



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION MAY 2007 - Issue 31

PO Box 71, Andover, Hants. SP11 9WQ Tel: 0870 850 2209 enquiry@reikifed.co.uk www.reikifed.co.uk

CHANGE OF POSTAL ADDRESS

The postal address of the UK Reiki Federation admin office has changed to:

PO Box 71, Andover, SP11 9WQ

Please note and amend your records accordingly. Telephone and email remain unchanged.

MESSAGE FROM THE CHAIR

2006-7 has been characterised by a paradox. Namely an immense amount of work in preparation for what seems like profound and rapid change: whilst at the same time finding that some of our plans take much longer to fulfil than expected.

I would like to welcome Sylvia Clegg, Sandra Garratt and Joe Potter to the Management Committee, and to thank the existing members for the work they have put in over the last year.

The focus of the RRWG is moving towards the Federal structure and it is important that the UKRF is involved in this process in order to protect the future of our members and of Reiki itself.

Both our membership and finances continue to enjoy a healthy balance. This is attributable in no small measure to the excellent teams and volunteers. On behalf of our membership I would like express gratitude and appreciation to our office and colleagues who so tirelessly work and help maintain the professional reputation that the UKRF continues to enjoy.

Through our presence at a number of shows throughout the year and requests from media, newspapers, television, radio etc we continue to expand our profile to both professionals and public alike. This has also led to forging links with a number of associations and Masters worldwide.

With a strong management team in place and an increase in the number of area representatives we

will be able to plan for, and offer a number of events to the membership during the year.

The UKRF is not a small team that works silently in the background. The Federation is the membership. With your feedback, comments, suggestions and help we can build a federation that reflects the evolution and increased professionalism of Reiki.

Robert Jefford

REGULATION OF HEALTH PROFESSIONALS

Please find below a link to the white paper published in February entitled 'Trust, Assurance & Safety - The Regulation of Health Professionals in the 21st Century'.

<http://www.dh.gov.uk/assetRoot/04/14/31/43/04143143.pdf>

The paper sets out how the Department of Health intends to reform and modernise the system of professional regulation. The paper signals a move towards a more robust regulatory system. Some of the key changes include:

- measures to make regulators more independent, such as the appointment of council members, professional members no longer forming the majority of these councils and an independent adjudicator for doctors;
- measures to ensure healthcare professionals are objectively revalidated throughout their career and remain up to date with clinical best practice;
- the creation of GMC Affiliates to help deal with more cases concerning doctors at a local level and to ensure independent oversight of aspects of revalidation;
- changing the standard of proof used in fitness to practise cases from the criminal standard to the civil standard with a sliding scale; and
- moving towards a more rehabilitative approach to regulation, with the development of a comprehensive strategy

for prevention, treatment and rehabilitation services for all health professionals. (Source:

- http://www.dh.gov.uk/PolicyAndGuidance/HumanResourcesAndTraining/ModernisingProfessionalRegulation/ProfessionalRegulationArticle/fs/en?CONTENT_ID=4143144&chk=p8XvWG).

VETTING AND BARRING SCHEME

Arrangements for a new "Vetting and Barring Scheme" are to be introduced for the protection of children and vulnerable adults. The new arrangements are likely to apply to many more people than is the currently the case, specifically those working in 'regulated activities'. The new scheme is still being developed and is due to be rolled out from Autumn 2008.

The New Vetting and Barring Scheme

The Safeguarding Vulnerable Groups Bill received Royal Assent on 8th November 2006. The overriding aim of the new scheme will be to help avoid harm, or risk of harm, to children and vulnerable adults. It aims to do this by preventing those who are deemed unsuitable to work with children and vulnerable adults from gaining access to them through their work.

The Safeguarding Vulnerable Groups Act does not make a distinction between paid and unpaid work, but it makes a distinction between regulated and controlled activity.

The new Vetting and Barring Scheme is due to be introduced in a phased roll-out from **autumn 2008**. In the meantime, the DfES, DH and Home Office will consult widely to help inform the Regulations and to prepare the launch of the new Scheme and the Independent Barring Board.

Further information about the scheme, including a "Vetting and Barring Scheme Overview" and a sign-up for updates, is available online at: <http://www.everychildmatters.gov.uk/socialcare/safeguarding/vettingandbarring/>

What is a regulated activity?

