



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION SEPTEMBER 2007 - Issue 32

PO Box 71, Andover, Hants. SP11 9WQ Tel: 01264 791441 enquiry@reikifed.co.uk www.reikifed.co.uk

CONTACT INFORMATION:

We would remind you that the UK Reiki Federation's contact details are:

PO Box 71
Andover
SP11 9WQ

In addition, in view of changes with 0870 numbers at the end of the year, we will be reverting to our landline telephone number of **01264 791441**

We would like to reassure members that the old PO Box 1785 address quoted on some of the leaflets will continue to be in existence for a number of years and any mail sent to the old address will be collected on a weekly basis. The address has been changed for administrative purposes and mail sent to the new address will be delivered to the office daily, therefore, please use the new address

MEMBERS BEWARE!

We must remind members again that we do not, under any circumstances, issue a copy of our database to third parties, and certainly not for marketing purposes.

However, you must remember that once your name is on the practitioner listings and subsequently placed on the website, it is then in the public domain and anyone, including unscrupulous organisations wishing to increase their marketing potential, can access your details. We have made changes to our website listings so that it is now more difficult for email addresses to be extracted, and although it is more secure, it is still possible for those with the necessary software to access your details.

Types of promotions which have been notified to us, with the organisation generally introducing themselves as having got your details from the UKRF (ie they don't say they took your details from the website), include:

- Asking you to join a data protection register. The only data protection register you need to join, if any, is the official one through the official Data Protection Registry – not through a private organisation. The fee is in the region of £35, not the excessive amounts quoted in some marketing material. The website for the Data Protection Registrar is through the Information Commissioner's Office at www.ico.gov.uk or tel 01625 545740
- Asking you to advertise in places such as a doctor's surgery, implying that this is supported by the NHS. This type of advertising is very common and rarely supported by the NHS, in fact it is often a money earner for the practice.

- Asking you to advertise in publications which give the impression, again, that they are supported by the NHS.

There are many bona fida organisations around, but it is unlikely at this stage that the NHS is providing support for this type of advertising.

INFORMATION ON EVENTS

We send out information on events, and ask for responses by set times for a reason – mainly that we need to confirm a booking and attendances. We very often find that we send out information and then receive telephone calls or emails asking if people can attend many weeks after a deadline.

We have recently trialled two one-day events, and sadly responses were very slow and resulted in cancellation of one of them, which was very disappointing, especially when we later received enquiries for the cancelled event which may have resulted in a different outcome.

Information about events, for which you need to book, is usually sent out as a separate information sheet with a main mailing. We receive many calls from individuals asking for information on events, which is sad when we know that the information was in an earlier mailing.

Please help us and read any enclosures received with Resonance or Newsletters more carefully before recycling, this would save a lot of time, effort and paper wastage.

Thank you

ONE OR TWO DAY EVENTS?

Historically the Annual Review and Festival has been held over one day (in the first year) and over two days (in subsequent years). Attendance has not been particularly good, although the faithful few return again and again. We have had innumerable discussions about whether there should be one day or two day events, about location, cost etc. We have subsidised events, we have consulted membership previously about location, we have trialled one day events, and staged events in different parts of the country, and still the response is far from encouraging.

We are, therefore, with this mailing, enclosing a short questionnaire, which gives you the opportunity to give your feedback on all aspects of the events we offer.

We appreciate that there are many reasons why individuals choose to join the UKRF, and that not everyone is interested in attending special events. However, we would appreciate comments from all members on this topic.

REGULATION

At the present time the regulatory process is going through major discussions, mainly focused around the Federal Working Group (FWG), which is the working group set up by the Prince's Foundation for Integrated Health with the aim of incorporating several different therapies under one banner for regulatory purposes. The process is slow, but very demanding on those involved, and the RRWG representative on the FWG, Edith Maskell, has worked extremely hard on behalf of Reiki practitioners. Please see report under the PFIH entry.

Within the RRWG group itself there has been discussion about a number of topics which feed into the regulatory process, including Constitution, Grandparenting (ie how to get on the register if already qualified and practising), provision of a Core Curriculum for Reiki (which links in with the Reiki National Occupational Standards which were approved by the Qualifications Curriculum Authority in February 2006).

Of even more significance for many, is the feedback on the Consultation which took place last year. There was an initial delay as the independent analyst who was to look at the feedback was out of the country for a few months, however, the work is now being finalised and the report will be presented to the RRWG at the September meeting.

The RRWG Independent Chair, Anthony Perry, continues to do a fantastic job and he, together with all RRWG representatives should be congratulated on the progress being made.

As always, members can access the RRWG website at www.reikiregulation.org.uk for copies of approved minutes, and other general information which may be given.

