

UK REIKI FEDERATION

Member of The Emerging Regulatory Body for the Profession of Reiki
PO Box 71, Andover, SP11 9WQ telephone: 0870 850 2209 email: enquiry@reikifed.co.uk website: www.reikifed.co.uk



ANNUAL REPORT 2007

UK Reiki Federation

As at 1 January 2007 the Management Committee was made up of the following individuals:

Officers: Robert Jefford (Chair), Michael Randell (Vice Chair), Doreen Sawyer (Secretary & Treasurer), **Committee Members:** Sandra Garratt, Andrew Holt, Christine Johnston, Anne Tottingham

Our Aims and Objectives remain

- to federate individuals who are attuned to Reiki and who practise Reiki;
- to provide advice, support and an information network to the Reiki community, professionals who work with/alongside Reiki and the general public;
- to promote best practice in the delivery of Reiki to the public, and provide a form of recourse, and be part of the world-wide Reiki community;
- to create, maintain and evaluate professional standards of training for practitioners of Reiki;
- to carry out research and provide education and training to support this;
- to represent a collective voice within the field of Reiki through which to instigate and maintain a dialogue with relevant external agencies;
- to provide details of and promote mutual understanding, communication and good relations between different styles, systems, schools and lineages of Reiki within the UK and internationally.

Chair's Report

Firstly I would like to thank the Management Committee for their indefatigable efforts on behalf of the UK Reiki Federation, and also all others who work tremendously hard on a voluntary basis on its behalf. In particular, I would like to thank the Area Representatives who provide a local contact in many areas. Thanks also to the hundreds of you who send messages of thanks to the office throughout the year, these are very encouraging to all of us. The continuing commitment and selflessness of our volunteers is inspiring in itself, for without their dedication the UKRF could not fulfil its function. I would like to thank each one of our members for their contribution towards the UKRF, the positive energies received and the continuing support.

Our administrative office continues to serve as a point of reference, not only for our membership, but for the many members of the public who contact us on a daily basis for names of practitioners and teachers, and also for general advice. The team works very hard on our behalf and I would like to thank them all for their efforts.

The National Co-ordination and Networking team continues to flourish, with many new representatives coming on board. I would like to thank those who have supported the team, but have had to step down during the course of the year, for their contribution. It is hoped to organise more regional events in the coming year.

Members have expressed their congratulations on many occasions for both the Resonance magazines and newsletters, and I would like to thank Christine Johnston for her work with both publications. In addition our Client Patient leaflets continue to be popular with our membership.

I would like to welcome on board, Sandra Garratt, who has taken on the role of Clinical Adviser, and who is providing an excellent service to our membership answering questions on both clinical and NHS-related issues. I thank her for her valued contribution.

The PR/Media team have continued to provide the "face of the UKRF" at events throughout the year, resulting in more awareness of what we do and a surge of enquiries for referrals and for memberships. I would like to thank the team for their work at the various events, and for the ongoing promotion of the UKRF, which contributes significantly to its success.

The Research, Development & Pioneers team is progressing, with a large number of "subject specialists" coming on board. I would like to thank Marressa Keeler, who continues to co-ordinate the Pioneers, and in liaison with our Clinical Adviser, is able to provide valuable information to the many enquiries received.

The Distance Healing network is reforming after a change of co-ordinator, and Anne Tottingham would be delighted to hear from anyone wishing to join the team of those who send distant healing. Thanks to Anne for taking on as co-ordinator.

There have been many concerns regarding Voluntary Self Regulation, and the UKRF has been pleased to be able to explain and clarify any concerns which members have had, in particular with regards to the recent RRWG Consultation. We will continue to be represented on the RRWG, working towards a model which will most suit our membership.

The Federation has had a very successful year, and it has been a pleasure to represent you as your Chair. We move into the next year, in a spirit of high energy, inclusivity that centres on respect for the variety of views that abound within the Reiki community, while remaining true to the essence of Reiki and upholding the highest standards of excellence in its practice.

May I wish you joy, peace and happiness in your Reiki journey

Dr Robert Jefford

Secretary's Report

The Administrative office of the UKRF has expanded and now has an additional complement of five part time staff, who work a total of 27 hours between them. Four of these are employed by Doreen Sawyer, the fifth is a volunteer member of the UKRF. The UKRF is an organisation run by members, for members and we would like to acknowledge the tremendous amount of work put in on a voluntary basis by the few, for the benefit of many.

During a typical year the office sends out approximately 10 mailshots, each of which takes a full week to administer.

As at 1 January 2007 the membership is made up as follows:

Practitioner Members	1408
Associate Members	207
Affiliate Member Organisations & friends	<u>9</u>
	1624

For administrative reasons, the membership numbers have changed and the alphabetical prefix has now moved to the end of the number as a suffix.