- Any activity which involves contact with children or vulnerable adults and is of a specified nature (eg teaching, training, care, supervision, advice, treatment or transport), frequently*, intensively* and/or overnight.
- Any activity allowing contact with children or vulnerable adults and is in a specified place (eg schools, care homes, etc), frequently* or intensively*.
- Fostering and childcare.
- Certain defined positions of responsibility (eg school governor, director of social services, trustees of certain charities).

**Regulated activity applies where the activity is frequent, or satisfies a period condition of taking place on three or more days in a 30 day period (referred to above as "intensively").*

Employers taking on an individual in a regulated activity will commit a criminal offence if they fail to check the status of an applicant, employee, or volunteer. It will also be an offence for employers/providers to permit a barred individual to work for any length of time (no matter how infrequent) in regulated activity.

Controlled activity includes;

- Support work in general health, NHS, FE settings (e.g. cleaner, caretaker, shop worker, catering staff, car park attendant, receptionist);
- Those working for specified organisations (e.g. a Local Authority) with frequent access to sensitive records about children; and
- Support work in adult social care settings (e.g. day centre cleaners, those with access to health records).

Regulations will make it mandatory to check the status of individuals in controlled activity. But, providing sufficient safeguards are put in place, the provider can permit a barred person to work in controlled activity.

Duties and responsibilities under regulated activity:

- A barred individual must not undertake regulated activity.
- To undertake regulated activity the individual must be a member of the Vetting and Barring Scheme.
- An employer must not engage in regulated activity a barred person or a person who is not a member of the Scheme.
- An **employer** must check that an employee in regulated activity is a member of the Scheme.
- No distinction is made between paid and voluntary work.
- Personal and family relationships are not covered.

Self-employed

Self-employed people working in regulated or controlled activities will be able to apply to become members of the Scheme.

The Safeguarding Vulnerable Groups Act entitles those employing people to work with children or vulnerable adults in domestic arrangements (eg nannies and care workers) to check the applicant's status in the Vetting and Barring Scheme.

[It is likely that a similar arrangement will apply to clients of self-employed health practitioners, as teaching, training, care, supervision, advice and treatment are regulated activities]. The individual must have previously applied to be vetted by the Scheme and consent to the check.

How it will work

The Independent Barring Board (IBB) will be established to work closely with the Criminal

Records Bureau (CRB) to deliver the new service. The CRB will provide the administrative arm to the IBB, by developing and delivering the end-to-end administration and application processes which will support the IBB's primary function of making vetting and barring decisions.

The **Independent Barring Board** will:

- Maintain the barred lists and decide to include individuals on the barred lists.
- Consider representations.
- Comprise a balance of different expertise.

The **Criminal Records Bureau** will:

- Receive applications to the scheme.
- Gather and monitor information for the IBB.
- Administer automatic inclusions on the list and cases where there is no information.
- Provide the facility for online checks and continuous updates.

Time Table for implementation

Royal Assent of the Safeguarding Vulnerable Groups Act - November 2006

Home Office implementation - from January 2007

Open information sessions in various cities - from February 2007

Consultation on secondary legislation - to start Spring 2007

Independent Barring Board Chair in post - Spring 2007

Independent Barring Board infrastructure - procured Autumn 2007

Vetting and barring systems ready for testing - Spring 2008

Vetting and barring systems readiness review - Summer 2008

Independent Barring Board services phased roll-out - starts Autumn 2008.

A LITTLE MORE ABOUT VSR

There may be some confusion of the roles of different organisations once VSR (Voluntary Self Regulation) comes into play. However, the following may help to explain some of the roles:

The Regulatory Body

This as yet does not have a name. The Reiki Regulatory Working Group is the group which is currently working towards the regulatory process, but the RRWG itself will not be the regulatory body. The role of the regulatory body is primarily to protect the public in that it gives the public and employers quality assurance that your qualifications and/or experience is such that it meets the minimum standards required for professional practice. It also gives the same quality assurance to doctors and all other healthcare professionals who may use this national register of reiki practitioners. You will have to be insured and sign up to a CPD Policy (Continuing Professional Development), Disciplinary Procedures and Code of Professional Conduct and Ethics (or whatever the exact title will be when regulation is finalised).

