

UK REIKI FEDERATION

Member of The Emerging Regulatory Body for the Profession of Reiki
PO Box 1785, Andover, SP11 0WB telephone: 0870 850 2209 email: enquiry@reikifed.co.uk website: www.reikifed.co.uk



ANNUAL REPORT 2006

UK Reiki Federation

As at 1 January 2006 the Management Committee was made up of the following individuals:

Officers: Robert Jefford (Chair), Penelope Quest (Vice Chair), Doreen Sawyer (Secretary)

Committee Members: Andrew Holt, Lynda Hunter, Christine Johnston, Amanda Laffoley, Mike Randell,

The Constitution states that the Management Committee “shall administer the responsibility for the Management Committee and conduct of affairs of the UK Reiki Federation”, which its members will continue to do to the best of their ability and for the good of Reiki.

Our Aims and Objectives remain

- to federate individuals who are attuned to Reiki and who practise Reiki;
- to provide advice, support and an information network to the Reiki community, professionals who work with/alongside Reiki and the general public;
- to promote best practice in the delivery of Reiki to the public, and provide a form of recourse, and be part of the world-wide Reiki community;
- to create, maintain and evaluate professional standards of training for practitioners of Reiki;
- to carry out research and provide education and training to support this;
- to represent a collective voice within the field of Reiki through which to instigate and maintain a dialogue with relevant external agencies;
- to provide details of and promote mutual understanding, communication and good relations between different styles, systems, schools and lineages of Reiki within the UK and internationally.

Chair's Report

This has been an interesting year for the Federation, with several new people coming on board, and unfortunately some having to step down from their roles.

Firstly I would like to acknowledge the work done by Sally Edwards, who regrettably had to step down as Treasurer for personal reasons during the course of the year. In addition, work commitments resulted in Chrissie Norwich, who was co-opted to the Management Committee last year, having to step down from the Committee. I am, however, delighted to welcome on board, Andrew Holt, who has been co-opted to the Management Committee as Legal Adviser. Andrew also works within the Disciplinary Procedures team, and already proven to be a valuable asset to the Federation.

I would particularly like to thank Doreen Sawyer for the tremendous amount of work she has put in on behalf of us all. Many of the members of the Management Committee have had to reduce their commitment from time to time during the year due to personal or family illness; we would like to thank Doreen for her additional support during these periods and in helping to keep the Federation running smoothly.

I would like to thank the valuable work done by the members of the Management Committee in furthering the aims and objectives of the Federation and for the time and commitment they give to this.

In addition, I would like to thank those members who give their support within the working teams, in particular within Research, Development & Pioneers and also within the National Co-ordination and Networking teams. Please remember that this is an organisation run by members, for members, and at the present time the workload falls on far too few. We would welcome additional offers of help from people with appropriate expertise, particularly in the areas of Marketing, Media, Research, Accounting.

Dr Robert Jefford

Secretary's Report

The office telephone number was changed during the year to 0870 850 2209, the old number no longer being in use. The office aims to answer telephone enquiries between 10.00 am and 1.00 pm Monday to Thursday. Due to the workload in the office, the remaining time is devoted to other administrative tasks, including the processing of new applications and renewals.

We would like to thank those members who give freely of their time to assist with the administration, viz Sylvia Clegg, who works in the office on a voluntary basis once a week, Anne Tottingham for the work she does in the distribution of leaflets for the membership, and Richard Jones who is our Archivist.

The office has done approximately 10 mailshots to members during the year.

As at 1 February 2006 the membership is made up as follows:

Practitioner Members	1198
Associate Members	233
Affiliate Member Organisations & friends	6
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	1437

There has been some reorganisation of membership processing and members now receive a separate receipted invoice, a personal letter and an A4 certificate.

The block scheme insurance continues to be offered through H & L Balen. Due to new FSA regulations the office is not permitted to answer queries specifically related to insurance, and these have to be referred to H & L Balen direct.

There has been some major work done on the website, which continues to offer a full 24/7 access, but now gives details on levels of membership making it easier for people to select either a practitioner or teacher from the listings for immediate contact. Response from the membership and the public has been good. The main practitioner listings continue to be maintained within the office and are copied to the website listings periodically.

During January there was a relocation of office premises, which caused some inevitable disruption to the routine of the office. However, the office is now fully functioning, with improved space and facilities.

The Management Committee met on four occasions during the year. Apart from discussions regarding the day-to-day running of the Federation, other topics have included the Constitution, Audit, Disciplinary, Charity Status, Federation Logo, Merchandise. As a result of these discussions, and from issues raised in the Audit, amendments have been made to the Constitution, which will be put to membership at the Annual Review.

