

UK REIKI FEDERATION

Member of The Reiki Regulatory Working Group
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2004/2005 ANNUAL REPORT

UK Reiki Federation

As at 1 January 2005 the Management Committee was made up of the following individuals:

Officers: Mari Stevenson (Vice Chair), Henry Burrell (Treasurer), Doreen Sawyer (Secretary)

Committee Members: Caroline Anson, Robert Jefford, Christine Johnston, Mike Randell

The Constitution states that the Management Committee “shall administer the responsibility for the Management Committee and conduct of affairs of the UK Reiki Federation”, which its members will continue to do to the best of their ability and for the good of Reiki.

Our Aims and Objectives remain

- to federate individuals who are attuned to Reiki and who practise professional Reiki;
- to provide advice, support and an information network to the Reiki community, professionals who work with/alongside Reiki and the general public;
- to promote best practice in the delivery of Reiki to the public, and provide a form of recourse, and be part of the world-wide Reiki community;
- to create, maintain and evaluate professional standards of training for practitioners of Reiki;
- to carry out research and provide education and training to support this;
- to hold and publish a professional register for Reiki;
- to provide details of and promote mutual understanding, communication and good relations between different styles, systems, schools and lineages of Reiki within the UK and internationally.

Vice Chair's Report

(Mari Stevenson)

Before reviewing the past year, it could be useful to reflect about the idea of responsibility. For the Management Committee, it is only through the recognition of our responsibilities to you, that the UKRF evolves and grows alongside the expanding membership (wonderful) and helps us to fulfil our roles as your representatives.

The role of the UK Reiki Federation as an umbrella organisation is one of inclusion of all those who use this wonderful gift of Reiki. The Management Committee is committed to working together on behalf of you, the members, to continually review whatever is necessary so that we can continue to provide all that you may wish for in a professional organisation. The members of the MC have worked hard for you and continue to look, listen and learn from their experiences.

Looking at the last annual report you can see how much has been achieved over the past year by the Management Committee, who represent your aims and wishes both within the UK Reiki Federation and in the wider UK Reiki community.

2004 -2005 has been a year of substantial progress for the UK Reiki Federation, including the contribution members made, representing different styles of Reiki, in the formulation of the Reiki National Occupational Standards. The NOS will form the lynchpin of how our roles as Reiki professionals will be perceived, and will be of great help to the UKRF representative on the Reiki Regulatory Working Group (RRWG) Education sub-group, which is working towards the development of a National Core Curriculum.

It has been both necessary and right for us to focus this year on working with other Reiki organisations through our continued involvement with the RRWG. This shows how committed we are to continuing towards Voluntary Self-Regulation. It has also shown us how organisations from differing styles of Reiki can work together in harmony. The UKRF of course, already have this experience of working together.

The main aims of the UKRF this year, relate to looking at how we can offer even more effective communication and consultation opportunities to you. Members of the MC look forward to being able to talk face to face with individuals or groups as often as is possible over the coming year. Plus there are likely to be a number of areas where we can raise the profile of the UKRF even more as well as offering increased opportunities to members.

ANNUAL REPORT 2004

To enable us to formulate this, we need your contribution, to tell us what *you* feel is important for us to focus on. So look out for more information, or of course come to the AGM (I'm sure you were intending to come weren't you!), where your views will be sought.

There are members who have contacted the UKRF in relation to research information and help. Please be patient a while longer, the RDP group are working hard on your behalf.

The UKRF are now in the fortunate position, as a member of the RRWG, to help fund a systematic review of Reiki research in conjunction with the University of Birmingham, possibly the first time a University has approached a CAM therapy about a research project!

Now *we know* that Reiki works, and some of you may say, why bother with research?

To those of you unsure about the need for research, then just think of the possibility we have of being part of looking at the formulation of new research protocols for Reiki and the possible inclusion of areas not covered by previous research.

But the UK Reiki Federation is about more than research or Voluntary Self-Regulation. At its heart is a group of people looking beyond what is different in our approach to working with this universal energy, to include compassion and tolerance and a simple wish to share Reiki with those who should be able to have the joy of Reiki in their lives.

*I am part of all living things
I am part of this large earth
I am part of the distant heavens
We are one.*

Mari Stevenson

Admin Report

(Doreen Sawyer)

The office now uses a franking machine for its mailings, which saves valuable time. Following consultation with membership an overwhelming 80% expressed a preference for certificates. Membership certificates have now replaced the membership cards and have been warmly welcomed. Renewals are now spread out over the year, although there is always a surge at the March and September renewal date due to the old twice a year entry system. The Block Scheme Insurance is proving very popular with members.