The Professional Body

The UK Reiki Federation is one of many professional bodies. Our role, and that of all professional organisations, is to represent its membership, looking after the needs of the professional therapist. A professional body will offer insurance, CPD opportunities, journals or newsletters, support groups, advertising leaflets, conferences etc.

The same differences can be seen in other healthcare professions such as the nurses. The professional (or representing) body is the RCN (Royal College of Nursing) and their regulatory body is the NMC (Nursing & Midwifery Council). The professional body looks after your interests.

At the present time the RRWG is working with the Princes' Foundation for Integrated Health (PFIH) through a group called the Federal Working Group (FWG). The aim is that rather than have a different regulatory body for each therapy/profession, there would be one main regulatory body, with therapy specific areas within it.

This is only a working group and there has been no definite commitment to go this route just now, the alternative would be that each profession has its own regulatory body. You can keep abreast of developments through the PFIH via their website at www.fih.org.uk, and there is a separate report about the FWG in this newsletter.

DISTANCE HEALING NETWORK

Thank you to all of you who responded to the call for more healers. We now have 20 people. At the current time we have 34 people who have requested healing. If you wish to join the network as a healer - the more we have the greater the surge of energy- or you know someone who would appreciate receiving Distance Healing, please get in touch via the email address below.

If you have requested healing for someone and they no longer need it, get in touch in the same way. Thank you again, I know the effort that is made is always worthwhile.
email: distance@reikifed.co.uk

ANNUAL REVIEW & FESTIVAL

The Annual Review and Festival was held at the University of Leicester on 14/15 April. We are pleased to advise the Management Committee for the year 2007-2008 is Sylvia Clegg, Sandra Garratt, Robert Jefford (Chair), Christine Johnston, Joe Potter, Michael Randell (Vice Chair), Doreen Sawyer (Secretary & Treasurer), Anne Tottingham. In addition we are grateful to Andrew Holt, who continues to act as Legal Adviser to the Committee. We welcome Sylvia, Sandra and Joe who were formally elected during the meeting. The revised Constitution which had previously been circulated and consulted with members was approved.

Following the Annual Review on the Saturday morning, the group were able to enjoy talks by Stuart Bold, Project Manager for the Federal Working Group from the Prince's Foundation for Integrated Health, and from Penelope Quest, a long time member of the UKRF and one of the UK's top authors of Reiki books. It was a pleasure to listen to both speakers talking about the work of the Federal Working Group, and "Abundance" respectively.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 71, Andover, Hants SP11 9WQ or enquiry@reikifed.co.uk

NATIONAL CO-ORDINATION & NETWORKING

We summarise below the contact details for area representatives. These volunteers will make contact with local members via email. If not on email they may, in some instances, contact you by letter. Any member not on email who wishes to make contact with their local representative may forward correspondence via the Admin Office.

If you have a local representative listed, you are on email and have not had contact with the representative then please check that your email address has not changed and that you have not forgotten to advise the office in writing. If this is not the case then please contact the office and we will contact the representative on your behalf.

Volunteers for areas not listed are welcome, and may obtain further information by contacting ncn@reikifed.co.uk (email is one of the main criteria for this role).

Summary of What has been happening in the Areas:

Fife: Monthly Reiki shares. Talks given to West Fife Enterprise, Reiki sessions at Fife Gala, YWCA Open Day

Hampshire: Reiki tasters given at Test Valley Borough Council's "Get Active" day in April

Lincolnshire: Reiki Share & Development Days organised. Reiki Shares with local members. Attendance at Indulgence Day at Woodhall Spa. Stand at Family Day Health & Wellness Fair at RAF Coningsby.

Perth & Kinross: "Get together" for local members planned for June/July

Wiltshire: Reiki tasters for the public in Devizes and Warminster. Monthly "drop in" planned for Warminster.