Doreen Sawyer

National Co-ordination & Networking

We were unfortunate that due to personal circumstances Amanda Laffoley was unable to continue in her new role as NCN Co-ordinator during the year. However, the team continues with its work, maintaining its number of representatives at a steady level. We would like to acknowledge the work done by all members of the NCN team throughout the UK. There are a number of areas within the UK where there are larger numbers of members and it would be encouraging for members to volunteer to act as representatives in these areas. With more support from membership we would hope to organise more regional events.

Doreen Sawyer & Mike Randell

Education & Training

It has been an exciting and exacting year for the UKRF Education and Training team, as the majority of its work has been its involvement in the RRWG Education Sub-Group and CPD (Continuous Professional Development) Sub-Group, and thanks are extended to Caroline Anson for her attendance at some of the earlier meetings, and to Doreen Sawyer for her excellent training session for team members to update themselves on current educational developments. In addition, representatives from the UKRF have been involved with the Consultation Group for the NOS (National Occupational Standards) which unfortunately have still not yet been approved by QCA (Qualifications Curriculum Authority).

However, the RRWG Education Sub-group, made up of representatives from about ten Reiki organisations, has had the challenging task of proposing guidelines for practitioner training and accreditation processes for the achievement of the NOS, leading to official practitioner registration, whilst still seeking to encompass and respect the rich variety of approaches to Reiki, whilst also preserving Reiki as a spiritual practice and healing art. The consultation document we have produced is now at the draft stage and will soon be put before the full RRWG, before being presented at consultation road shows later this year to seek the opinions of Reiki people all over the UK.

Penelope Quest

Voluntary Self Regulation (RRWG)

The Reiki Regulatory Working Group met on four occasions during the year. The UK Reiki Federation is represented by Robert Jefford, Michael Randell and Doreen Sawyer. Doreen Sawyer is also Treasurer of the RRWG. The Federation has representatives on the sub groups and these are Penelope Quest (Education and CPD) and Christianne Wyke (Codes & Ethics). We would like to thank all those who give their time to help represent the Federation on this group, but would also welcome interest from other members.

Topics which have been discussed during the meetings have included: A description and definition of Reiki, formation of a Constitution, Codes and Disciplinary procedures, National Occupational Standards, possible Core Curriculum, CPD, Consultation, fundraising and road shows. It is proposed to hold a series of road shows for consultation on the Regulatory during the latter part of 2006 and details are given in Federation newsletters. There is also ongoing discussion about the idea of having a "Federal system of regulation", covering multiple therapies, rather than single regulatory bodies, although there would be sub groups within the Federal system for individual therapies. Members are referred to the RRWG website (www.reikiregulation.org.uk) for copies of the minutes of RRWG meetings, and should send their views on any issues to their representatives via the Federation office at vsr@reikifed.co.uk.

Doreen Sawyer

Research, Development & Pioneers

This has been a very interesting year for Research with many new links made with colleagues interested in building up resources for Reiki research. Co-operation and sharing of knowledge has now been established with the cancer centre at Maidstone Hospital and a cancer care trust in Australia. Through our links with various cancer support groups we hope to establish access to research material. Most of the research seems to be carried out overseas, rather than England and/or Europe. We are actively following a number of avenues that we hope will lead to positive sharing with our members. Dr Jefford continues to work with associates within these organisations and is himself closely connected to the work being established at the Maidstone Hospital. Plans are currently being considered regarding the possibility of using a centre for drug abuse and homeless people with a view to carrying out research. This is subject to approval of funding and the outcome of the consultations should be known shortly. Dr Jefford has lectured and taught in many venues throughout the year, continuing to promote both Reiki and the UKRF.

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The team has compiled and published a useful list of internet sites for those interested in research and this list is available on request, and has answered all queries from members, offering advice and support throughout the year. We have a certain amount of research stored and we try to extract appropriate information and pass it on whenever we are contacted. We also respond to those colleagues who are not yet members of the Federation although our response is obviously limited, and given with the offer of further help on receipt of application for membership.

The Federation needs the assistance of a number of members. If anyone has experience of any of the listed specialisms, please contact either Lynda Hunter or Robert Jefford. Our aim will be to produce a series of guidelines for Reiki Practitioners working within various disciplines. As volunteers we can only do this if we have your help. Your Federation needs You!

Regrettably the plan for regional meetings of pioneers has not yet been followed through and we apologise for disappointing our pioneer members in this respect. This was solely due to the fact that Lynda Hunter became seriously ill in August and eventually had to step down from her role as Pioneers' Co-ordinator in December. We were most grateful to one of our members, Marressa Keeler, who stepped in to hold the fort for Lynda during her illness and who has also now agreed to take over the role for her. We are very pleased to welcome Marressa to the RDP team and look forward to developing our plans for the Pioneers in the near future. Lynda is now recovering and remains on the team and the Management Committee.

