



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION January 2004 - Issue 19

Member of The Emerging Regulatory Body for the Profession of Reiki

PO Box 1785, Andover, Hants. SP11 0WB Tel: 01264 773774 enquiry@reikifed.co.uk www.reikifed.co.uk

FROM THE CHAIR

In this our first newsletter of the new year, may I wish each of you a very happy, healthy and abundant 2004.

That this is a time of continued heightened consciousness, with much greater openness clearly evident at every turn, is well known by many of you. In the short time since taking on the role of Chair, I've been deeply moved at the extent of UK Reiki Federation members' individual and collective efforts to raise awareness and to help others to heal themselves and this planet.

So I pay tribute to you. You are the lifeblood of this, one of the largest and most respected of professional Reiki organisations, and I take this opportunity to thank you sincerely for your contribution to the impressive growth and success of YOUR Reiki Federation.

At the same time as thanking each of you for your part in the continuing development of the UKRF, I urge you also to look to your own personal development. This year promises to be an exciting period in the history of Reiki when professional development may come under greater scrutiny. So do please take advantage of the opportunities provided via the National Co-Ordination and Networking system, and through the Annual Festival, to meet with other UKRF members for mutual benefit.

Those of you whose work is at times isolating have told us that, in addition to providing opportunities for spiritual as well as professional Reiki development, interaction with likeminded individuals at UKRF events can be especially uplifting.

So I look forward to seeing you at this year's Annual Review and Festival and encourage you to get involved with the UKRF Area and Regional Support Network.

Meantime, may your journeying be joyful and reflect your dedication to Reiki and any other energy modalities you embody.

Kay Zega

ANNUAL REVIEW & FESTIVAL 2004

Bookings for the Annual Review & Festival 2004, which is to be held at Leicester University are flooding in. There are a few places still remaining, but going fast, so if you are interested please send in your booking form as soon as possible (closing date has been extended for last few bookings). Members can choose to attend as a residential delegate, or on a daily basis. Accommodation is available from the Friday evening. Dates again are 16-18 April 2004.

Workshops already offered include Karuna Reiki, the Science of Healing, the Native American Tree Ceremony, Dowsing, Tibetan Gongs, Repairing the Ravages of Fearful Living, (although final details are subject to confirmation).

Displays will possibly include Reiki books, Crystals (minerals and pendants), CDs, Apricot products, plus displays from various Working Teams and a Tombola..

There will also be time allocated for visiting the Botanical Gardens, which unfortunately many people missed last year due to the very comprehensive programme of events.

We look forward to seeing you there!!

Events Co-ordinator

REIKI AWARENESS WEEK 8-16 May 2004

The National Co-ordination and Networking Team would like to promote a "Reiki Marathon" from 8-16 May 2004, from 8.00 am to 8.00 pm each day. All we need is for people to let us know when they will be doing Reiki during that period so that we can promote Reiki in a big way. "Slots" already filled are 10 am - 4 pm on Monday 10 and Thursday 13th, so how about "filling in" the gaps.

Please forward details of what you will be doing to the Admin Office as soon as possible, so that a full check can be made that we will be achieving our aim. The PR teams will then be in a position to gain optimum awareness for these events.

It is important to note that although it would be preferable for the Reiki to be used on others for this event, it does not exclude instances where people will be using it on themselves. If you have any questions please contact Doreen in the Admin Office.

If you are organising a local event, please let us know so that we can promote it too. If you have ideas and need help, please let us know too.

If you are considering participating in a local show near you and would like someone from the UKRF to come and participate and possibly help share the costs, please let us know, especially if it is during Reiki Awareness Week.

We are creating a new CD which can be sent to radio and TV stations to promote Reiki locally, as well as nationally. If you would like to send one to your local station and will follow up, let us know.

We are also designing an A4 size Poster, which you will be able to download from the UKRF website. You can then magnify it if you wish and add your particulars; eg. Special local event and/or your personal details.

Further information on Reiki Awareness Week is available from the PR Team (Christine Johnston christine@reikifed.co.uk or Mari Stevenson mari@reikifed.co.uk).

TIME ON YOUR HANDS?

If you have time to spare and would like to volunteer your services to the Federation in a supporting role within the administrative structure then please contact Doreen in the Admin Office (enquiry@reikifed.co.uk) for a Working Team Questionnaire. We welcome people with good organisational and communication skills to support our varying Working Teams. Internet and email access is important as most communications within the Federation are through the internet. The Federation goes from strength to strength, with an ever increasing membership, but at the same time depends very much on the tremendous support of its volunteers.