RRWG SUPPORT

Are you local to the Andover Office? If you have free time and would like to offer to carry out basic clerical tasks for the RRWG Secretary – mainly filing and recording of information – please contact Doreen Sawyer on rrwgsecretary@manteia.co.uk

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

We are continually being asked whether you need to submit a list of your CPD activities to us. The UKRF made a positive decision a few years ago, that we would not ask for proven CPD until the regulatory process was confirmed; it was felt inappropriate to ask for a CPD list which may or may not correspond to a list which would later be required for regulatory purposes.

Although we have given this information before, we felt it may be helpful for newer members if it was included again:

Professionals in most industries are required to take part in continuing professional development (CPD) and we as Reiki practitioners should be no exception to this. CPD will be part of the consultation document for the RRWG but it is the Federation's view that you should be starting your CPD now, if not already doing so.

CPD should not be seen as a chore. It is part of your self-development and you may find out you are actually doing it already! CPD allows you to maintain and build on your skills and knowledge. Hopefully it will encourage you to try new ways of working leading to improvements in terms of efficiency and/or quality.

CPD can be achieved in many ways:

Attending courses

Mentoring

Job shadowing

Study

Distance learning

Research

Collaborative working

Attendance at Reiki Shares

To name but a few. CPD must be accompanied by reflection to be effective. Before undertaking CPD in any form you should set yourself learning objectives. Afterwards you should reflect on the experience and how it has contributed to your self development. You should be able to use the experience to either reinforce your current practices or to introduce changes.

As a result of consultation with our membership in 2004, the UKRF recommended CPD for practitioner members should be 15 hours per annum, until such time as a regulatory body makes alternative recommendations.

Ideally you should record these to maintain a record of your CPD both for your own use but also to provide proof that it has been undertaken. We would suggest that you start to keep a file of activities you have undertaken which could be considered for CPD. Another point to consider is that it is not just the "number of hours" that you do, more the "quality" of what you do.

It is important for you to understand that CPD does not include your Level 1, 2, 3 or Teacher Training for Reiki, those are considered as your "core" training qualifications. However, any activity you undertake after you have reached practitioner or teacher level may then be considered, ie retreats, energy workshops, alternative styles of Reiki, therapies which will complement your Reiki, business practice etc. Attendance at Reiki Shares, work done on behalf of the UKRF and assisting with its development may all be considered.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk

VOLUNTEERS NEEDED!

We would be interested in hearing from members who have the time and would be interested in taking on either of the following roles:

Website – someone to monitor the various pages of the website to check that they are up to date and relevant. This person would liaise with appropriate persons for up to date content etc.

Advertising & Editorials – someone who would be interested in looking after the UKRF's advertising and editorial tasks. This could be someone who is able to write about the UKRF and its benefits, or who is able to obtain relevant copy from appropriate sources.

Interested in either of the above, please contact Doreen Sawyer on enquiry@reikifed.co.uk.

NATIONAL CO-ORDINATION & NETWORKING

Once again we are able to welcome new area representatives on board, and thank them for volunteering as local contacts for Reiki practitioners in their particular area.

Helen Avraam, former Cheshire representative, has stepped down in order to spend time with her young son. Thanks to Helen for her efforts in the past. If anyone is interested in taking on this role please contact us.

We would remind everyone that the NCN team work on a voluntary basis and receive no remuneration for the work they do. It is therefore, sad, when we receive feedback from them saying that members have been far from polite in their communications. Area representatives will contact you via email, or by letter through the admin office. If you do not wish to receive communications from them please simply let them know and they will refrain from contacting you.

For the few who do make contact, we encourage the friendship that you will receive via the networking. This is not restricted to your area only, as your area representative is able to make contact with other areas, where appropriate to do so. There is no reason why local areas should not get together and arrange regional events.

Area representatives are there to provide a local contact for the UKRF, to provide support where they can, or to refer on where necessary. They can be used to share information on Reiki related events, and may be able to organise events in their own locality. Please note that the representatives are not there to promote non Reiki or UKRF related events.

Many of our area representatives work tirelessly for the UKRF and we acknowledge and thank them for their input. If you have a representative listed and have not received any communication from them recently, then please email them direct or let us know in the admin office and we will forward on your message.

If there is an area which is not covered by an area representative, and you would like to take on this role, then please contact us at ncn@reikifed.co.uk

