratt, Christine Johnston, Joe Potter, Anne Tottingham

Our Aims and Objectives as always remain

- to federate individuals who are attuned to Reiki and who practise Reiki;
- to provide advice, support and an information network to the Reiki community, professionals who work with/alongside Reiki and the general public;
- to promote best practice in the delivery of Reiki to the public, and provide a form of recourse, and be part of the world-wide Reiki community;
- to create, maintain and evaluate professional standards of training for practitioners of Reiki;
- to provide information on research and provide education and training to support this;
- to represent a collective voice within the field of Reiki through which to instigate and maintain a dialogue with relevant external agencies;
- to provide details of and promote mutual understanding, communication and good relations between different styles, systems, schools and lineages of Reiki within the UK and internationally.

Chair's & Vice Chair's Report

2006-7 has been characterised by a paradox. Namely an immense amount of work in preparation for what seems like profound and rapid change: whilst at the same time finding that some of our plans take much longer to fulfil than expected. The focus of the RRWG is moving towards the Federal structure and it is important that the UKRF is involved in this process in order to protect the future of our members and of Reiki itself.

Both our membership and finances continue to enjoy a healthy balance. This is attributable in no small measure to the excellent teams and volunteers. On behalf of our membership I would like express gratitude and appreciation to our office and colleges who so tirelessly work and help maintain the professional reputation that the UKRF continues to enjoy.

Through our presence at a number of shows throughout the year and requests from media, newspapers, television, radio etc we continue to expand our profile to both professionals and public alike. This has also lead to forging links with a number of associations and Masters worldwide.

With a strong management team in place and an increase in the number of area representatives we will be able to plan for and offer a number of events to the membership during the year.

The UKRF is not a small team that works silently in the background. The Federation is the membership. With your feedback, comments, suggestions and help we can build a federation that reflects the evolvment and increased professionalism of Reiki.

Robert Jefford

Mike Randell

Secretary's Report

The Administrative office continues to provide support to members and to the public, dealing with a wide range of enquiries on a daily basis. We are pleased to be helped by many members of the Management Committee who provide us with their expertise and support. We would particularly like to thank Sandra Garrett, Andrew Holt, Robert Jefford and Mike Randell, for the back-up given to us, particularly with enquiries of a non-routine nature.

During a typical year the office sends out approximately 10 mailshots, each taking approximately one full working week to administer, and in order to reduce disruption to the office additional help has been taken on. There are three part-time staff who help in the office.

As at 1 January 2008 the membership is made up as follows:

Practitioner Members	1412
Associate Members	164
Affiliate Member Organisations & friends	<u>3</u>
	1579

Membership numbers tend to fluctuate, with many members retiring or leaving private practice, but with many new members joining us on a regular basis. Members are graced with 28 days within which to make their renewal, after which time their details are removed from the listings. The new requirement to provide a copy of lineage has produced a number of concerns to some members, but we try to help with this where we can. The request for lineage was introduced to bring us in line with requirements for national regulation.

Members who are not within the block scheme insurance, and who do not keep the UKRF up to date with copies of their practitioner insurance, will have their names temporarily removed from listings until such time as the documentation is received. We receive many calls from members whose memberships have lapsed where renewals have been mislaid in the post, sometimes due to members moving and not advising the office. Membership certificates are issued to all members, and these clearly indicate the expiry date of membership.

The Management Committee met on four occasions during the year. Treasurer, Veronica Fenn, was co-opted to the Committee in June. The 0870 number used by the UKRF is to be discontinued in early 2008 and we will revert to the main number 01264 791441.

Another successful Annual Review & Festival was held in April 2007. Referrals via the website are now automatically sent when enquirers complete an enquiry form and a standard email is then sent to the practitioner or teacher. More anti-spam techniques have been introduced to reduce the amount of spam received by our members. We still receive a large number of enquiries via the office. The Block Scheme Insurance is to be modified, offering an improved service to our members.