DS

NATIONAL NETWORKING & CO-ORDINATION

We are pleased to welcome the following members as Area Representatives, and to thank them for their valuable contribution of time and expertise in taking on these roles. Area Representatives will be making contact with all members in their area, and will be the first point of contact for members on a local basis. It is

hoped that by expansion of this network, activities can be shared and organised both locally and regionally. If at any time you are unable to make contact with the representative please contact the Admin Office who will forward a message on your behalf.

<u>Area</u>	<u>Representative</u>
Aberdeenshire	Mark Brinsden
Birmingham & Solihull	Paul Cooper
Carmarthenshire	Stephanie Jones
Ceredigion	Stephanie Jones
Cheshire	Clare Albinson
Conwy	Clare Albinson
Cumbria	Fay Bailey
Denbighshire	Clare Albinson
Falkirk	Margo Nasmyth
Flintshire (inc Wrexham)	Clare Albinson
Hampshire	Chrissie Lenoir
Lanarkshire, North	Margo Nasmyth
Lanarkshire, South	Helen Walker
Moray	Annette Brooks-Rooney
Pembrokeshire	Stephanie Jones
Perth & Kinross	Sarah Renwick
Warwickshire (inc Coventry)	Paul Cooper
Wiltshire	Sylvia Clegg

If there is no representative listed for your area and you feel you may have sufficient time to take on this role then please contact the National Co-ordinator via the Admin Office (enquiry@reikifed.co.uk) asking for an information pack. If time is a little limited then it may be that the Area Representative would welcome support in their local area, in which case please contact them direct. It is preferable for volunteers to have been members of the Federation for a period of at least six months, and they should also have internet access.

In addition to the Area Representatives, we welcome the following members who will be acting as Regional Co-ordinators, supporting the Area Representatives in their roles.

<u>Region</u>	<u>Co-ordinator</u>
North West	Joe Potter
Eastern	Graham King
Scotland, North	Elizabeth Harley

Again, long standing members who are familiar with the work of the Federation are invited to volunteer as Regional Co-ordinators if they feel they have sufficient time to take on this role. Please contact the Admin Office for information.

DS

PRACTITIONER MEMBERS

Please remember to forward copies of your insurance certificates when these are renewed each year – the insurance companies do not send us copies. If full documentation is not on our files then names may be removed from practitioner listings until such time as the records are up to date.

Membership Secretary

RENEWALS

Sincere apologies from the Membership Secretary for the delay in processing some renewals. Due to the need this year to check both insurance and Reiki certificates, and the huge number of renewals involved, this is taking longer than normal. Membership is taken as renewed from date of receipt of payment and full paperwork will be sent out as soon as possible.

Membership Secretary

LEAFLETS

We are pleased to announce that the UK Reiki Federation Information leaflet (cream colour) was revised in July 2003, and the new combined and revised Patient/Client leaflet (blue) is now available.

To order leaflets please send your cheque (made payable to the "UK Reiki Federation" with your membership number on the back), to "Leaflets, UK Reiki Federation, PO Box 1785, Andover, SP11 0WB". Please include full details of your requirements, ie number of leaflets, title of leaflet, together with your membership number, full name and address all clearly printed.

Prices, which include postage and packing, are as follows:

25 leaflets	£3.50
50 "	£6.50
100 "	£12.00
200 "	£23.00

The Information leaflets are very popular with Teacher members who use them to advise their students about the Federation. The Patient/Client leaflets are an ideal way to explain about Reiki to both clients, and for those who would benefit from receiving information about it. Copy of new client/patient leaflet enclosed with this initial mailing (January 2004)

PRACTITIONERS

Why not contact your local GP or surgery Manager and ask if you can display the UKRF leaflets. You can add your personal details in the box provided.

APPLICATION FORMS

Would all Reiki Teachers please ensure that forms issued to students are the current ones for both Membership and for Insurance. New forms for membership became effective on 1 July 2003, for insurance on 1 August 2003. Forms are available for download from the website at www.reikifed.co.uk

Membership Secretary

ARCHIVES

We are very sorry to see the departure of Sandy Haden who has been looking after our archives for the past three years and will be stepping down in April. Sandy has done some wonderful work in collecting and cataloguing a large mass of material on Reiki as well as internal documents for the U.K. Reiki Federation. Thank you for all your hard work Sandy.

Her place will be taken by Richard Jones who has been a member almost since the UKRF was formed and who has been working with Sandy for the past year, helping to build an archive of Sandy's material on CD.

To get in touch with Richard with any enquiries regarding the archives or to supply any new material to be added he can be contacted by email (preferably please) on richard@thedawn.co.uk. or send articles directly to the admin office.

BLOCK SCHEME INSURANCE

We are pleased to remind our members that H & L Balen offer preferential rates of insurance to members of the UK Reiki Federation who take out insurance through our block scheme. People who apply direct to H & L Balen would pay a much higher rate. All applications must be submitted via the UK Reiki Federation office in order to confirm membership status. For information on the insurance please either download details from our website (www.reikifed.co.uk) or contact the UKRF office.

Please remember that Insurance updates will not be included with your membership renewals and if your insurance expires your practitioner status may be downgraded.

VISIT OUR NEWLY RECONSTRUCTED WEBSITE, IT IS PACKED WITH INFORMATION WHICH I AM SURE YOU WILL ALL ENJOY (online early February 2004).

WEBSITE LISTINGS

Practitioner members are able to have their Website details on the Federation's website listings as an active link. The initial cost for this is £10.00, and £10.00 for any subsequent amendments. Please contact the Admin Office for a Website Application Form if you are interested.

DS

LONDON, GLASGOW, BIRMINGHAM

We would ask members who live in these, and other large cities, to please let us know the area in which they live when sending in their contact details, and particularly when asking to be included in practitioner listings. If the city only is stated ie "London" then it is very difficult to identify such things as practitioners in specific parts of that city. If the area is included in the address, ie Ealing/West Ham/Hampstead etc. then it makes it much easier for us to identify locations for enquirers and for our mailings. Please confirm any changes of information in writing to the Admin Office by post or email, quoting your membership number.

NATIONAL OCCUPATIONAL STANDARDS TEAM

I wish to give a very warm 'thank you' to the members of the NOS team who gave their time and expertise to work on the templates. Taking into account the feedback we had received from members in Autumn 2002, we developed through a series of meetings and by email, a clear picture of how these could be developed for Reiki. As you are aware things have moved on considerably since we started this work. This team has fulfilled its current purpose and the Reiki Regulatory Working Group and Skills for Health will be taking this process forward. The work done so far will be valuable in providing the UKRF representative with an understanding of how NOS can be developed whilst maintaining the simplicity and beauty of Reiki.

*Léonie Clark,
NOS Team Coordinator*

GLOSSARY

Lineage: the history of your teachers, going back to source. e.g. Usui

Style: the type of Reiki taught, e.g. Karuna, Usui, Sechem.

POST OF REIKI PIONEERS CO-ORDINATOR Help Wanted

Gay Slater is soon to step down from this position and we are extremely grateful for all the hard work she has done. We are now looking for a volunteer to replace her.

This would be particularly suitable for someone who has experience of working in the Healthcare sector and therefore has an understanding of the conventional and alternative approach. This is the frontline of integrating our Reiki skills with the orthodox! Therefore we are looking for someone who enjoys and communicates well with others, not least our Pioneers, and to get feedback on how they are progressing.

Email and access to the internet is required. Please contact the admin office for more information, stating Pioneers Co-ordinating Post .

DISCOUNTS ON TREATMENT COUCHES

The UK Reiki Federation is pleased to announce that New Concept (suppliers of treatment couches) have agreed to offer discounts of between 5% and 10% off treatment couches to members of the Federation provided they quote their UK Reiki Federation number. Their website is www.new-concept.co.uk.

** THERAPY FOR HOMELESS PEOPLE **

The Single Homeless Project in Kings Cross, London is recruiting for Volunteer CAM therapists and practitioners to join an exciting programme. Anyone interested in helping, please contact Jola Powlikowski on 0207-837-0054/07985-198 894 Or email her: JPowlikowski@SHP.org.uk

MASTER TEACHERS.

We are currently planning a Master Teacher directory, so watch out for this in the next Newsletter. *(Please do not contact the admin office about this yet!)*

Newsletter Editor: Christine Johnston
Resonance@reikifed.co.uk

NB. Any Advertising leaflets enclosed with this Newsletter do not necessarily reflect the views of the UK Reiki Federation.