



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION SPRING 2003 - Issue 16

The Emerging Regulatory Body for the Profession of Reiki

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The Royal vision of integrated healthcare: HRH The Prince of Wales

THE PRINCE OF WALES'S FOUNDATION FOR
INTEGRATED HEALTH, REGULATION SEMINAR 19
NOVEMBER 2002 REGULATION: A KEY STEP TO
INTEGRATION

In November last year, Joan Hitchco (Regionals), Rosie Andersen (Education) and I were invited to attend a seminar at the Foundation for Integrated Health and meet Prince Charles. I was going to report and summarise the day's events for you, however I think a full transcript of the speech made by Prince Charles somehow encapsulates all the things I would have wanted to say and in a more succinct way. Therefore, I think it's more appropriate to quote verbatim as this shows where CAM regulation is, and why:

"Good afternoon, ladies and gentlemen. It gives me great pleasure to be with you today and to have had the opportunity to meet and talk with a number of you. It is over three years ago now since I spoke to some of you at my Foundation seminar "Professional competence - Public confidence". A key message from that seminar was that people needed to feel confident that the treatment they received from any complementary practitioner would be safe

Like conventional medicine, complementary medicine can only be safe if practiced by a skilled, qualified practitioner, in unskilled hands it can be potentially harmful. One of the key components to increasing public confidence must be creative, proportionate regulation.

Today's seminar makes, I think, the important link between regulation of complementary medicine and an integrated approach to healthcare. Regulation as we know is first and foremost about protecting patients. However, it is also a prerequisite for effective integrated working. I believe complementary medicine won't be taken as seriously without it.

Those in healthcare are increasingly working across professional boundaries. It is important that all healthcare professions learn to work more flexibly and collaboratively, respecting each other's traditions.

I am delighted by how much progress you have made and although you are all at very different stages, I am encouraged to hear that you are moving towards the establishing of single regulatory bodies for each of the complementary therapies. Without you, and your colleagues', commitment and dedication and also the very generous financial support from the King's Fund, this could not have happened.

It seems to me the progress that has been made is a sign of maturity within your professions and that complementary medicine is willing to be accountable and to accept responsibility - responsibility for the profession and for the public, but most of all for the patients. But how do we

translate your advances into real outcomes? I think there is no one model. Integrated healthcare can take many forms; complementary practitioners working more closely with conventional practitioners, conventional practitioners practicing complementary medicine, the private sector working with the public sector but, most importantly, a holistic approach to care designed to meet the needs of the patient on every level . . .

And we have just heard from Sally Hornsby, describing most poignantly her own experiences as a patient making a very strong argument for better regulation of complementary medicine, this enabling its integration with conventional medicine.

While considerable progress has been made, there is still, of course, a lot more work to be done. The issues involved are complex and need creative solutions. You and your colleagues are being called upon to carry out work that could potentially help to revolutionize the healthcare system in this country. But this work requires perseverance, dedication and a willingness to find solutions to what at times must seem like dealing with insoluble problems and intractable people.

Continuing to work together in a spirit of collaboration is of the utmost importance. I am encouraged to hear that both herbal medicine and acupuncture, sponsored by my own Foundation and the Department of Health, have set up working groups to make proposals for the statutory regulation of their profession and that other therapies are uniting together to form voluntary systems of regulation for their professions.

I believe, too, that we have to challenge some of the perceptions about regulation and what that means. I know that there is a fear amongst some complementary practitioners that regulation will destroy that which is at the very heart of holistic healing - but I am convinced that this need not be the case.

Regulation does not have to be about restriction and restraint, and with careful construction it could lead to freedom and opportunity.

Now is the time to be creative and to develop regulatory structures that will empower and enhance the practice of complementary medicine within integrated settings. By doing so, you will be building solid foundations for the growth and future sustainability of holistic and integrated healthcare in this country - hopefully by the time I shuffle off this mortal coil. That's unless I have been genetically modified or have somehow been revived by the application of many of the therapies represented in this room!

Ladies and gentlemen, there are many challenges ahead but working together with my Foundation and others, I am convinced the opportunity is there to bring forward appropriate regulation."

Blessings to all who choose to engage in this process and with so much preparation through the past four/five years I'm sure with focused intent and right motivation Reiki will now sail through the process of voluntary self regulation to become accepted by orthodox practice and take its role as part of the new integrated healthcare paradigm. Well done everyone for all commitment and contributions so far.

A write up of the day is available on www.fimed.org, copies of the speech can be found on www.princeofwales.gov.uk, or contact the UK Reiki Federation Admin office.

Neil Anthony

ANNUAL REVIEW AND FESTIVAL

As notified in previous newsletters the Annual Review and Festival is being held at Leicester University over the last weekend in March (29/30) 2003. The event will be hosted in Digby Hall, which is adjacent to the beautiful Harold Martin Botanic Gardens and extends for sixteen acres around the halls of residence grounds.

