



DEVELOPMENT NEWSLETTER

UK REIKI FEDERATION

JULY 2000 - Issue 7

The Umbrella Body for the Development of National Occupational Standards & Best Professional Practice of Reiki
PO Box 261, Wembley, HAO 4FP email: enquiry@reikifed.co.uk website: www.reikifed.co.uk

Associate Membership

As a result of frequent requests for a practitioner list the UK Reiki Federation has decided to introduce an associate membership level, aimed specifically at Reiki practitioners involved in all aspects of private practice. Benefits will include our new National Practitioner Listing, Practitioner Information Pack and an optional Practitioner Insurance scheme.

It is important to understand that Associate Membership is not a professional endorsement or accreditation, but rather an acknowledgement that one year has passed since Reiki One & a Reiki Two certificate has been received. This is not regulation, simply an interim measure whilst professional standards are being developed. Associate membership has the following minimum requirements:

Associate Membership Requirements

- **Minimum of one year since Reiki One**
We feel it takes at least a year of self treatments and practice on others to develop a good understanding of Reiki before starting a private practice.
- **Reiki Level Two** (photocopies of certificates required)
This offers greater flexibility as a practitioner.
- **Reiki Practitioner Insurance** (either ours or others)
By law practitioners must have professional indemnity insurance in order to practice on the public.
- **Agree & Sign our temporary Codes of Conduct**
These form the basis of Best Professional Practice – our codes are still in being finalised so a simplified temporary version is required.

The above requirements may be subject to change as our professional standards are developed:

Associate Membership Benefits

- **Inclusion on a National Practitioner Listing**
- **'UK Reiki Federation Associate Member'** can be used on stationery
- **Practitioner Information Pack** (pilot scheme)
- **Optional Practitioner Insurance** (with H & L Balen)
- **Additional benefits to be developed**

The Practitioner List will be in the following format:

MIDDLESEX

A0987	Harrow HA1	John Smith	020 887654321
A0003	Wembley HA0	Nick Ioannou	020 812345678

The annual associate membership fee will be £30 due to the increased resources required for the Practitioner List and administration. Current members who joined early on in our development and whose membership number starts with the letter 'A' can upgrade to Associate membership for FREE so long as they meet the requirements.

Members whose membership number starts with the letter 'B' can upgrade for £10. Please note that this is an upgrade and that membership will still expire at the same date.

Upgrade Options

- Membership no. starts 'A????' – FREE (till 30/09/00)
- Membership no. starts 'B????' - £10 (till 31/03/01)

For those interested see the reply slip on the next page.

Online Distance Reiki Network

After suggestions from some of our members, we are going to trial a distant Reiki network offering distant Reiki treatments for members, their clients, family and friends. To keep operational expenses to a minimum we will be running the whole operation online from our website. Members will be able to submit names, which will then be sent out fortnightly to the network of volunteer practitioners.

We need volunteers who are online to build up the network. If you are Reiki Two or higher and are happy to send Reiki to a list of names and online, please send an email to 'distance@reikifed.co.uk' with your details and confirmation that you wish to join the trial.

Parliamentary Group for Alternative and Complementary Medicine

In the past three months there have been three very interesting presentations and discussions. The first was from the new **Cancer Czar**. Many people from the complementary field were able to put their views very strongly to him. Let's see what difference it makes.

The next was the findings of an award-winning **Integrated General Practice in Glastonbury** who has now produced research using five complementary practices (though not Reiki) from his practice funding, measuring the longer term effects and cost benefit implications. Being in Glastonbury, there was demand from the local community to provide this type and quality of healthcare and he had to meet that demand.

Most recently was the **Research Council for Complementary Medicine**. One of the things which struck us all is to how little we use the internet in this country compared with the States. The NCCM (national centre for complementary and alternative medicine) website will search and link all kinds of treatment. A near equivalent in the UK is NHS Direct which currently has absolutely nothing! From our meeting, the RCCM are now going to be working closely in partnership with

the Foundation for Integrated Medicine to remedy this for the NHS, probably within the next two years.

With positive changes happening at such an accelerated rate, I'm wondering how long will we have to continue using the term "complementary" or "alternative" in such circles; I wonder how long will it be before we can talk of Reiki as being part of "integrated" medicine or healthcare treatment? - *Neil Anthony*

Study Workgroups

Despite a late start, our first national consultation study workgroups are nearly finished and the feedback so far has been highly informative and beneficial. The results will feed into the practitioner pack development and the final codes of conduct, more information will be given in the next newsletter. We would like to thank everyone that attended a study group and for their input into our development process.

International Reiki Day

Tuesday 15th August

To celebrate Dr. Usui's birthday and raise the public awareness of Reiki, the UK Reiki Federation and various Reiki organisations around the world are holding an International Reiki Day on the 15th August. We are asking every Reiki practitioner to do something for their community using Reiki. This can be giving free treatments at a hospice or retirement home, or donating the money from a Reiki client or student to a local charity or group. It can be giving treatments to family members or sending Reiki at a distance to people and situations. Whatever you decide to do, it will make a difference in someone's life and we are only asking for an hour or two of your time. So please support us and help us make International Reiki Day a joyous occasion for all, by telling every Reiki practitioner about the day.

Sponsored Firewalk

A sponsored firewalk facilitated by Simon Treselyan will be held on Sunday 3rd September to raise money for the UK Reiki Federation. All profits will go to the Federation and Simon is generously giving his time for free. A firewalk is a journey into self empowerment and can provide the keys to accessing our inner power by conquering fear. The whole event is free to members who raise over £100 from sponsors or alternatively you can pay £65 (£75 for non-members) to do the firewalk as an individual. The firewalk will be held in the Midlands area in Belper, Near Derby, close to the M1. This is going to be a special day and I hope to see you there, but if you can't make it please sponsor a Reiki colleague or friend.

Questions & Answers

INSURANCE - For those who are not associate members and need insurance, we have negotiated a £6 discount off insurance with IPTI (Independent Professional Therapists International) when you quote your membership number. IPTI can be contacted on 01777 700383.

WHY 'UK' - We have included the word UK in our name because we are developing National Occupational Standards in conjunction with government agencies and laws of the UK. We are though part of a developing Global Reiki Community and have links in Australia and Canada as well as other Reiki organisations in the UK.

Next Issue to include: **Study Group Results**

ASSOCIATE MEMBERSHIP UPGRADE FORM - I would like to upgrade to associate membership.

Name:

Membership Number:

Required items Checklist - IMPORTANT

- Please Pick one My membership number starts 'A' - please upgrade me for FREE (till 30/09/00)
- My membership number starts 'B' - I enclose a cheque for £10 payable to 'UK Reiki Federation' (till 31/03/01)
- Please Pick one I would like to take out Practitioner Insurance with the Reiki Federation
- I already have insurance, I enclose a photocopy of my insurance certificate
- I have a minimum of one year since Reiki One and enclose photocopies of my Reiki One & Two certificates

Please fill out the following section if you wish to be included on the National Practitioner List, please note - your name will be shown as it is written on this form.

County:

City/Town:

First Half of Postcode:

Contact Telephone Number:

Email Address:

Please return this form to: **Associate Upgrade, UK Reiki Federation, PO BOX 261, Wembley, HAO 4FP**