We are very grateful to all those who give so generously of their time for the benefit of UK Reiki Federation members. It should be remembered that these roles are all voluntary. In addition to the area representatives, whose details are given regularly in the newsletters, we would like to thank the following for their invaluable contribution, and to the people who work within their teams:

Archives - Richard Jones	archives@reikifed.co.uk
Clinical Advisor - Sandra Garratt	clinical@reikifed.co.uk
Distance Reiki Network - Anne Tottingham	distance@reikifed.co.uk
Education - Doreen Sawyer	education@reikifed.co.uk
Events - Doreen Sawyer	events@reikifed.co.uk
Legal Advisor - Andrew Holt	legal@reikifed.co.uk
Media & PR - Doreen Sawyer	media@reikifed.co.uk
Merchandise (clothing etc) - Mike Randell	sales@reikifed.co.uk
National Co-ordination and Networking (Area Representation) - Doreen Sawyer & Mike Randell	ncn@reikifed.co.uk
Publications (Resonance Magazine, newsletters, leaflets) - Christine Johnston	publications@reikifed.co.uk
Research, Development & Pioneers - Robert Jefford. Pioneers' Co-ordinator Marressa Keeler.	rdp@reikifed.co.uk
Voluntary Self Regulation & Reiki Regulatory Working Group - Doreen Sawyer	vsr@reikifed.co.uk

We would like to thank the membership for all the messages of support received in the office during the course of the year, and particularly over the Christmas period.

Doreen Sawyer

National Co-ordination & Networking

We now have a record number of area representatives (24) covering 27 areas, which represents over a quarter of the country. We would like to thank all the members of the NCN team for the hard work that they have put into helping to expand and raise the profile of the UK Reiki Federation in the past year. We would also like to thank those representatives who have had to relinquish their role during the last 12 months, for the support that they have given us, and wish them good fortune in the future.

Although we have grown over the last year there is still 75% of the country where the members do not have a local representative, we would be grateful for volunteers to help increase representation in these areas.

During the year we organised two one-day seminars, York and Lambourn. However due to lack of support we had to abandon the York seminar. The Lambourn seminar was held on the 22nd of September and although numbers were low we had a really good time. Talks were given by Robert Jefford, Edith Maskell, Doreen Sawyer and Frans & Brown Stiene. Everyone who attended said that they had enjoyed the day and were looking forward to us organising another one in the future.

Doreen Sawyer & Mike Randell

Education & Training

The main focus for the Education group is within the Sub Group of the RRWG, where Doreen Sawyer has been involved with the development of the proposed Core Curriculum for Reiki, which is to work alongside the National Occupational Standards for Reiki which were approved in 2006. The Core Curriculum, at the time of writing, has not yet been finalised. At the present time there are no qualifications matched to the new NOS.

A talk was given at the one-day regional conference held in Lambourn with an introduction to the National Occupational Standards for Reiki.

The UKRF guidelines are that 15 hours of CPD are completed in a year, and we circulate a list of possible courses with the Resonance magazine. Members are advised to keep a record of possible CPD activities, for future reference, and detailed information has been regularly included in the newsletters.

Doreen Sawyer

Voluntary Self Regulation (RRWG)

The Reiki Regulatory Working Group met on seven occasions during the year. The UK Reiki Federation is represented by Robert Jefford, Michael Randell and Doreen Sawyer, who is also representative on the sub groups for Education and Grand parenting. In December Doreen Sawyer stepped down as RRWG Secretary.

During 2007 the RRWG has been part of a group looking at a federal (ie multi-therapy) approach to self-regulation. This has been called the Federal Working Group and is held under the auspices of the Prince's Foundation for Integrated Health. The RRWG was excluded from the September and October meetings and therefore unable to input its views directly at this key time. The RRWG had a number of concerns with what was being proposed and following an emergency meeting, sent a letter detailing these to the Prince's Foundation to Integrated Health and to the Federal Working Group. The concerns were posted on the RRWG website.

The response to the concerns did not satisfy the RRWG that the proposed FWG model would be in the interests of Reiki practitioners and it was decided in November to withdraw from the FWG. The RRWG has been considering various other options, including the model proposed by the GRCCT. At the time of preparation of this report no firm decision has been made by the RRWG.

Following on from the 2006 Roadshows, a consultation document was prepared which summarised the feedback from the consultation, the findings from which were used to inform decisions made regarding the regulatory process.