Aberdeenshire	Elizabeth Harley elizabeth@reikitraining.org.uk
Bedfordshire	Jacqueline Gayle relax@time2heal.co.uk
Berkshire	Andrea Detchon andreadetch@yahoo.co.uk
Cambridgeshire	Jeannette Cavey reikifreespirit@yahoo.com
Cheshire	Helen Avraam healingstone05@aol.com
Devon	Laura Barbour reikilaura16@hotmail.com
Fife	Linda Cowan linda@linda4reiki.co.uk
Hampshire	Daphne Brown dapbro@brownski.freeserve.co.uk
Lincolnshire	Wendy Liles wendyliles@btinternet.com
London (SW)	Michelle Kurth Michelle.kurth@gmail.com
Perth & Kinross	Lyn Haworth lynhaworth@btinternet.com
Powys and Shropshire	Janine Wilbraham janine_wilbraham@handbag.com
Somerset	Sally Edwards cherryblo1300060@aol.com
South Gloucestershire	Nicola Webb info@peacewhispers.co.uk
Surrey	Sandra Garratt bsandra545@aol.com
Wiltshire	Anne Tottingham terryannetott@madasafish.com

VACANCY

There is a vacancy at University College London Hospital for a healer working within the Complementary Therapy Team. You can see more information on the post by looking at the NHS Jobs website or going into University College London Hospital website and looking at current vacancies. www.cancertherapies.org.uk

PLEASE PHOTOCOPY AND DISTRIBUTE FREELY

RESEARCH DEVELOPMENT & PIONEERS

The Research Development and Pioneers Team are pleased to announce that the following guidelines are now available to our members.

Working With Doctors - Guidelines for Reiki Practitioners

Working With A Doctor - Reflections for Reiki Practitioners

Presentations To Doctors - Guidelines for Reiki Practitioners

Working With A Reiki Practitioner - Guidelines for Doctors

Please apply to rdp@reikifed.co.uk and quote membership number.

A number of specialist courses under the title "Treatment Approaches For Serious Illnesses" are planned; members on the Pioneer's list will be sent details in due course. The courses will be presented by Robert Jefford and Sandra Garratt. **All** applicants are required to be at least Reiki 2 and on the Pioneers list. It is envisaged that the courses will be extended to our membership at a later date.

The following seven courses will be available subject to sufficient numbers to make running viable:

Introduction To Disease Treatment

Diseases of the Heart and Circulatory System

Diseases of the Brain and Nervous System

Infectious Diseases

Diseases of the Endocrine System

Diseases of the Internal Organs

Miscellaneous Disorders and Situations

FREQUENTLY ASKED QUESTIONS

I am moving overseas, can I remain a member?

We offer both a European and Worldwide membership, which offers membership to those living abroad, therefore if you are moving abroad you can pay the difference in premium to cover the additional subscription rate. However, for those who have Practitioner membership, you may not be listed on the Practitioner listings unless we have evidence of practitioner insurance cover within the country in which you are practising. You can still be a Practitioner member, but without the listing. This applies to European and Worldwide membership only.

Can I buy leaflets about Reiki or about the Federation from you?

Yes, members may buy leaflets and full information is given in the regular newsletters. Many teachers buy the Federation information leaflets for issue to their students. The Client/Patient leaflets are popular for use by practitioners with their clients.

I would like to buy clothing or merchandise which indicates that I am a member of the Federation, do you offer anything?

Yes, we have a range of clothing items which are available for members. Please email sales@reikifed.co.uk for further details. We hope to have information available on the website in due course.

I notice that there is not an Area Representative in this area, would I be eligible to take this on?

Yes, if we do not have an active representative in your area then we would welcome your involvement.

Please email ncn@reikifed.co.uk to express your interest and you will be sent appropriate information.

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LEAFLETS

Copies of the UK Reiki Federation Patient/Client Leaflet (pale blue) are available for purchase by members.

25 leaflets	£4.50
50 leaflets	£8.50
100 leaflets	£14.00
200 leaflets	£26.00

A few glossy UKRF Information leaflets are also available for 20p each.

To order leaflets please send your cheque made payable to the 'UK Reiki Federation with 'your membership number on the back, to 'Leaflets, UK Reiki Federation, PO Box 1785, Andover, SP11 0WB'. Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The Information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/Client leaflets are an ideal way to explain about Reiki to both clients, and for those who would benefit from receiving information about it.

NHS HAVERING PCT

The UK Reiki Federation was delighted to be invited by the Havering PCT to take part in an open day for its Disability Services Centre in Harold Wood, Essex on 12 May. Representatives from the UK Reiki Federation were able to provide staff and visitors with information about Reiki and about local Reiki practitioners and teachers. Staff and visitors took the opportunity to receive a Reiki treatment, and to experience first-hand the benefits. It was encouraging for the UK Reiki Federation to be invited, alongside other professionals, to take part in this event, and to see a holistic approach being taken within the NHS.

