



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION FEBRUARY 2006 - Issue 26

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PROTECTION

It has come to our attention that several of our members have been distressed by the receipt of a random email warning them of the dangers of Reiki and the likelihood of possession by evil forces if they continue to practise. We would ask any members who receive this email to let us know and to otherwise destroy and forget it.

Obviously our concern is both the nonsense of the content but above all the anxiety it could cause especially to new or inexperienced Reiki practitioners. Newcomers to Reiki should be aware that they are likely to encounter all sorts of people with different beliefs, many of which have no connection to Reiki at all. We are taught to protect in Reiki more as part of our disconnection from the recipient and closing down from the flow of Reiki. We ask always for the Reiki to work 'for the highest good of all concerned' and as long as we remain a pure channel and focus on the Reiki we should not need protection.. We ask for protection and healing for the recipient for the need (s) which has brought them to us. We close down and ask protection for ourselves as part of our request for continued health and wellbeing of body, mind and spirit ourselves. We do not need to ask for protection from demons. That is not part of the truth of Reiki.

As Reiki healers we will always come into contact with those who do believe in dark forces and it is part of our professionalism that should lead us to accept the views of others for what they are - the views of others - but not the views of ourselves. We came to Reiki because we believe in love and light, it is as simple as that. There is not room or the need for room for anxiety or fear within that belief.

For any of you who are interested in a deeper understanding of psychic phenomena, we can refer you to www.spiritreleasefoundation.com. However, we stipulate once more that we, as a federation, are concerned only with the pure and true essence of Reiki.

Lynda Hunter

ANNUAL REVIEW AND FESTIVAL

As notified in previous newsletters the Annual Review and Festival is being held at Leicester University on 22/23 April 2006, with accommodation available from Friday 21st for early arrivals.

Once again delegates will be able to enjoy the beautiful and tranquil Harold Martin Botanic Gardens which extend for sixteen acres around the venue and halls of residence grounds.

Saturday morning will start with registration from 9.00 am, Meditation at 9.30 am, with the Annual Review commencing promptly at 10.00 am. Saturday afternoon onwards delegates are able to attend a range of workshops offered by members. For non-residents there is an optional evening meal on the Saturday evening, giving opportunity for members to meet more informally.

The Sunday will start with day-delegate registration from 9.00 am with the programme proper starting at 9.30 am. It will give opportunity for a choice of activities from a range of workshops currently being planned, which will include both Reiki specific and non-specific topics. If anyone wishes to offer a workshop then please contact the office immediately as the schedule is being finalised as you are reading this.

We hope to offer the opportunity to view a range of merchandise during the weekend which may be of interest to our members. To help with our fundraising we hope to run a Tombola (or similar) stall over the weekend and would ask delegates to bring along their contributions on the day.

Although strictly speaking bookings have now ceased, if you wish to join us please call the office for details of possible vacancies.

PIONEERS REPORT

As we move into 2006 we have a total of 28 Pioneers registered with the Federation. Between them work is carried out in 12 different settings ranging from hospitals and hospices to premature baby units and with animals. Many of our Pioneers work within two or three areas of *specialisation*.

More and more queries now come in from practitioners seeking to broach work within the NHS and the Pioneers are a good source of support for those of you wishing to do this. Although this work is almost entirely voluntary at the moment, we can put you in touch with colleagues who can offer you advice and guidance.

Regrettably due to my ill health our plans for arranging meetings to bring Pioneers together have not yet materialised. I am afraid I became ill in August and had to have two major operations. As a result of this I had to step down as Pioneers' Co-ordinator just before Christmas. I would like to extend my thanks to all those Pioneers who contacted me to wish me well.

The Federation is most grateful to member, Marressa Keeler, who very kindly stepped in to "hold the fort" for me. Marressa has dealt with the ongoing queries that came through for Pioneers and general research during the last few months. She has now offered to take over as the new Pioneers' Co-ordinator and the Federation welcomes Marressa to this role.