We did make overtures to certain pioneers asking for help in co-ordinating specific areas of practice. This also involves those volunteers in being happy to answer referrals from the team from members requesting advice in approaching various establishments to offer Reiki. This is becoming particularly common with members wishing to offer their help within the NHS. Acting as a "specialism co-ordinator" is not as daunting as it sounds; it is simply acting as a contact within a network trying to help our pioneers get in touch with the right people for support and guidance. If you can help in this way, please do contact Marressa or one of the members of the RDP team. We would be most grateful.

We currently have a total of 28 Pioneers registered with the Federation. Between them work is carried out in 12 different settings ranging from hospitals and hospices to premature baby units and with animals. Many of our pioneers work within two or three areas of specialism. The following table outlines the numbers of pioneers and areas within which they work.

Cancer	11
Hospitals	7
Hospices	6
Premature baby units	1
Medic/paramedic	1
HIV	1
Prisons	1
Mental health	4
Special needs	6
Education (general)	4
Animals	5
Business	8

Robert Jefford, Lynda Hunter

Publications

The UKRF Magazine Resonance has continued to improve this past year and we have had some very positive feedback. Because the articles in the magazine are written by the members for the members there are many differences of opinions. However, we will be monitoring future articles to endeavour to represent more the majority of our members. We also now include a section for members only to advertise their courses and retreats.

The Development Newsletters continue to keep members updated on general information about the UK Reiki Federation and what we are doing.

Christine Johnston

PR/Media

During the year the Federation had stands at three events. The Holistic Health Exhibition held 18-19 September 2005 at Donington Park, in the Midlands was extremely successful and apart from raising a lot of interest in the Federation, the team raised a substantial sum of money for charity. The Federation had representation at the Complementary & Natural Healthcare Expo, Excel 23-24 October 2005, and the Federation's Chair, Dr Robert Jefford, was invited to present a lecture at this event. Finally the Federation was invited to send representation to Project Earth Alchemy, held in Somerset in November, which provided opportunity for networking with therapists and the media. We would like to thank all those members who came and helped at these events.

A press release was sent out in July to promote the Federation's new-style website, which had good circulation and resulted in a large number of enquiries and referrals. In addition, members were offered the opportunity of taking up a special advertising slot in the Sunday Times Magazine, which was well supported and feedback was positive. The Federation also took out a long-term advertisement in the CAM magazine.

We would like to hear from individuals with journalistic or marketing expertise, who would like to become involved with the team.

Doreen Sawyer

Management Committee Comment on Financial Situation

At the last Annual Review, the question was raised about Auditing of accounts during the period 2001-2004. After the Annual Review the current Management Committee discovered that in fact no audits had taken place. A full audit of the accounts for 2001-2004 has since been commissioned by the new Management Committee and carried out during the year, and issues raised have been addressed by the Management Committee. As part of the 2006 Annual Review, recommendations will be made to the Membership which reflect some of these.

Following on from Sally Edwards' resignation, the Secretary, Doreen Sawyer has taken on the role of Treasurer until a new appointment is made.

Treasurer's Report & Statement of Accounts

The accounts for the year 2004-5 have been finalised and a summary of income and expenditure is detailed in this report. An audit of accounts has also taken place. Accounts will be available for inspection at the Annual Review.

During the year the Federation reviewed the situation regarding payment of VAT. After intensive discussions with Custom & Excise they concluded that we were not required to register at present.

Doreen Sawyer

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 JUNE 2005

	2005		2004	
	£	£	£	£
Income				
Subscriptions	57,535		57,662	
Donations	1,244		-	
Literature & publications	1,655		-	
Merchandise	1,618		-	
Course fees	4,908		-	
Advertising	350		-	
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		67,310		57,662
Other income				
Festival income	536		-	
Web income	330		-	
Balens income	596		-	
Other income	123		-	
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		1,585		-
Other income				
Interest receivable		-		23
TOTAL INCOME		<hr/>		<hr/>
		68,895		57,685
Expenditure				
Purchases	695		480	
Insurance	1,218		1,133	
Light and heat	600		550	
Telephone	1,109		1,258	
Printing, post and stationery	12,741		9,517	
Advertising	1,475		1,222	
Travel & subsistence	2,642		1,659	
Computer costs	8,954		6,366	
Sundry expenses	626		169	
Festival & exhibition expenses	5,740		6,669	
Meeting costs	559		-	
Administration	26,616		21,720	
Accountancy & audit	1,500		1,303	
Legal and professional fees	118		-	
Depreciation of tangible fixed assets				
Plant and machinery	138		-	
Fixtures and fittings	133		177	
Computer equipment	45		-	
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		64,909		52,223
EXCESS OF INCOME OVER EXPENDITURE		<u>3,986</u>		<u>5,462</u>

This Annual Report is presented by the current Management Committee