



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION AUGUST 2006 - Issue 28

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RRWG ROADSHOWS 2006

As mentioned in the last newsletter, the Reiki Regulatory Working Group will be launching its consultation on 9th September. The public meetings are open to everyone and we would encourage as many of you as possible to attend. Meetings will be held twice at each event - 10.30 am to 12.30 pm and 2.00 pm to 4.00 pm. Contact Barbaracompt@aol.com to reserve a place and please indicate your preference for morning/afternoon. If you are not on email then please send your request to the UKRF office and we will forward the request on, giving at least 10 days' notice if possible. Please note that seats are available on a first-come-first-served basis.

9TH SEPTEMBER – STIRLING

Express Holiday Inn (01786 449922)
Springkerse Business Park, Stirling, FK7 7XH

16TH SEPTEMBER-NEWCASTLE

Express Holiday Inn (0870 428 1488)
Waterloo Square, St. James Boulevard, NE1 4DN

23RD SEPTEMBER – MANCHESTER

Express Holiday Inn (0161 868 1000)
Salford Quays, Waterfront Quay, Manchester M50 3XW

30TH SEPTEMBER – BELFAST

Express Holiday Inn (028 903 11909)
106 University St., Belfast, BT7 1HP

7TH OCTOBER – BIRMINGHAM

Express Holiday Inn (0121 511 0000)
Birchley Park (M5 Junc 2), Oldbury, B69 2BD

14TH OCTOBER – NORWICH

Holiday Inn Hotel,(0870 4009060)
Ipswich Road, Norwich, NR4 6EP

21ST OCTOBER – EXETER

Express Holiday Inn (01392 261000)
Guardian Way, Exeter Bus Park, EX1 3PE

28TH OCTOBER – LONDON

Express Holiday Inn (020 8269 5000)
Bugsby Way, Greenwich, SE10 0GDS

4TH NOVEMBER- NEWPORT (WALES)

Express by Holiday Inn (01633 819850)
Lakeside Drive, Coedkernen, Newport NP10 8BB

The Consultation documents can be downloaded from the RRWG website at www.reikiregulation.org.uk or by emailing rosemarypharo@waitrose.com. Rosemary will also be able to provide hard copy of the documents (nominal charge to cover printing and postage costs).

Just to remind you that the documents for consultation have been put together as a result of meetings between 11 different organisations, of which the UKRF is only one, and the views of many different individuals form the basis of the documents.

This is YOUR opportunity to have your say, and to voice your own opinion through the consultation. Feedback can be sent by email or posted to the address given in the documents, and the roadshows give you opportunity to ask questions and seek clarification on anything which you do not understand. Feedback must be received by end of December.

INDEPENDENT LAY CHAIR AND LAY MEMBERS

The RRWG is seeking to appoint to the voluntary positions of Independent Lay Chair, Independent Lay Members and also require the services of an Analyst to review the feedback from the Consultation. If you know of anyone interested in any of these please ask them to contact Doreen Sawyer at info@reikiregulation.org.uk Note: Independent means having no previous knowledge or involvement with Reiki.

Doreen Sawyer

PRACTITIONER GUIDANCE FOR TRAINING AND DEVELOPMENT IN COMPLEMENTARY AND INTEGRATED HEALTHCARE

The Prince's Foundation for Integrated Health is developing new guidance for practitioners at post-registration level, focusing on training and professional development in complementary and integrated healthcare practice.

The guide aims to give information and advice on choosing a course, including modules and short courses, that cover a range of areas from developing specialist practise (eg cancer, maternity services) to generic courses (eg research methods). It will also feature a number of individual practitioner case studies, with the aim of demonstrating a variety of career pathways in integrated healthcare.

Questions:

- Do you know of any courses currently being offered on complementary therapies in mental health?
- Who are the key contacts / providers in this area?
- Do you know of a complementary practitioner working in mental health or conventional healthcare professional practising complementary approaches who would like to feature as a case study?

Please contact **Anna Thomson** with your responses anna.thomson@fih.org.uk, or on 020 3119 3118

The guidance is due to be published later this year and will be available on the Foundation's website (www.fih.org.uk).

ANNUAL REVIEW AND FESTIVAL 2007

The Annual Review & Festival has been booked for 14/15 April 2007 at the University of Leicester. Make a note in your diaries now if you don't want to miss this event.