Rep	County/area	Contact Email
Elizabeth Harley	Aberdeenshire	elizabeth@reikittraining.org.uk
Jacqueline Gayle	Bedfordshire	relax@time2heal.co.uk
Andrea Detchon	Berkshire	andreadetch@yahoo.co.uk
Jeannette Cavey	Cambridgeshire	reikifreespirit@yahoo.com
Laura Barbour	Devon	reikilaura16@hotmail.com
Ralph Trevor Martin	Down	trevor.martin@zetnet.co.uk
Linda Cowan	Fife	linda@linda4reiki.co.uk
Daphne Brown	Hampshire	dapbro@browski.freemove.co.uk
Wendy Liles	Lincolnshire	wendyliles@btinternet.com
Michelle Kurth	London	reiki.turquoise@hotmail.co.uk
Michael Fothergill	Northumberland	callreiki4u@yahoo.co.uk
Lyn Haworth	Perth & Kinross	lynhaworth@btinternet.com
Sally Edwards	Somerset	cherryblo1300060@aol.com
Nicola Webb	South Glos	info@peacewhispers.co.uk
Wayne Noakes	Suffolk	wayne.4@ntlworld.com
Sandra Garratt	Surrey	bsandra545@aol.com
Anne Tottingham	Wiltshire	terryannetott@madasafish.com

ANNUAL REVIEW AND FESTIVAL

A further reminder that the 2008 Annual Review and Festival will be held at the University of Leicester on the weekend of 29/30 March 2008. Details will be sent out later this year.

RRWG SUPPORT

Are you local to the Andover Office? If you have free time and would like to offer to carry out basic clerical tasks for the RRWG Secretary – mainly filing and recording of information – please contact Doreen Sawyer on rrwgsecretary@manteia.co.uk

PRINCE'S FOUNDATION FOR INTEGRATED HEALTH (PFIH)

FWG Update

The Federal working Group held its 7th meeting on 25 July 2007.

The work of the FWG continues with an eye firmly on the timetable, particularly as the 9th and final meeting is scheduled for the end of September.

Discussion focused primarily on the further development of the structural model of the proposed regulator, as there had been recent suggestions made by some FWG members concerning the possibility of changing some of the structure that had previously been agreed by the FWG.

The proposed changes were discussed fully, as were variations to the model that had been developed thus far. The propositions were incorporated into a model which the FWG project manager was requested to put into flow chart form, together with associated suggestions concerning areas of responsibility and procedural matters, all of which is now for further consideration before final decision by the FWG.

It was also agreed that two sub-groups be formed to work on the areas of Complaints & Fitness to Practice and Finance & Legal structure.

There were no meetings of the FWG in August although work will continue during this time, including the work of the two sub-groups.

The penultimate meeting of the FWG is on the 4 September 2007

Outcomes of GMC seminar on Trust, Assurance and Safety

The General Medical Council hosted a seminar on 16 July 2007 which discussed the Council's role in taking forward the workstreams outlined in the white paper, 'Trust Assurance and Safety'. The event was aimed at senior representatives from organisations with an interest in the delivery and regulation of healthcare.

Outputs from the seminar, including speeches and presentations, can be downloaded here: http://www.gmc-uk.org/about/reform/white_paper.asp

£100 million to be invested in skills

Skills for Health has signed a multi-million pound joint investment deal securing up to £100m of additional funds annually to tackle skills gaps and shortages in healthcare staff, and ensure that patients receive the best possible care.

The Joint Investment Framework is a rolling three-year agreement between the Strategic Health Authorities, the Learning and Skills Council, and Skills for Health.

<http://www.skillsforhealth.org.uk/page/about-us/news-articles/100-million-investment-in-skills>

Consultation - Offences that will lead to automatic barring

A twelve week consultation has been opened to assess barring policy and processes, under the new vetting and barring scheme to be introduced by the Safeguarding Vulnerable Groups Act 2006.

The consultation, which will run until 14 September 2007, seeks views on the list of offences which should result in people being automatically barred from working with children and vulnerable people.

To read the full document and respond, visit:

<http://www.dfes.gov.uk/consultations/conDetails.cfm?consultationId=1476>

NICE Annual conference

NICE are holding their annual conference 'NICE 2007: Evidence into practice', on 5-6 December at Manchester Central.

The conference will address how NICE uses expert advice and evidence to develop guidance and will offer practical and realistic examples of the best ways to turn NICE guidance into reality.

Find out more at:

www.nice2007.co.uk

FORTHCOMING EVENTS

The UK Reiki Federation will again be present at the forthcoming Holistic Health exhibition to be held on Sunday 30 September and Monday 1 October 2007 at Donington Park, East Midlands. Information and free entry leaflet is included with this mailing. Come along and visit us on stand C18 in the Training Village.

One Day Conference (Southern)

As notified in our June mailing, the one day conference on 22 September 2007 is to be held in Lambourn, Berkshire.

We are delighted that Frans & Bronwen Stiene, founders of the International House of Reiki in Australia and internationally acclaimed authors of several Reiki books, have now confirmed their attendance and will be talking about "Reiki Cosmology"; in addition, Dr Robert Jefford, Chair of the UK Reiki Federation, who himself has over a half century of Reiki expertise, will be giving a talk on "The Three Pillars of Reiki".

Those who have booked for this event are assured of an interesting day, and in such superb surroundings. If you did not respond to the earlier mailing we regret that we are unable to take any further bookings now.

Editor: Christine Johnston

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk