



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION SUMMER 2001 - Issue 11

The Umbrella Body for the Development of National Occupational Standards & Best Professional Practice of Reiki

PO Box 261, Wembley, HAO 4FP email: enquiry@reikifed.co.uk website: www.reikifed.co.uk

Manifesting Abundance & Exchanging Energy

As you are directly involved in the process of the manifestation of UKRF, it is important for you to know that all this developmental work is wholly owned by our members. The price of membership is not a fixed, static thing, and will change from time to time, although we aim to keep it realistic and good value. Currently, the actual price of membership covers the cost of producing the practitioner packs, the development and creation of them is a gift of service. The price also covers the printing of the Development Newsletters and Resonance members magazine, again not the creation of them. It covers some basic admin functions and the mail-outs of information to study groups.

Recently, we have been gifted free office space in the West End of London for the next few months. We are also being gifted office furniture from other sources, too. So, as soon as we are able to get this established and 'anchor' the energy we will have a centralised phone line and contact address. Yippee!

Most of the work carried out for and on behalf of UKRF continues to be volunteered, donated time, energy and resources. As membership grows and the energy strengthens we are now able to begin to, for example, negotiate preferential rates for goods which will benefit our membership (e.g. state-of-the-art treatment couches).

More news as things unfold . . .

Neil Anthony

Admin Crisis

Sadly, Angie our new membership secretary recently resigned and we are still in the process of replacing her. We are in crisis in terms of admin support, membership secretary work and database management. Quite a large backlog built up over the past two months and we have started to pick up the pieces but we are currently on a skeleton service and will be for some time. Our new London office is just an empty room right now and when it is up and running we can start training up new staff and developing a team.

We need volunteers to help in our London office with mailouts and other admin tasks. Any computer skills are a bonus. If you are interested let us know in writing at the old PO Box address (at the PO Box No. above). We will contact you when the office is nearly ready. Also, please do not use the postcode HA9 0BB anymore, we are reverting back to our old postcode of HAO 4FP until the new office is up and running.

This is a time of great change for the administration of the federation as we leave behind our days of working out of one

person's bedroom and move to an office and team structure. While we are in this transitional stage please be patient and understanding, we have gone from 20 hours week part-time admin to less than 5-10 hours. With your support we can take the recent two steps backwards and move three steps forward.

Nick Ioannou – Acting Secretary

Volunteers Required

We are currently looking for practitioners who would be willing to pilot the UKRF's new Treatment Evaluation form for a period of approximately 3 months. Please contact Rosie Andersen at rosie@reikifed.co.uk or at the PO Box No. above.

Reiki Pioneers

All our listed Reiki pioneers will be contacted separately with regards to a National Reiki Pioneers contact booklet and the setting up of special interest groups (SIG's). If you are a Reiki pioneer working in specialist areas, such as, Hospitals, GP Surgeries, Hospices, Community Centres, AIDS/HIV, Prisons, Palliative care, Special Needs, Education, etc.; have not yet sent us your information and would like to be included in our new booklet, then please contact Rosie Andersen at rosie@reikifed.co.uk or at the PO Box No. above.

Research

Any members who are involved with research/evaluation projects using Reiki and would like to be included in a networking list to share ideas, experience etc., please contact Rosie Andersen at rosie@reikifed.co.uk or at the PO Box No. above.

Archives Request

Hi, I'm Sandy and I am the holder of some articles published in newspapers and magazines about Reiki. I also have some medical articles. I am now going to be collecting these articles for the Reiki Federation Archives. There are many papers and magazines published and it is impossible to see what is out there about Reiki and I wonder if you could help. If you have any articles that you have collected in the past, or you see any in the future, please send them to me to add to the UKRF archive. I feel that it will be interesting to see how the articles develop as Reiki becomes more accepted, and will make interesting reading for the future. I am eagerly awaiting my first article that mentions the Reiki Federation as I haven't seen one yet. If you can help please send any information to the usual PO Box No marked UKRF ARCHIVE.

Sandy Haden

The Research Council for Complementary Medicine

News from the RCCM; Summer 2001

At the start of this year we outlined a staged development programme for the RCCM's CISCOM database of research references in Complementary and Alternative Medicine (CAM). In our Spring Bulletin we announced that an improved CISCOM search service was available and searches can now be requested online; the RCCM web-site (<http://rccm.org.uk>) also carries direct links to Cochrane Reviews and to many other relevant web-sites.

Today, thanks to a grant from the UK based King's Fund, we are able to initiate developments that will soon lead to online guided searches through a broad range of sources, quality assured information, electronic links to web-based journals and links to other relevant databases and organisations. A more detailed update will be issued before the end of this year when new staff have got to grips with the task in hand but meanwhile the RCCM is also receiving positive and very helpful co-operation from the Centre for Reviews and Dissemination at York, Exeter University, the British Library and other centres.

CISCOM development policy will be guided at all times by the demands of quality assessment and comprehensive coverage. Thus, in addition to developing a thorough and detailed strategy for compiling the information entered on CISCOM, clear assessment criteria will be employed by which studies can be evaluated, particularly in relation to their clinical usefulness.

CAM Researcher Network (CAMRN)

The purpose of this project is to promote collaborative research ventures and continuing dialogue between researchers and potential researchers in CAM, via a bulletin board at the RCCM's website. Details of the several dozen members who have already registered are being placed on a database of research skills and expertise that will be used to support the peer review process for referring articles and grant applications. New members can register online at: <http://www.rccm.org.uk>

Clearly, there will be a valuable synergy between CAMRN and the CISCOM database.

Training

Linked to CISCOM and CAMRN, the Trustees are planning to promote an evidence based approach to research in CAM by launching a short training programme designed to equip researchers and practitioners with the necessary skills to formulate appropriate strategies and be aware of the strengths and limitations of this approach.

Herbal Medicines: Special Web-site Feature

The RCCM has commissioned three brief articles on herbal medicines which can be found at our web-site. Michael McIntyre focuses on issues relating to regulation; Dr Gerry Bodeker looks at traditional medicines in the developing world; Prof. Terence Ryan looks at research on the use of traditional plant based medicines in treating skin problems and includes links to relevant websites.

Defining CAM

A new and very interesting project that has recently been approved by the Trustees is to: 'actively promote dialogue

and research around the concepts, terms, meanings and philosophies underlying CAM systems and where they differ, if indeed they do, from orthodox medicine'. The Trustees see this as important in relation to the present enthusiasm for the integration of orthodox medicine and CAM on the grounds that integration on an equitable basis demands the proper clarification of those elements that it is intended to integrate.

The project is led by one of our Trustees. Comments and contributions to our e-mail address will be very welcome.

The RCCM, Suite 5, 1 Harley Street, London W1N 9QD

**The Research Council for Complementary Medicine
founded 1983: registered charity no. 287382**

Our Logo

Our new simpler logo is based on the new Japanese kanji for the words Rei and Ki. These were taken from a revised modern kanji dictionary called 'Kanji & Kana – A Handbook of the Japanese Writing System'. This is the most neutral form of the brush script for the Japanese characters much like the Times New Roman font this newsletter is written in for our alphabet.

Resonance Magazine

The Autumn/Winter 2001 issue of Resonance, our biennial magazine is currently being put together, though it's not too late to send in an article or story of your Reiki experiences.

For the Autumn/Winter 2001 issue, please send articles (max. 1000 words) and other submissions, preferably by email to resonance@reikifed.co.uk or on floppy disk accompanied by hard copy. Disks and/or typed submissions should be sent to the UKRF PO Box.

Nick Ioannou

Questions & Answers

BLOCK INSURANCE SCHEME – The insurance option for Associate members with H & L Balen includes cover for Reiki workshops and attunements as standard.

SPRING 2001 STUDY GROUPS – Due to administration hand-overs and other factors the Spring Study Groups became the Summer Study Groups. We are still collating the results and will keep you posted.

MEMBERSHIP FORMS – We would prefer you **not** to use the old Associate membership forms as the new one has the Codes of Practice acceptance reply slip incorporated into it. Please only give out any new Associate forms together with the Codes of Practice. Please contact us if you would like any extra membership forms.

ASSOCIATE UPGRADE – If you are a provisional member and would like to upgrade to associate membership please write or contact us and we will send you an upgrade form. Please note that the FREE upgrade option ended on the 31/09/2000 and is no longer valid.

Non-members – to receive a membership form please send a SAE to:

Membership Request Form, UK Reiki Federation, PO BOX 261, Wembley, HAO 4FP or e-mail: enquiry@reikifed.co.uk