The Management Committee met on five occasions during the year. Apart from discussions regarding the day-to-day running of the Federation, other topics have included the Constitution, Publications, setting up of CPD listings, Styles of Reiki (including lineages), Advertising and Exhibitions, Merchandising, Research Development & Pioneers, Finance, Website upgrades. The Constitution has been reviewed during the year and the revised version will be put to the membership at the Annual Review.

Doreen Sawyer

National Co-ordination & Networking

The number of area representatives continues to grow and we would like to acknowledge the work done by all members of the NCN team throughout the UK. We would also like to thank those Area Representatives who have had to step down during the course of the year, and to thank them for the support they have given. There are some areas within the UK where there are a large number of members, and no representative, and it would be encouraging for members to volunteer to act as representatives in these areas.

A meeting of the Area Representatives in February provided opportunity for networking, and for sharing ideas; it is hoped to build on this network for the benefit of our membership. With more support from membership we also aim to organise more regional events.

Doreen Sawyer & Mike Randell

Education & Training

Members of the Education team have been involved both with the NOS working party and the Education and CPD sub groups of the RRWG who worked on the consultation documents for proposed regulation.

The UKRF has set up a listing of possible CPD courses which are circulated twice a year to members, and are sent out to all new members. UKRF members are able to include their courses on this listing for £50 per annum.

Doreen Sawyer

Voluntary Self Regulation (RRWG)

The Reiki Regulatory Working Group met on five occasions during the year. The UK Reiki Federation is represented by Robert Jefford, Michael Randell and Doreen Sawyer, with representation also on many of the sub groups. We would like to thank Christianne Wyke for her contribution to the Codes of Ethics sub group of the RRWG. During the year Doreen Sawyer relinquished the role of RRWG Treasurer, and is now the Secretary.

A roadshow was held to support the RRWG's consultation on their proposals for voluntary self regulation, which included Codes of Ethics, Education & Accreditation, CPD. The results of feedback should be available in the Spring.

Topics which have been discussed during the meetings have mainly focussed on Regulation, Codes of Ethics, CPD and Education & Accreditation. The RRWG has accepted an offer from the Prince of Wales' Foundation to become involved with the Federal Working Group, and an RRWG representative attends FWG meetings. Copies of minutes of RRWG meetings can be found at www.reikiregulation.org.uk.

Doreen Sawyer

PR/Media

During the year the Federation attended three separate events. The Holistic Health Exhibition held at Donington Park, in the Midlands during October was again very successful and the team raised a substantial sum of money for the Padley charity. The Federation had representation at the Complementary & Natural Healthcare Expo, Excel in October, and the Federation's Chair, Dr Robert Jefford, was invited to present a lecture at this event. UKRF representatives also spent time with Tadao Yamaguchi, founder of Jikiden Reiki. Finally the

Federation attended the British Complementary Medical Association annual conference, which provided opportunity for networking with both NHS personnel and complementary therapists. We would like to thank all those members who came and helped at these events. We would like to hear from individuals with journalistic or marketing expertise, who would like to become involved with the Media aspect.

Doreen Sawyer

Treasurer's Report & Statement of Accounts

The accounts for the year 2005-6 have been finalised and a summary of income and expenditure is detailed in this report. The accounting period has changed to year end March rather than June, leaving a 9 month accounting period for the year 2005-6. Accounts will be available for inspection at the Annual Review. Accounts have been produced by Karen Potts, Chartered Accountant.

Doreen Sawyer

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2006

	2005		2006	
	£	£	£	£
Income				
Subscriptions	57,535		50,210	
Donations	1,244		841	
Literature & publications	1,655		1,114	
Merchandise	1,618		452	
Events	4,908		31	
Advertising	<u>350</u>		<u>295</u>	
		67,310		52,943
Other income				
Festival income	536		-	
Web income	330		990	
Balans income	596		871	
Other income	<u>123</u>		<u>60</u>	
		1,585		1,921
Other income				
Interest receivable			<u>265</u>	
				265
TOTAL INCOME		<u>68,895</u>		<u>55,129</u>
Expenditure				
Purchases	695		180	
Insurance	1,218		1,147	
Light and heat	600		320	
Telephone	1,109		911	
Printing, post and stationery	12,741		8,616	
Advertising	1,475		465	
Travel & subsistence	2,642		2,493	
Computer costs	8,954		6,378	
Sundry expenses	626		1,404	
Festival & exhibition expenses	5,740		3,193	
Meeting costs	559		849	
Administration	26,616		19,589	
Accountancy & audit	1,500		5,724	
Legal and professional fees	118		-	
Depreciation of tangible fixed assets				
Plant and machinery	138		122	
Fixtures and fittings	133		75	
Computer equipment	<u>45</u>		<u>435</u>	
		<u>64,909</u>		<u>51,902</u>
EXCESS OF INCOME OVER EXPENDITURE		<u>3,986</u>		<u>3,227</u>

This Annual Report is presented by the current Management Committee