



# DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION JULY 2003 - Issue 18

The Emerging Regulatory Body for the Profession of Reiki

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## ANNUAL REVIEW & FESTIVAL 2004

We are pleased to announce that next year's Annual Review & Festival will be held at Leicester University, from 16–18 April 2004 (which is the first weekend after Easter). We are fortunate that the meeting rooms overlook the Botanical Gardens, which many people enjoyed last year, and delegates will have ample opportunity to enjoy their beauty. Further details will be given in the next newsletter, but please mark these dates in your diary.

## CONTINUING THE MOMENTUM TOWARDS INDIVIDUAL AND CORPORATE DEVELOPMENT

Throughout my membership of the UK Reiki Federation I've been proud to belong to and be supported by a professional organisation that not only represents all styles of Reiki and encourages respect for the differences in belief and opinion that abound within the Reiki community, but which has also become renowned for its concern to establish standards of excellence in the practice of Reiki.

In the short time I've been Chair, I have also come to appreciate the extent of the huge contribution in time, energy and ideas by all those who have worked so very hard on behalf of the Federation since its inception. As we progress toward Voluntary Self Regulation, the importance of the work done by Leonie Clarke (and the NOS working team), and Rosie Anderson and Doreen Sawyer (and the Education & Training and Accreditation working teams) becomes all the more evident, and particular thanks go to them. The continuing momentum towards individual and corporate development is also testimony to the enormous dedication of your current management committee and working teams who give of their time so generously, and I take this opportunity to thank them sincerely on your behalf.

*See reports elsewhere in this newsletter regarding further development towards VSR, Updates in respect of progress by working teams, and Restructuring of the regional network following Joan Hitchco's resignation. (Our thanks to you Joan for all your hard work. We wish you well with your decision to concentrate on your business interests.)*

## GOING FROM STRENGTH TO STRENGTH

Exciting news!

I am delighted to report that the Federation's membership is expanding at a rapid rate; so much so that we have the chance to consider introducing various

initiatives. In order to do so, however, there has to be the necessary infrastructure of ongoing reliable help and support. If you can commit to contributing in some way to this support network, please contact the Admin Office.

## ORIGINAL USUI REIKI

Equally exciting (and potentially challenging to existing personal truths) is the increasing emergence of information from Japan regarding Usui's original teaching. In true UKRF tradition, let us embrace all viewpoints in a spirit of inclusivity that facilitates celebration of similarities, respect for differences, acknowledgement of the collected wisdom of Western and Eastern Reiki Masters and Practitioners, and which promotes ego-free development for the highest good of the wider Reiki community.

## ROGUE EMAIL

On a less upbeat note I regret the distress and disruption caused by the "Coalition of Reiki Allied Polytheists" rogue email. The Admin Office was inundated with over 200 phone calls and emails from members distressed over the 'disqualification' threats. Formal complaints were of course made to the internet service providers regarding the illegal use of the Foundation's name and the groundless threats made to Reiki Practitioners. We cannot hope to fathom the mind(s) that would perpetrate such a hoax, but I assure all members that the only details the UKRF would ever give out are those which members have already approved for inclusion in the Practitioner listing.

## "ACCREDITED REIKI QUALIFICATIONS"

In a similar vein, we have received calls from members concerned to have been contacted by various establishments advising that they need to acquire the "Accredited Reiki Qualification" being offered by their organisation.

We confirm that no Reiki qualifications have yet been accredited, so if you hear of any college or educational establishment that is claiming to offer accredited Reiki Diplomas, Certificates etc, do please forward details.

## RECEPTION AT ST JAMES' PALACE, 22 May, 2003 to Launch Prince of Wales' Foundation for Integrated Health's 5 year Plan 'Setting the Agenda for the Future'

To end my report on a high note, it was a great honour to meet Prince Charles in the beautiful, highly ornate

setting of St James' Palace and to answer his questions about Reiki and about the UK Reiki Federation.

*More about this, including photograph, in the next issue of Resonance.*

*Kay Zega (Chair)*

## **THE REIKI REGULATORY GROUP (RRWG)**

Part of the original remit of the UKRF was to work towards Voluntary Self Regulation and we as a Federation have done a large part of the groundwork that is necessary for VSR. This includes, as you know, working with Skills for Health in formulating the first templates for National Occupational Standards for Complementary and Alternative Therapies (CAM).

The Management Committee agreed with The Foundation for Integrated Health (FIH) that if the Reiki community is to 'speak with one voice', then we need to actively seek involvement from as many Reiki practitioners as possible in the process leading to VSR.

As Liaison Officer, after consultation with FIH, I contacted those organisations that had at least 100 members who practise Reiki. This led to a number of Organisations meeting in London in April. The meeting was led by the UKRF, in conjunction with Hazel Russo from FIH. The atmosphere was very positive throughout the time we were together and the RRWG was formed, with a view to working together towards Voluntary Self Regulation.

Another meeting was held in June, where we exchanged information about Codes, standards and membership requirements.