Our Pioneers are so important in spreading the word about Reiki and in enabling so many people to see what we, as the professional body of the UKRF, stand for. Thank you to all of you who do this, and please, if you are interested in joining the Pioneers, contact Marressa Keeler for more information at: rdp@reikifed.co.uk

Lynda Hunter

MANAGEMENT COMMITTEE NOMINATIONS

Vacancies on the Management Committee from 22 April 2006 are for Vice Chair, Treasurer and Committee Members. Practitioner members will receive a notice regarding Nominations to the Management Committee by separate mailing.

COMPLEMENTARY HEALTHCARE IN MENTAL HEALTH SERVICES

The Prince of Wales's Foundation in Integrated Health have advised of the following Consultative Symposium for Complementary Health in Mental Health Services.

**Newcastle United Football Club - St
James' Park Stadium, New Magpie
Room**

Monday 13 March 2006 0930-1600

There will be no charge for this event, and all refreshments including a finger buffet will also be provided free of charge. For further details and how to book please see the POWFIH website www.fihealth.org.uk

They are also planning other symposia in Bristol (May 2006) and in the eastern region (June 2006).

NEW UKRF LOGO

After discussion, the Management Committee decided that it would be a good idea to use the original kanji, as used by Mikao Usui for the UKRF logo and at the same time look at redesigning it.



This is the proposed new logo. We would greatly appreciate your comments and/or suggestions. Please reply to: michaelrandell@blueyonder.co.uk

DISTANT HEALING

Anyone wishing for Distant Reiki to be sent should send an email to distance@reikifed.co.uk giving the person's name and town only (no medical details) and quoting their membership number. Although this is set up for members only, Reiki can be sent to non-members also, who are invited to send a donation to the Federation.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 1785, Andover, Hants SP11 0WB or enquiry@reikifed.co.uk

NATIONAL CO-ORDINATION & NETWORKING

The number of Area Representatives remains static, with some slight changes. In order to take the work of the NCN team forward there is a need for more volunteers from the membership to act as local contacts in their areas.

The areas currently covered are:

Aberdeenshire (Mark Brinsden); Bedfordshire (Jacqui Gayle); Cheshire (Helen Avraam); Cumbria (Fay Bailey); Devon (Laura Barbour); East Sussex (Rifa Bhunnoo); East Yorkshire (Peter Roper); Falkirk (Helen Walker); Hampshire (Doreen Sawyer); Moray (Annette Brooks-Rooney); North Lanarkshire (Margo Nasmyth); Somerset (Sally Edwards); Wiltshire (Anne Tottingham). If you have not heard from your local representative recently please contact the office.

Areas where there are a large number of members, which would benefit from some local activity include:

Leeds/Wakefield (area 37), Cambridgeshire (area 66), Essex (area 69), Hertfordshire (area 70), Berkshire (area 81), Surrey (area 84), West Sussex (area 85), Kent (area 87).

We would welcome volunteers to cover these areas, and any other not yet allocated. For further information please contact Doreen Sawyer in the Admin Office.

With more personnel on board, it is hoped to arrange some regional events during 2006. We welcome suggestions from members regarding locations, venues, content etc, and volunteers of help. The aim is to provide both updates on the UKRF and for more networking opportunities.

MERCHANDISE

There are various items for sale with the UKRF logo embroidered on. These include T Shirts and Sweatshirts in lots of different colours. You can obtain an Order Form from Mike Randell on sales@reikifed.co.uk or from the UKRF office. All orders are forwarded to our supplier on the first Monday of every month.

We still have some badges, 'I Love Reiki' and a black and white badge with the UKRF logo on, as well as car stickers, available from the office at £1.50 each inclusive of postage and packing.

REIKI REGULATORY WORKING GROUP

The RRWG has had a number of presentations from Examination Boards who currently offer Reiki qualifications.

The National Occupational Standards have not yet been finally approved by the QCA. An Education Sub Group had been working on a Core Curriculum but it has now been agreed that this is not required. The RRWG will now be looking at Requirements for Registration for inclusion on the register, which will be maintained by "The UK Reiki Council", yet to be formed.