The main focus for the weekend will be regulation and professionalism, although there will be ample opportunity for other topics to be discussed.

Saturday morning will start with registration from 9.00 am, with the Annual Review commencing promptly at 10.00 am. There will be short reports from members of the various working teams, and speakers from the Prince Charles's Foundation for Integrated Health and from Skills for Health who will talk about issues surrounding regulation, education and professionalism. There will be an optional evening meal on the Saturday evening, giving opportunity for members to meet more informally.

The Sunday will again allow for registration from 9.00-9.30 am, with the programme proper starting at 9.30 am. It will give opportunity for a choice of activities from a range of workshops currently being planned, which will include both Reiki specific and non-specific topics. If anyone wishes to offer a workshop then please contact the office immediately as the schedule is being finalised as you are reading this.

We hope to offer the opportunity to view a range of merchandise during the weekend which may be of interest to our members. Anyone interested in bringing along items for sale, or wish to make a donation towards federation fund raising please contact either Christine Johnston or Mari Stevenson, by email or in writing, via the admin office.

Members whose subscription is due for renewal on 1 April 2003 will be able to pay their subscription during the festival weekend if they wish.

Although strictly speaking bookings have now ceased, if you wish to join us for part, or all of the weekend, please call the office for details of possible vacancies. Bookings must be made in advance.

Doreen Sawyer

ELECTION TO THE MANAGEMENT COMMITTEE

With the Annual Review and Festival fast approaching, now is the time for new elections to the Management Committee (previously referred to as the Core Team). Positions available are for Chairman, Vice Chairman, Committee Members, all to be effective from 1 April 2003.

Associate Members were circulated with appropriate nomination details early in January, and nominations have now been received (deadline being 3 February 2003). Where the number of nominees exceeds the number of vacancies then voting will take place by ballot at the Annual Review and Festival at the end of March. A proxy form is enclosed with this mailing to Associate Members, which will enable them to request a proxy vote if they are unable to attend, however, instructions given on the form must be strictly adhered to. Full details of nominees are enclosed with the proxy form.

It is important to note that Associate Members are only entitled to nominate and vote if their membership as an associate is **validated** by meeting full conditions of Associate Membership, which are detailed elsewhere in this Newsletter. Any form received which does not meet these requirements will be discounted.

Results of the elections will be announced at the Annual Review and subsequently reported in the next Newsletter.

If you have any questions regarding the above please do not hesitate to contact the office.

Doreen Sawyer
Secretary

We are very sorry that **Neil Anthony** has decided to step down as **Chairman of the UKRF**. We are extremely grateful for all he has done for the UKRF over the past few years and we send him our best wishes for a future filled with Love, Light and Laughter.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO Box 1785, Andover, SP11 0WB or e-mail: enquiry@reikifed.co.uk

Please state whether Provisional or Associate Membership Required

DISTANT HEALING

I have been managing the Distant Healing List for some time now and the work done by the people on the list is constantly praised. The effect of the list is phenomenal!

There have been reports of people with just a few months to live, exceeding all expectation and carrying on with a good quality of life. Also, reports of how a very ill person has been helped by bringing peace of mind and acceptance to them. The list also covers pets, situations and concludes with a request that everybody to have peace and love in their hearts.

When I first took over the list, no mention was made of why the healing was needed. My own training was to focus the healing as much as possible, but from the comments received some people disagreed with this. Now people can add this information or leave it out as they wish. Also, some members were confused to find their own names on the list. Again, my training was that if you send so shall you receive.

The list continues to grow with both the people who wish to receive the healing and those who wish to send it. As it gets longer it is harder to administer. Recently it was brought to my attention that one name was on the list several times and sure enough it was there three times!

When my computer crashed so spectacularly I only had a very small number of email addresses in my records. These people very generously sent me the last distant healing list, so that I could replenish my email information. The last disaster is that my new computer got a virus and I have had over 200 emails returned to me! Please accept my apologies if you were affected by this.

It is just wonderful how organic and nurturing this work has become. Everybody's patience is appreciated and all comments, criticisms and requests are taken on board and/or dealt with.

This is laudable work that can easily fit into your life. There are so many different ways to send healing. My personal way is to use a candle which burns steadily for two or three days. Each time I pass by I put the symbols into the flame again.

The list is extensive. There are names and situations on the list from all over the world. Who knows, one day we may even go galactic!

Love and light.

Vivienne Drummond

The Integration of Complementary and Conventional Healthcare 2003 Awards for Good Practice – we sent this to you with the last Newsletter. Remember the closing date is May 16th, 2003. If you want another leaflet – please contact the office.

PR / MEDIA/PUBLICATIONS.

We need to build up the professional profile of the UKRF and Mari has been in touch with a **Media training company**. This will be made available to members in the future. We have already received a good deal of free advice.