Secretary's Report

(Doreen Sawyer)

The Management Committee has met on four occasions since the last report. Topics discussed have included: A review of Disciplinary Procedures, with the formation of a Complaints & Disciplinary Procedures Panel, which will look at initial complaints, and a Disciplinary Committee, which will carry out any further investigations; Merchandising, an introduction of new items on offer to members; Master Teachers' Directory, a questionnaire sent out last year has produced valuable information to enable discussion about what should be included in the Directory, planned for 2005; a review of the roles and responsibilities of various positions and teams within the Federation; discussion about the Annual Review & Festival, Reiki Awareness Week and promotional events; review of editorial protocols; A representative of the Federation attends the Parliamentary Group for Integrated & Complementary Healthcare; there has been an agreement to provide further upgrade to the website, which is currently being worked on; discussions about Clinical Governance; RRWG representation; agreement on a working definition and a working description of "What is Reiki". Meetings for 2005 have been agreed for Saturday 18 June 2005, Wednesday 14 September 2005, and Saturday 10 December 2005. We acknowledge the work done by Caroline Anson and Kay Zega, who both stepped down during the year.

Education & Training

(Doreen Sawyer)

Due to activity within the RRWG, the Education, Training & Accreditation team has not been actively working on any new projects in the year 2004/2005.

Membership Report

(Doreen Sawyer)

As at 26 January 2005, the UK Reiki Federation has 1218 members:

Practitioner	983
Associate	223
Friends	9
Affiliated Members	3

Membership remains steady, and we would like to acknowledge the support of retiring members, many of whom are moving overseas, and we wish them well in their retirement.

National Co-ordination & Networking

(Doreen Sawyer)

The team has been working extremely hard during the year, helping to promote Reiki, and the Federation within the areas. The team and local members contributed greatly to the success of the Reiki Marathon during Reiki Awareness Week 2004, and congratulations go to all concerned.

There are currently 16 Area Representatives and 2 Regional Co-ordinators, and we welcome new volunteers to the team. Area Representatives liaise with members at a local level. In some areas, these are supported by a Regional Co-ordinator. Mike Randell provides excellent back up to the team, keeping representatives updated on a regular basis on the membership in their areas. We are grateful to all members of the team for their efforts on behalf of the Federation.

Public Relations (Media/Publications)

(Christine Johnston, Mari Stevenson & Carole Block)

Reiki Awareness Week for 2004 was a great success and congratulations to all of the members who contributed their time to making it so. We feel that it was your involvement, the media/PR promotional plans, the new 'script' for the CD sent to the radio stations, and the targeted press release we were able to send out to local press ahead of your planned events, which made it so successful.

During 2004, the PR/Media team invited editors of local and national newspapers and magazines to experience a Reiki treatment. They were very receptive and the feedback was very positive. As a result of this, there were articles published in the press. We were also successful in receiving editorial coverage in some magazines.

The UKRF had a stand at the Complementary and Natural Healthcare exhibition, held at Excel, in October. PR/Media, Management Committee and UKRF volunteers were kept very busy offering short treatments. The PR/media team were also involved in a demonstration of Reiki on one of the stages. It was very worthwhile as representatives of the UKRF made new contacts, met members and generally augmented the UKRF profile.

We also attended a Midwives Conference in Cheltenham and were extremely pleased at the positive response from the midwives. A number of midwives expressed interest in participating in a pilot study using Reiki in midwifery healthcare.

The PR team feel that we have had a very successful and rewarding year. We look forward to achieving even more in 2005.

Research, Development & Pioneers (RDP)

(Dr Robert Jefford & Dr Caroline Anson)

Following the resignation of Dr Caroline Anson, the responsibility for RDP is currently solely with Dr Robert Jefford. Our sincere thanks go to Dr Caroline Anson for all the hard work she has put into the development of this team so far. We are very sorry she has had to step down but wish to acknowledge the great contribution she has made to RDP, particularly for her work in integrating the Pioneers into the RDP team.

The RDP team has been looking at a number of positive ways forward and is delighted to report that there have been a number of applications from members, and others, to become part of the team. Many of these applications have come from people with professional qualifications working in a diversity of settings, appropriate to our research programme.