NATIONAL CO-ORDINATION AND NETWORKING

There have been a number of changes to our Area Representatives recently, we would like to thank those who have now stepped down, and to welcome those who have recently joined us.

An up to date list is given below. The representatives contact members mainly via email, although occasionally may send out mailings via the Admin Office. If you have not heard from your representative lately then please feel free to make contact with them, either direct or via the Admin Office.

Representatives are always keen to hear from local members, and in particular of any ideas or suggestions for events or meetings in the local area.

If there is not representative shown for your area, and you feel that you would have time to undertake this role, then please contact ncn@reikifed.co.uk for an application form.

First Name	Last Name	County (Main)	E-Mail Address
Elizabeth	Harley	Aberdeenshire	elizabeth@reikitraining.org.uk
Jacqueline	Gayle	Bedfordshire	relax@time2heal.co.uk
Jeanette	Cavey	Cambridgeshire	jeannette.cavey@tiscali.co.uk
Helen	Avraam	Cheshire	healingstone05@aol.com
Laura	Barbour	Devon	reikilaura16@hotmail.com
Doreen	Sawyer	Hampshire	doreen.therapy@tesco.net
Susan	Ricketts	Kent	sue@b-well.biz
Lyn	Haworth	Perth & Kinross	lynhaworth@btinternet.com
Sally	Edwards	Somerset	cherryblo1300060@aol.com
Anne	Tottingham	Wiltshire	terryannetott@madasafish.com

REIKI SHARES

Anthony Davis is creating a website for members to advertise their Reiki Shares, Reiki Circles or other Reiki events. You simply log onto www.reikishares.co.uk and enter your details.

Nancy Hine is also inviting members to promote their Reiki Shares on her website. Email her at: wokingham@inspirationalfriends.co.uk

“CCTN LAUNCHES NETWORK WIDE EVALUATION INITIATIVE”

The CCTN was established in 2003 as part of the Children’s Project at Freshwinds Charity. Freshwinds is based in Birmingham and provides, among other things, complementary therapies for adults and children with life-threatening and life-limiting health conditions. Examples of adults include people with cancer, HIV and Multiple Sclerosis. Examples of children that we see include children with multiple disabilities, cancer, Down Syndrome, and cerebral palsy. The therapies are provided using an Integrated Medicine model (i.e. complementary therapies are combined safely with the conventional treatments/management the person is already accessing from their GP/hospital). The therapies for the children are co-ordinated by Freshwinds’ Children’s Medical Officer. The idea of forming a national Children’s Complementary Therapy Network came through a recognition that although there were good supportive networks for therapists working with adults, there seemed to be a lack of such networks for those working with children. Here is a summary of the recent Annual Conference.

The *Children’s Complementary Therapy Network (CCTN)* held its 2nd annual conference on the 20th May 2006 at the Birmingham Children’s Hospital. This year’s annual conference was based on the theme of complementary therapies and autism. 70 delegates attended from a mixture of backgrounds including therapists, teachers and health professionals. Delegate feedback was that the event was informative and useful to their work.

The CCTN has been rapidly expanding since 2003, presently with over 200 members internationally. Its aim is to enable complementary therapists to share and learn from each others experiences and knowledge. It is part of the Children’s Project at Freshwinds Charity (Birmingham), an organisation offering, among other things, complementary therapies for adults and children with life-threatening illnesses using an Integrated Medicine Model. The Network has also developed international working links with similar networks in America and Canada.

The day started with consultant paediatrician Dr Basia Bielinski giving a comprehensive overview of the history, diagnosis and management of children with autism, followed by complementary therapists speaking about the innovative ways in which they have been working with such children and their families.

The therapies covered included shiatsu, chiropractic, aromatherapy, bowen, reiki, reflexology, healing and the Training and Support Programme – TSP (a programme teaching parents simple massage movements / positive touch techniques for use with their children). It became evident that a lot of very good projects using complementary therapies within different settings are occurring, and that children with autism can benefit from a range of therapies.

This year’s conference introduced a major new initiative for the CCTN, namely the introduction of a Network wide parent feedback questionnaire to evaluate the use of complementary therapies in children with autism. The idea is to have a single questionnaire to be used throughout the Network, thus allowing information to be collected in a co-ordinated way from a large cohort of users. The questionnaire will also

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Membership Request Form, UK Reiki Federation, PO Box 1785, Andover, Hants SP11 0WB or enquiry@reikifed.co.uk

enable the Network to demonstrate how complementary therapists are fulfilling some of the national Government agendas for child and family services. Results of this evaluation will be collated and presented at next year's conference.