The members of the RRWG feel it is important to make available the possibility for other Reiki organisations and individual Reiki practitioners to be involved in the process of VSR. Therefore, the minutes from the first meeting (with the minutes from the second meeting to follow) are available on the UKRF website, along with the list of those who attended the first meeting.

The press release invites other organisations or individuals to contact us, or our fellow members, so they can be part of the consultative process. So, please read the press release and minutes and try to spread the word about the RRWG.

*gassho*

*Mari Stevenson (Vice Chair)*

## **ARE YOU A PROFESSIONAL PRACTITIONER?**

As part of our membership of the RRWG (Reiki Regulatory Working Group), it is important for us to know where our Professional Practitioners are based.

Professional Practitioners include those who are insured to practise whether on a voluntary or paid basis.

Please let us know where you are working (hospitals, home, health centre, your own home, etc).

## **DO YOU HAVE TIME AVAILABLE TO OFFER TO THE FEDERATION?**

With a membership of well over 1100 members we are now reviewing many of the administrative and working team arrangements within the Federation. The basic requirements for all volunteers are:

- internet/email access (most communications will be via email)
- good organisational and communication skills
- time and willingness to commit to the UKRF.

### **Administrative Support**

We would like to set up a "resource pool" of people with administrative expertise based in different areas of the country, who would be willing to work on either a regular or "ad hoc" basis offering administrative support to our various working teams as and when required. In particular we would be pleased to hear from anyone within easy travelling distance of Andover in Hampshire who could spare 3-4 hours per week to help with basic administrative tasks. If you are interested please contact the Admin Office by email to request an information sheet and Working Team Questionnaire for the role of "Admin Support". ([enquiry@reikifed.co.uk](mailto:enquiry@reikifed.co.uk))

### **National Co-ordination and Networking**

With immediate effect we will be looking for individuals who would be willing and able to act in a voluntary capacity as Area Representatives within their area. Anyone who is interested and would like to offer their services please contact the Admin Office by email ([enquiry@reikifed.co.uk](mailto:enquiry@reikifed.co.uk)) to request an information sheet and Working Team Questionnaire for the role of "Area Representative".

In addition, for anyone able to commit a little more time, we are seeking Regional Co-ordinators who will be responsible for a specified region. Regional Co-ordinators will be the main contact for Area Representatives. Again, if you are interested, please request an information sheet and Working Team Questionnaire for the role of "Regional Co-Ordinator".

We would like to acknowledge the work done by existing team members, in particular a tremendous vote of thanks to Joan Hitchco, who has now stepped down, for her invaluable contribution the since Team's inception.

*Doreen Sawyer /Mike Randell*

## MEMBERSHIP CATEGORIES

Details were given in the last Resonance about the new categories of membership, which unfortunately seem to be causing confusion to some members. To clarify:

**Old “Associates”** will automatically be transferred to one of the new Practitioner categories and this will depend entirely on the details which you have furnished us with. Requests have been made in both newsletters and magazines over the past 12 months for copies of certificates to be forwarded to the office, so ample time and opportunity has been given for this process to take place. From the information given on certificates in our possession we will be able to identify the relevant category, which will be taken from the highest level of training the person has received and evidenced to us.

**Teacher category.** If we have in our possession a certificate which states “Teacher” or indicates that the individual can “carry out attunements/initiation” or can “teach”, then there will be absolutely no problem. They will automatically be included in the Teacher category.

If the certificate simply states “Master” and has no explanation of what that covers, then because of the large number of differing Reiki Styles and different meanings of this word within those styles, if the individual is a teacher then they should provide additional evidence to confirm their teacher status. The simplest way to do this is to get the Reiki Master who they trained with to send the UKRF a letter confirming the training given and competence achieved. We will keep a record of all letters received from teachers so that referral can be made to the file if we are in any doubt. If this is not possible for any reason then please contact the office and we will discuss various other ways of evidencing teacher status.

Although this may seem a little harsh, you will recall that we are working towards Voluntary Self Regulation and the need to bring in certain levels of professionalism. By ensuring our membership meet some minimum requirements at this stage, it should help to make the transfer to any future official national register that much easier.

If you have any problems please do not hesitate to contact the office.

## PRACTITIONER MEMBERS

Please remember to forward copies of your insurance certificates when these are renewed each year – the insurance companies do not send us copies. If full documentation is not on our files then names may be removed from practitioner listings until such time as the records are up to date.

## LEAFLET INFORMATION

We currently have three types of leaflet available for purchase by members:

**Reiki – Information for Clients (June 2002).** This describes what Reiki is and does, particularly aimed at clients for home, health centre and private practice.

**Reiki – Information for Patients (June 2002).** As above, but designed for patients in hospital, hospice and more medical settings.

**UK Reiki Federation Promotional leaflets (July 2003).** These describe our development, aims and objectives, and explain the different types of membership.