Several links have been made with colleagues in the health sector including medical schools and the team is currently building a list of resources, including web links for the benefit of our members. A senior official from the Department of Health is developing guidance on how to approach and get into hospitals and this information will also be made available to our members.

There are also several other exciting developments in progress and the RDP team looks forward to being in a position to announce these to members shortly.

Dr Robert Jefford

Treasurer's Statement

(Henry Burrell)

The year ending June 30th 2004 has shown a welcome 27% increase in income unfortunately offset by a 40% increase in total administrative costs. Reducing these costs will be a priority releasing more funds for Advertising, Conferences and Fairs.

Increased membership has resulted in a 22% increase in mail costs, and 9% increase in IT costs.

Our income has increased from £44k to £57k and expenditure from £44k to £51k.

The full accounts will be presented at the AGM at Leicester and will be available for inspection.

Accountant's Statement

In accordance with instructions given to us we have prepared without carrying out an audit the annexed financial statements from the accounting records of UK Reiki Federation and from information and explanation supplied to us.

Mountsides Limited
Chartered Accountants
2 Mountside
Stanmore
Middlesex
HA7 2DT

Date: 23rd February 2005

Treasurer's Report

(Henry Burrell)

UK REIKI FEDERATION

PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 30TH JUNE 2004

	2004		2003	
	£	£	£	£
Membership fees and donations		57,662		45,431
Other income:				
Bank interest received		23		33
		<u>57,685</u>		<u>45,464</u>
Expenditure:				
Goods for resale	480		-	
Telephone	1,258		1,653	
Post & stationery	9,519		7,815	
Advertising	1,222		1,395	
Travelling	1,659		3,347	
Motor expenses	(1)		-	
Lighting costs	550		-	
IT and computer software costs	6,366		5,840	
Consultancy fees	21,720		16,164	
Sundry expenses	169		1,120	
Festival expenses	6,669		5,225	
Accountancy	353		470	
Insurance	1,133		1,181	
		<u>51,097</u>	<u>44,210</u>	
		6,588	1,254	
Depreciation:				
Fixtures & fittings	178		237	
Computer equipment	-		514	
		<u>178</u>	<u>751</u>	
NET PROFIT		<u>£6,410</u>		<u>£503</u>

Voluntary Self Regulation & Report on the Reiki Regulatory Working Group

(Doreen Sawyer & Robert Jefford)

The RRWG has met on four occasions during the year, with representatives of the Federation in attendance. Mari Stevenson was appointed as Chair, which followed on from her role as Liaison Officer for the UKRF, helping to bring together the Reiki organisations to form the RRWG. Topics discussed have included: Aims and objectives of the RRWG; formulation of a business plan; discussion on a working Definition and a working Description of Reiki; a team working on a draft Constitution for the future Regulatory Body; two working sub groups have been set up for Education and Codes of Ethics; discussion and encouragement to include lay members to the RRWG; leaflets about the RRWG to be produced. The RRWG now has in place a two year Work Programme which it is hoped will lead to the setting up of a Regulatory Body for Reiki in 2007. There will be a number of RRWG workshops in 2006, to offer opportunities for UK Reiki professionals to offer feedback on the VSR process. Members of the UKRF will be informed of the venues when information becomes available.

National Occupational Standards - a technical working team, including representatives from varying styles of Reiki, have been involved in a working group led by Skills for Health, to prepare and present proposed minimum standards for reiki practitioners. These draft standards were put out for consultation at the end of 2004, have since been completed and will be presented to QCA (Qualifications Curriculum Authority) in early 2005.

The systematic review of Reiki research, will be undertaken by Birmingham University. Dr Herron-Marx will oversee it; Barbara Burden (RCN complementary forum) will oversee the Reiki element. The aim is to publish it after the completion of the project, which is due to finish by April 2006.

Funding of any research project is costly; a research assistant can command a salary of £35k or more. So we are pleased that the only cost will be £35 per organisation belonging to the RRWG. There is also the possibility that we can work alongside the other Reiki organisations to look at devising possible protocols for Reiki research, which may prove useful for UKRF members interested in this area.

A Website has been set up (www.reikiregulation.org.uk) which gives full information on the RRWG. The Federation's website has copies of the minutes from the meetings for download.

The RRWG received some financial assistance initially from the POWFIH to help fund the cost of meeting rooms, but this was only temporary. The RRWG is now totally funded by contributions from the member organisations.

This Annual Report is PRESENTED BY the current Management Committee