During the conference, time was set aside for delegates from the same region to network with each other. Encouragingly, some of the regional groups have made plans to continue to network outside of the conference.

For further information about the Children's Complementary Therapy Network and a registration form (it is free to join the Network) please:

- go to: <http://www.freshwinds.org.uk/support/children>
- or contact: Dr Pankaj Shah, Children's Medical Officer, Freshwinds, Prospect Hall, 12 College Walk, Selly Oak, Birmingham, B29 6LE, Tel: 0121 415 6670, E-mail: cctn@freshwinds.org.uk

MEDIA ARTICLES

There have been a number of articles in the press about the use of Complementary and Alternative therapies, and we give below a number of links which may be of interest to some of you:

The Times. Full Letter: Doctors' campaign against alternative therapies. 23 May 2006.

<http://www.timesonline.co.uk/article/0,,8122-2191985,00.html>

Times on line. Prince defiant over alternative medicine after doctors' attack. 23 May 2006.

<http://www.timesonline.co.uk/article/0,,2-2193562,00.html>

The Times. Alternative thinking. 24 May 2006.

<http://www.timesonline.co.uk/article/0,,8125-2194548,00.html>

The Times. Alternative therapies have their part to play. 25 May 2006. <http://www.timesonline.co.uk/article/0,,59-2195510,00.html>

Times on line. Effective Medicine. 27 May 2006.

<http://www.timesonline.co.uk/article/0,,59-2198797.html>

The Sunday Times. There really is a healthy alternative. 28 May 2006. <http://www.timesonline.co.uk/article/0,,2092-2199889.html>

DISTANCE HEALING

There have been some changes to the Distance Healing team, and we would like to offer our thanks to Fay Bailey for the tremendous amount of work she has done over the past few years. Fay is now stepping down and Anne Totttingham will take over as co-ordinator. We would ask all persons on the Team to email Anne at distance@reikifed.co.uk to confirm that a) they are still willing to be part of the team and b) to confirm their contact details.

DISCOUNTS FOR MEMBERS OF THE UK REIKI FEDERATION

The following have offered discounts to members of the UK Reiki Federation – simply quote your membership number when you contact them:

Darley Therapy Equipment Ltd 5% discount on list prices for couches. Tel 01208 873200 email sales@darleytherapy.co.uk Website: www.darleytherapy.co.uk

Marsh Couch, 10% discount on list prices for couches. Tel: 01442 263199 email: Nigel@marshcouch.com Website www.marshcouch.com

The Rusty Anchor Guesthouse in Plymouth From October 2006 15% discount to all Reiki Federation members and referred clients. Tel: 01752 663924 www.therustyanchor-plymouth.co.uk

REIKI AWARENESS WEEK 2006

Once again members of the public have had opportunity to find out about Reiki and its benefits, through the efforts of our members during Reiki Awareness Week. Twenty four separate events were held during the week, and we give here some of the feedback:

In **Ashford**, Kent Valerie Lowe organised an evening for free treatments, members of her Reiki Support Group gave treatments at their monthly meeting. They had a very good turn out and both practitioners and clients benefited from the experience.

In **Andover** Doreen Sawyer and colleagues held a Reiki Awareness Day, followed by a Reiki Share & Social with an inspirational talk by Dr Robert Jefford (Chair of UKRF) and this was open to all local Federation members. These two events raised money for the Naomi House Children's Hospice in Sutton Scotney and for Diabetes UK. Later in the week tasters were available at the Princess Royal's Trust for Carers, including the Mayor and Mayoress of Andover who both enjoyed the experience.

Events were also held in Aberdeen, Bedford, Whitegate, Winsford, Carlisle, Petersfield, Hay on Wye, St Albans, Manchester, Leicester, Kinross, South Shields, Bradford, Keighley, Halifax, Wilsden and Devizes and my apologies to those who sent in reports, which unfortunately due to a problem on the computer where they are held, I am unable to access when I need to write this report. A full report will be placed on the website.

VOLUNTEER HEALER

Practitioners wanted for Loughborough Cancer Self-Help Group.