Please specify which type of leaflet you require, making cheques payable to UK Reiki Federation, and printing your name, address and membership number in capitals on the reverse. *All prices include post and packaging.*

All types of leaflets:	25 leaflets	£3.50
	50	£6.50
	100	£12.00
	200	£23.00

**NB** Old leaflets, with address labels, are no longer available

## SPECIAL OFFER – RESONANCE 1

We still have copies of Resonance 1 in stock and are able to offer a special discounted rate of 10 copies at a cost of £10 inclusive of postage & packing, whilst stocks last. Please send your request with your cheque (payable to the “UK Reiki Federation”) and quoting your membership number, to Resonance 1 Offer, UK Reiki Federation, PO Box 1785, Andover, SP11 0WB.

## APPLICATION FORMS

Would all Reiki Teachers please ensure that forms issued to students are the current ones for both Membership and for Insurance. New forms for membership became effective on 1 July 2003, for insurance on 1 August 2003. Forms are available for download from the website at [www.reikifed.co.uk](http://www.reikifed.co.uk)

**NOTE: New rates (effective 1 July 2003) apply to new membership applications and late renewals.**

## UK REIKI FEDERATION LOGO

We would like to remind you all that the UK Reiki Federation logo should NOT be used by members on their own promotional material. Members in the Practitioner categories may use the appropriate description for their membership, but use of the logo is restricted to official UKRF correspondence and literature.

## PR/MEDIA WORKING PARTY.

First, thanks to Carole Block for joining the 'team'. Her background in marketing is proving very helpful.

Next, the PR/MEDIA team have attended the following events on behalf of the UKRF – full details will be available in the next issue of Resonance.

1. National Childbirth Trust Conference.
2. Complementary Therapy Day at UCLH in London.
3. Complementary Medicine & Women's Health (Evidence for Integration.)

## CHANGES IN PRACTITIONER DETAILS

When notifying the office of any change in personal details would practitioner members please also confirm whether or not the practice location and telephone number have also changed as we need this confirmation before we can amend the records.

## WEBSITE PRACTITIONERS' LIST UPGRADES

As from the August/September update, the website listings will incorporate two important upgrades - please let us know as soon as possible if you would like to update your listing to take advantage of them. Please also check the rest of your listing carefully at the same time!

### 1. COUNTY:

We now have the option to specify separately the county in which you live (for our internal mailing purposes) and the county in which you primarily practise (for published Practitioner List purposes) - please let us know in writing if your current public listing is inappropriate, so we can move your entry. Incidentally, please ensure that you do give us a valid county, not one that has been abolished, merged etc, to ensure that your entry goes in the correct section!

### 2. WEBSITE ADDRESS:

For the first time, we have the facility to add your website URLs. (For the non-technical, that's the one that starts http://). This will enable people to click straight through to your own website for more information before contacting you, and may also improve your rankings on some search engines. There will be an initial set up charge of £10.00 per entry for this. Any future changes to the URL which are requested at any time other than renewal, will also be subject to an administration fee of £10.00, the exception to this will be at renewal of membership when no fee is payable. URL additions/amendments will not be made unless confirmed in writing and accompanied by the appropriate fee.

To make this process smooth, and avoid unnecessary administrative overhead, please note the following:

- You may list your email address, website address or both.
- You will need to advise/confirm in writing what the website address is that you wish to use before we can list it – we cannot act upon any that we might have on file already.
- Please do not ask us to list your website address unless your site includes significant information about your Reiki practice - if your site is much wider in scope, you may wish to provide the address of the relevant page, providing that address is not likely to change;
- It is up to you to tell us if your site URL changes - we will not be testing it and prompting you; remember, a broken link is worse than no link at all!

If you are using addresses supplied by your internet provider, we would strongly urge you to purchase your own domain name so that, if you change provider (voluntarily or otherwise!), you can take it with you, and you do not have to change either your web or your email address.

## IMPORTANT

Domain names have become very cheap - you can pick up a .co.uk or .org.uk name for about £5.00, although there may be additional annual name "hosting" fees in order to actually USE it. However, please do NOT ask us for help or recommendations about how or where to do this! We have neither the expertise nor the resources to respond to queries, especially since the solution can be specific to your provider. Please ask your web designer, internet provider, and/or anyone you know who has already done it!

Roughly speaking (and all of these examples are fictitious!), if Fred Bloggs has an account with cheapost.com, he might have free web space and an email address like:  
Web: <http://members.cheapost.com/~fredbloggs/mysite/home.htm>  
Email: [fredbloggs@cheapost.com](mailto:fredbloggs@cheapost.com)

He might then buy "bloggshealing.com" and have it "hosted" so as to point at his existing accounts. Without having to change anything except the outgoing 'From' address in his email software, he is now:  
Web: <http://www.bloggshealing.com>  
Email: [fred@bloggshealing.com](mailto:fred@bloggshealing.com) (or indeed, {anything}@bloggshealing.com)

If Reiki forms only part of his healing practice, and his site is large and stable, he might ask us to list his Reiki page at:  
Web: <http://www.bloggshealing.com/reiki.htm>

If cheapost.com goes bust, and he has to move to another provider, all he needs to do is change the "hosting" of the name, to direct web traffic and emails to his new web space and email account - to the outside world, nothing has changed.

NOTE: Please remember to check your website listing and notify us in writing of any omissions or errors. Practitioner listings are amended immediately, website listings every 4-6 weeks.