ONE DAY SEMINARS

The UKRF has arranged two one-day seminars for UKRF members. One event to be held in the north, near York, the other in the south, at Lambourn in Berkshire. Separate information sheets and booking information are enclosed with this original mailing.

The format for each will be a series of talks throughout the day, with opportunity for networking with fellow delegates. Depending on the support and success of these events, further ones may be arranged. Deadlines for booking on these seminars will need to be strictly adhered to, and in the event of insufficient bookings being received by the deadline, we reserve the right to cancel the event.

We will be carrying out a survey of members with the next newsletter about preferences for annual reviews and one day events.

REIKI AWARENESS WEEK

Just a reminder that the 3-9 June is the Reiki Awareness Week and all details on events which were received in the office by the date specified in the last newsletter are given in this newsletter and will be included on the website at the beginning of June. Please remember to send in any reports about RAW, for sharing with other members, to resonance@reikifed.co.uk

Details of any last minute events may be sent to the admin office for reference, but will be too late for inclusion on the website.

**UK REIKI FEDERATION'S REIKI
AWARENESS WEEK 2007**

WHAT'S ON AND WHERE?		
COUNTY	TOWN	EVENT
Cambridgeshire	Cambridge	Sunday 10 June 2007 2 pm – 3 pm Talk and Group Demonstration, Cambridge Complementary Health Centre, 8 Rose Crescent, Cambridge. Cost £3. Further information from Jodie Sellen 01223 577388 jodie@reikiwithjodie.co.uk or www.reikiwithjodie.co.uk
Co Durham	Stanley	Tuesday 5 June 2007 10.00 am – 1.00 pm & Wednesday 6 June 2007 1.00 pm – 4.00 pm. Craghead Village Hall, Standerton Terrace, Craghead, Stanley, Co Durham DH9 6AN. Free Reiki taster sessions, talks and meditation. Find out more about Reiki. Refreshments, raffle and tombola. All profits to Craghead Village Hall. Contact Julie Rennie Tel 07990 753300 Email reikiriver@aol.com web: www.reikiriver.co.uk
Fife	Fife	Friday 8 June 2007 6.00 pm – 9.00 pm. Reiki Share open to the public. Reiki taster sessions for nominal charge donated to charity related to Breast Cancer. Contact: Linda Cowan Tel 01383 723222 or 07814 505098 email linda@linda4reiki.co.uk
Hampshire/Wiltshire border	Andover (Ludgershall)	Saturday 9 June 10.00 am-4.00 pm The Queen's Head, High Street, Ludgershall, nr Andover. Reiki Awareness Day – Opportunity to find out about Reiki and receive Reiki taster for 15 or 30 minutes (nominal charge

		of £5 or £10). Reiki also available for animals at same venue. Stalls include Usborne Books, Crystals, Raffle, Refreshments. Profits to: Cancer Research UK. Contact: Doreen Sawyer 01264 792779 Email: therapy@manteia.co.uk web: www.manteia.co.uk
Nottinghamshire	Nottingham	Monday 4 June 2007 10.00 am – 4.30 pm. Natural Health Centre, 8 Worrall Avenue, Arnold, Nottingham NG5 6GP. Half hour Reiki Taster Sessions £15 with 10% donated to local Rape Crisis Centre. Call in on the day or contact: Liz Branston 07960 045663
Perth & Kinross	Kinross	Half price Reiki sessions (£12.50). Proceeds to the Wormit Hedgehog Care Centre. Contact: Lyn Haworth lynhaworth@btinternet.com or Tel 01577 864666
Suffolk	Saxmundham	Wednesday 6 June 2007 10.00 am – 4.00 pm Saxmundham Market Hall. Reiki Tasters, crystals and locally made lotions, creams and oils for sale. Contact: Christine 01728 605888 In aid of local charity.
Tyne & Wear	South Shields	Thursday 7 June 2007 10.15 am-4.00 pm at Health Works, 59 Fowler Street. 30-minute Reiki “taster” sessions by appointment. Call 0191 497 5907
Tyne & Wear	Newcastle upon Tyne	Saturday 9 June 12-6.00 pm & Sunday 10 June 12-6.00 pm at Newcastle Community Green Festival, Leazes Park: 30-minute Reiki “taster” sessions by appointment made on the day in the Healing Area. First come first served.

Editor: Christine Johnston

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