For further details please contact Julie Davis on 07951 140210

KEEP AN EYE ON THE UKRF WEBSITE
NOTICEBOARD FOR NEW AND INTERESTING
DEVELOPMENTS ON WAYS OF WORKING WITHIN
THE NHS

REPORTS FROM THE DEPARTMENT OF HEALTH

The Department of Health has now published two reports following last year's reviews of the statutory regulation of healthcare professionals. Sir Liam Donaldson, Chief Medical Officer at the Department of Health, has published his review into the regulation of the medical profession. Alongside this, the Department has also published the results of the review into the regulation of non-medical professionals (the Foster Review).

The Department of health is consulting on recommendations contained in the reports, with a closing date of 10th November 2006. Links to the two reports are below, along with the Department's companion document to the reports, setting out three overarching questions.

[Good doctors, safer patients. Proposals to strengthen the system to assure and improve the performance of doctors and to protect the safety of patients. A report by the Chief Medical Officer.](#)

[The Regulation of the non-medical healthcare professions. A review by the Department of Health](#)

[Healthcare Professional Regulation: public consultation on proposals for change.](#)

ATTENDANCE AT EVENTS 2006

As mentioned in the last newsletter, the UKRF will be in attendance at the following events and look forward to seeing some of you there. Invitations to some of the events are enclosed with this mailing.

Holistic Health - Donnington Park West Midlands
1-2 October 2006. Come and see us on Stand C18.

CAM Expo at ExCel London 15-16 October 2006. Come and see us on Stand 1812.

Project Earth Alchemy, Draycott near Glastonbury 4-5 November 2006. If you have booked to attend this event then we would be delighted to see you. If you would like information please contact the organisers PSA Life Mastery on 01934 741119 or email psalifemaster@aol.com

We also hope to be present at the British Holistic Medical Association Conference in London on 2 December 2006, but this is yet to be confirmed.

REIKI IN HERTS AND ESSEX HOSPITAL

One of our members, Sharon Watson, together with other CAM therapists, some of whom are qualified nurses, have formed a group to integrate CAM therapies into the NHS. Details in the next issue of Resonance.

Editor Christine Johnston

NEWS FROM THE PRINCE'S FOUNDATION FOR INTEGRATED HEALTH

Regulation of complementary therapists in Ireland

The Irish Government have published the report of the national working group on the regulation of complementary therapists, who have been working over the past two years to progress practical areas of regulation. The group addressed the areas of definition and categorisation, education and training, professional associations, unification of the sector and differing professional associations for the same therapy. The working group have made a number of recommendations including the statutory regulation of herbalists, acupuncturists and traditional Chinese Medicine practitioners. For all other groups, the development of a robust system of voluntary self-regulation is recommended, and the establishment of a working group on the single issue of the development of a Complementary Therapies Council which would oversee issues in the complementary therapies area. The report can be found at

http://www.dohc.ie/publications/pdf/complementary_therapists.pdf?direct=1

Information guide for the public in Ireland on complementary therapy

A new information guide for the public in Ireland has been published, developed by the National Working Group on the Regulation of Complementary Therapists. The leaflet aims to help the public make informed health care choices, but does not give information on specific therapies. http://www.dohc.ie/publications/pdf/complementary_therapists_leaflet.pdf?direct=1

NHS National Library for Health

A Complementary and Alternative Medicine Specialist Library has been launched as part of the NHS National Library for Health. The overall aim is to make good quality, relevant information on complementary and alternative medicine (CAM) available to health professionals and patients and it will be updated regularly. The specific objectives are to identify relevant information on a regular basis, use appropriate evaluation tools to assess the quality of this information and to organise information that is of adequate quality in such a way that it is readily accessible. The following topics will be covered at the first stage of the library's development: *Acupuncture, Aromatherapy, Chiropractic, Herbal Medicine, Homeopathy, Hypnosis, Massage, Meditation, Osteopathy, Reflexology and Yoga*. In the future other therapies will be included in the systematic search for resources and the library eventually will provide information on a broader range of therapies. Visit www.library.nhs.uk/cam.

Guidance for practitioners at post-registration level

The Foundation is developing new guidance for practitioners at post-registration level focusing on integrated healthcare practice. The guidance will provide an overview and advice on choosing suitable courses. It will also include a number of individual practitioner case studies demonstrating the variety of ways to work in integrated healthcare. If you would like to be featured as a case study and practise a therapy within an integrated setting or would like further information please contact Anna Thomson: tel 020 3319 3118 or anna.thomson@fih.org.uk.

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