We must have a **user friendly website** which will be easy for all members and the general public, including health professionals and researchers, to access. The website should also represent our 'corporate image'. Mari has contacted several designers and quotes will be obtained. We would also like to use our website to sell goods (couches, candles, etc) as well as members courses, when they have been accredited.

Christine agreed to Edit the new re-vamped **Resonance** and we have been getting quotes and advice on different aspects, such as the advertising costs, general marketing and help with general PR. We are hoping to get the first revamped issue out later this year. In the meantime we will be putting together an issue of the old style Resonance in March or April.

Please send articles, experiences, anything of interest to members and practitioners.

The Resonance insert, '**Network Link**' is specifically for members to advertise their practices and courses and we need 'Regionals' to promote this. The register will be incorporated within the Network Link and it is up to individual members as to what they would like included, i.e. name, address, email, and/or telephone. Please let us know..

Mari has written a couple of editorials which will be included in the Body and Mind Handbook and the Natural Health Directory. Please send us any articles you find about Reiki so that we can keep our Archives up to date.

We are working towards establishing more links between **Working Groups** so that we can promote what everyone is doing and achieving, including VSR, NOS, Core Curriculum and Research, with a view to keeping members up to date and asking for their feedback.

There are a lot of developments within the UKRF at present and our aim is to promote all that the UKRF is doing and endeavouring to achieve. We need to promote Reiki to the general public. We need to increase membership of the UKRF. We need to make the Reiki community aware of the need to Regulate. We need to promote the benefits of Reiki to the establishment, especially within primary care.

We will also be creating new style **leaflets and a brochure**, which needs to express the 'corporate image' of the UKRF and we would like to have members' input on this too. There is also the question of whether to keep the same UKRF logo or not. **Write or email us with your views.**

Don't forget **Reiki Awareness Week** starts May 12, 2003. Let us know what you are planning, so that we can spread the word.

Christine Johnston and Mari Stevenson

REGIONALS REPORT

PLEASE PHOTOCOPY AND DISTRIBUTE FREELY

The Membership Network Support Team is now able to send out membership contact details to Regional Facilitators for contact purposes only – not for mailshots. The list is updated on a regular basis.

Leicestershire members have received a letter asking for their support at the Annual Review and Festival 2003, at Leicester University, by providing workshops, etc. The Regional Facilitators have also been contacted.

The 'Northern Lights' have posted a 'News and Views' page to their members. Joe Potter, as Regional Facilitator, is working hard on behalf of the UKRF.

We are currently looking at the Scottish Region. Due to the large membership there is a need to divide the region into two. The team is meeting to discuss this and to take action during February.

Joan Hitchco

T Shirts

There are some Medium and Large T shirts still available. They still only cost only £9.00 inc. p&p. Send a cheque made out to the UKRF, to Joan Hitchco, 6 Ainsbury Road, Coventry, CV5 6BB. Or email Joan@hitchco.co.uk or tel: 024 76 678496

RESEARCH CO-ORDINATOR

Anyone interested in becoming involved with the Research Working Team, please contact the Admin Office for further information.

MEMBERSHIP

Renewals

Will those members who were due to renew their membership on 1 October 2002, or before, but have not yet done so, please note that their names will be removed from all practitioner listings and their membership will be deemed to have been cancelled. If insured through our block scheme then your insurance may also be affected.

MEMBERSHIP (continued)

Insurance

Could Associate members please remember to send in copies of their insurance certificates when their insurance is renewed as it is essential that we have a current copy of the insurance on our files.

Validity of Membership for Associate Members

It is a condition of Associate Membership that the following documents are on file:

- Copy of Reiki I and II certificates (or higher if you have them)
- Copy of Signed Acceptance of Codes of Ethics (relevant to the Codes dated March 2002)
- Copy of Current Practitioner Insurance

If not on file, membership will temporarily be reverted to Provisional Status until such time as the records become up to date. This will also exclude you from taking part in any voting within the Federation (ie you will not be an Associate Voting Member), and include temporary removal from practitioner listings.

If you think that you may not have submitted up to date copies of certificates and insurance information for your records, please send in copies with your membership number on the back.

If you are not sure about the Codes of Ethics then please complete the slip below and send in to the office. If you need to contact the office about these then please do so in writing (email or post). Copies of Codes would have been circulated early 2002.

Individuals who have joined since April 2002 will have been rigorously checked to ensure validity of their applications, although up to date insurance information will still need to be sent through.

Membership Secretary

UK Reiki Federation Codes of Ethics & Professional Practice Acceptance Reply Slip

I hereby confirm that I have received the UK Reiki Federation Code of Ethics & Professional Practice dated March 2002. I have read the Code, I understand its contents and I declare that I will abide by it. Furthermore, should I not adhere to this Code, I may be subject to the UK Reiki Federation's disciplinary procedures.

Name:

Membership Number:

Signed:

Dated:

Please sign and return this reply slip to: Membership Secretary, UK Reiki Federation, PO Box 1785, Andover, SP11 0WB