A Seminar was held earlier this year at The Prince of Wales's Foundation for Integrated Health to discuss the way forward for regulation of therapies. The Foster summary report presented gave a number of recommendations, one being the formation of a Federal Regulatory Body, which would encompass all therapies. This would allow a centralised administrative function, resulting in a reduction in cost to the practitioner. This is to be discussed further by the Foundation.

During discussions at the RRWG it was stressed that whether full time, part time, paid or unpaid, if working on the public you technically become a professional practitioner and the new guidelines would apply to the individual.

A Consultation Document is being prepared which will allow individuals the opportunity to feed back on the consultation and regulatory process. The RRWG is planning to hold a number of road shows in 2006 for consultation purposes. Funding is needed for this and individual practitioners are being asked to make donations to the RRWG, via their own organisations, to help towards costs. UK Reiki Federation members are therefore asked to forward their donations to the UKRF office, cheques payable to the UK Reiki Federation but envelopes clearly marked "RRWG Roadshows". The RRWG would also like volunteers to come forward to help with fundraising.

Planned roadshows in 2006 are:

Stirling	9 September
Newcastle	16 September
Manchester	23 September
Belfast	30 September
Birmingham	7 October
Kings Lynn	14 October
Plymouth	21 October
London	28 October

Advertising material will be made available to promote the roadshows.

A small team of people attend the RRWG meetings and sub groups on behalf of the UKRF. Anyone wishing to be involved further with the regulatory process should contact Doreen Sawyer in the Admin office.

REIKI AWARENESS WEEK

The Reiki Awareness Week is planned for 10-17 June 2006 and plans are well under way by some of our members. We would recommend that anyone planning an event sends details to the office at the earliest opportunity.

In Andover, on Saturday 10 June, a Reiki Awareness Day will be held for members of the public. In the evening it is planned to hold a small social gathering for Reiki persons (or not!) at the Weyhill Fairground Hall, for which there will be a nominal charge. This provides opportunity for a mini "regional meeting" giving the opportunity for a social meeting and to share reiki and reiki experiences. Anyone interested in attending the evening meeting should contact Doreen Sawyer at doreen.therapy@tesco.net or telephone 07990 620660.

It is hoped to produce a CD this year to help promote the event. We do, however, need a volunteer to take on the task of getting this produced. We are grateful to Pamela Hardman, one of our members and a professional actress, for offering to do the recording, but we need offers of help with production and distribution. Anyone interested please contact Doreen Sawyer in the Admin Office.

BACK COPIES OF RESONANCE

There are a limited number of back copies of Resonance Magazine. Please send a cheque made payable to 'UK Reiki Federation' quoting your membership number and full address to the 'UKRF Back Orders, PO Box 1785, Andover, SP11 0WB

Still available are Resonance 1, 3, 5, and 6, and they all cost £2.00 each, plus £1.00 for postage and packing.

Also all back copies of Newsletters can be downloaded from the website.

FINANCIAL UPDATE

The UKRF Management Committee has commissioned a full audit of accounts for the periods 2001-2004 and 2004-2005. Details of the 2004-2005 accounts will be given in the Annual Report.

We are in the process of advertising for a self-employed book-keeper to work from the Andover office for 6 hours per week, in order to produce the required financial information for the Treasurer. Anyone who feels able to assist with the financial aspect of the UKRF is asked to contact the office.

The Federation will need to appoint a Treasurer at the Annual Review and anyone with appropriate qualifications and experience, who would be willing to put themselves forward for nomination is asked to contact the office.

LEAFLETS

Copies of the UK Reiki Federation Patient/Client Leaflet (pale blue) are available for purchase by members.

25 leaflets	£3.50
50 leaflets	£6.50
100 leaflets	£12.00
200 leaflets	£23.00

The new glossy UKRF Information leaflet is also available for 20p each.

To order leaflets please send your cheque made payable to the 'UK Reiki Federation with 'your membership number on the back, to 'Leaflets, UK Reiki Federation, PO Box 1785, Andover, SP11 0WB'. Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed. Prices include postage and packing.

The Information leaflets are popular with Teacher members who use them to advise their students about the Federation. The Patient/Client leaflets are an ideal way to explain about Reiki to both clients, and for those who would benefit from receiving information about it.

Editor: Christine Johnston.

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