A report on the Systematic Review of Reiki Research is to be published in early 2008.

A Business Plan covering the regulatory process was developed, which covers all aspects of regulation. Other topics have included a discussion about the description of Reiki, Reiki and Massage, as well as those included as part of the Business Plan. Copies of minutes of RRWG meetings can be found at www.reikiregulation.org.uk.

Doreen Sawyer

Publications

We have had some wonderfully positive feedback from Resonance, and would like to thank all those who have contributed. We would like more contributors however, as we tend to get a small selection of regular contributors and would like to encourage more. We would also like to know of any artists or photographers amongst our membership as we prefer to use members' work for the covers.

Our thanks also to Anne Tottingham, who deals with all the orders for leaflets from our members.

Christine Johnston

PR/Media

The Annual Review & Festival was held in Leicester in April 2007. In late 2007 a consultation was carried out with membership as to their preferences for the Annual Review. The feedback will be used to make decisions on future Annual Reviews.

A one-day event was held in Lambourn in September, when we were pleased to include Frans & Bronwen Stiene from the International House of Reiki as speakers; the venue was superb and the talks informative. Sadly the event scheduled to be held in York had to be cancelled due to lack of support. The Holistic Health Exhibition held at Donington Park in the Midlands during October was again very successful and the team raised a substantial sum of money for a local children's charity.

The UKRF has an entry in the CAM Directory, and has used other advertising media throughout the year.

Doreen Sawyer

Research, Development & Pioneers

The Research, Development & Pioneers team have had a busy and successful year and the team had the opportunity to re-visit its aims and objectives with a view to restructuring the service it offers. A set of aims and objectives are now being used and provide a structure in which to take the RDP forward. They are clearly a work in progress and will be regularly reviewed and amended accordingly.

The team intends to collate and update both existing and new resources to make it easier for members to access data that reflects good practice within the Reiki community.

The guidelines produced earlier this year have proved to be very successful and it is hoped similar publications can be produced in the New Year.

While the service is under review the general aim will be to continue to provide an efficient and effective service to both members and non-members around the world. It is an exciting time and it is hoped that the team will be able to draw on the expertise of the pioneer members in order to draw up protocols reflecting how Reiki has been integrated into healthcare environments and how it is successfully working alongside orthodox medicine.

We would particularly like to thank Marressa Keeler and Sandra Garratt for their input within the team.

Robert Jefford

Treasurer's Report & Statement of Accounts

The accounts for the year 2006-7 have been finalised and a summary of income and expenditure is detailed in this report.

Veronica Fenn

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31 MARCH 2007

	2006		2007	
	£	£	£	£
Income				
Subscriptions	50,210		75,765	
Donations	841		1,390	
Literature and Publications	1,114		1,386	
Merchandise	452		402	
Events	31		573	
Advertising	<u>295</u>		<u>1,372</u>	
		52,943		81,088
Other Income				
Festival			2,985	
Web	990		1,510	
Balens	871		1,187	
Other Income	<u>60</u>		<u>22</u>	
		1,921		5,704
Other Income				
Interest received	<u>265</u>		<u>262</u>	
		<u>265</u>		<u>262</u>
TOTAL INCOME		55,129		87,054
Expenditure				
Purchases	180		330	
Insurance	1,147		1,069	
Light and Heat	320		656	
Telephone	911		1,017	
Printing, Postage and Stationary	8,616		15,383	
Advertising	465		758	
Travel and Subsistence	2,493		3,715	
Computer Costs	6,378		8,706	
Sundry Expenses	1,404		2,181	
Festival and Exhibition	3,193		7,728	
Meeting Costs	849		1,022	
Administration	19,589		28,621	
Accountancy and Audit	5,724		3,105	
Legal and Professional Fees	-		479	
Premises			2,617	
Depreciation of tangible fixed assets				
Plant and Machinery	122		103	
Fixtures and Fittings	75		56	
Computer Equipment	<u>435</u>		<u>326</u>	
		51,902		77,872

EXCESS OF INCOME OVER EXPENDITURE: £ 3,227

£ 9,182